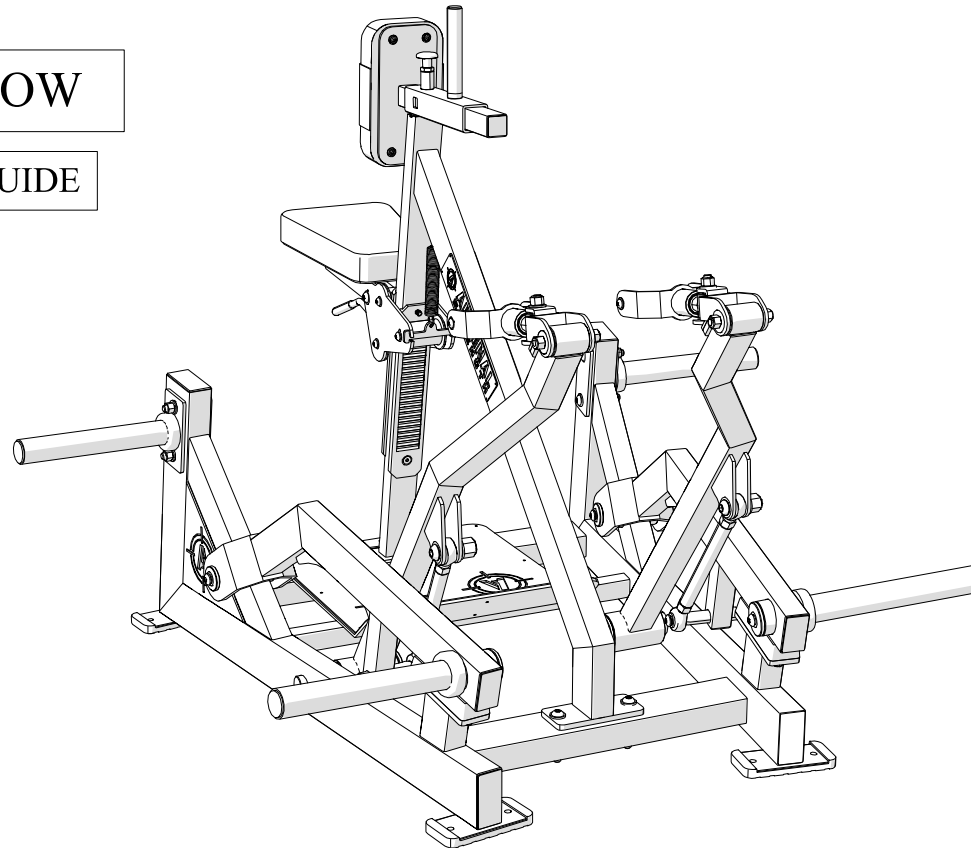
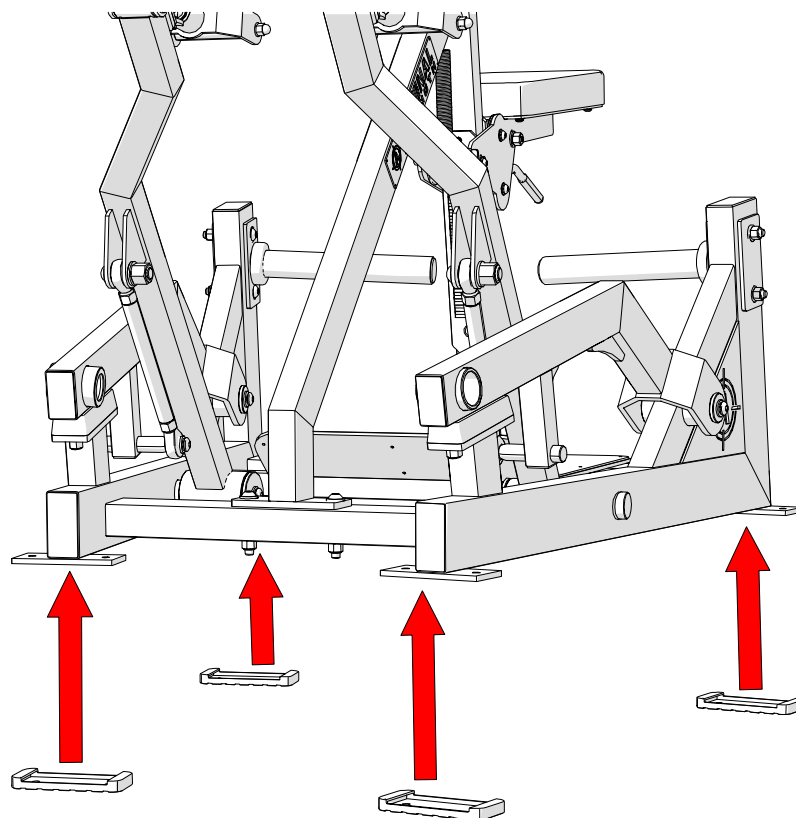


8009 SEATED ROW

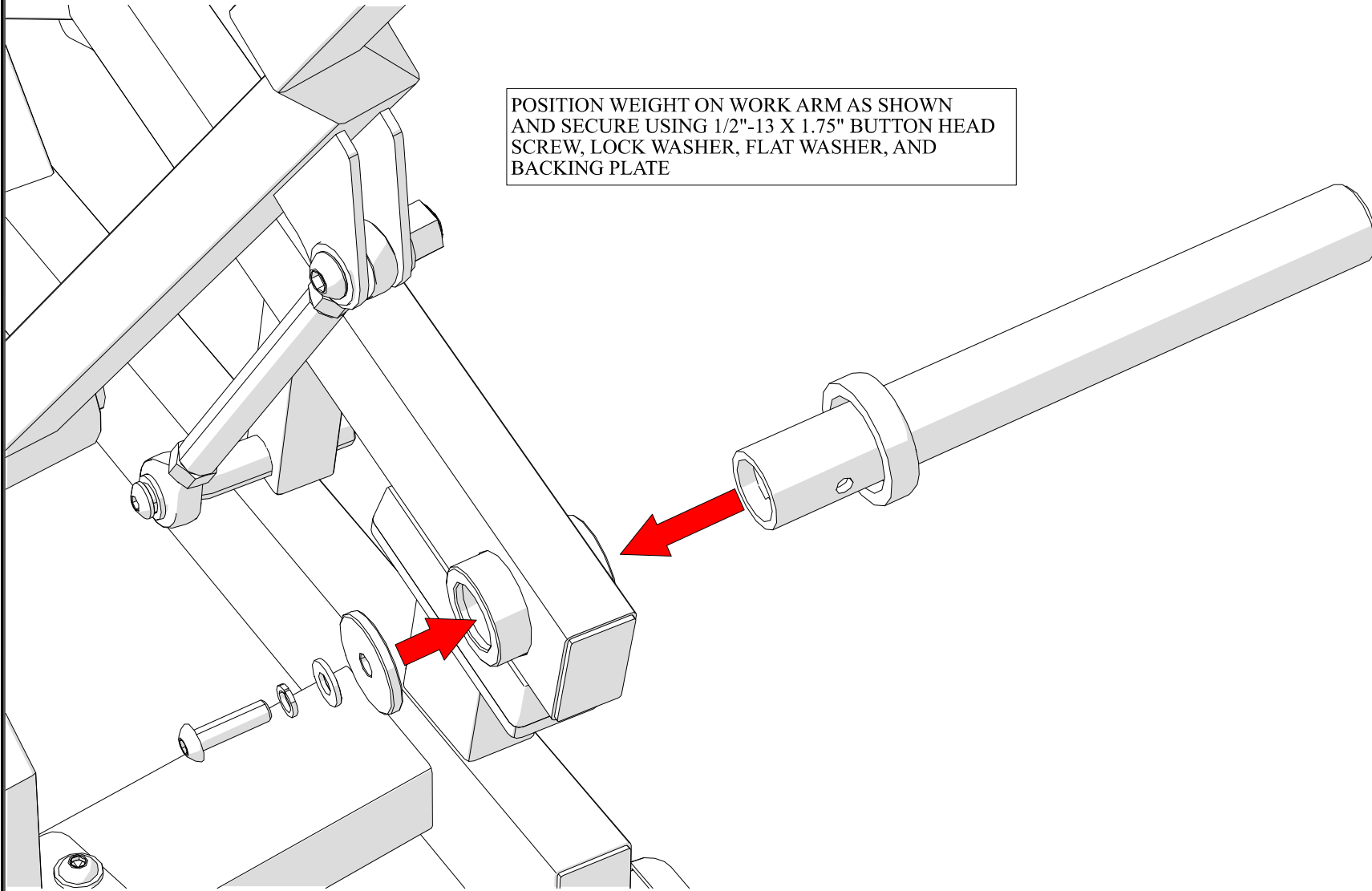
FINAL ASSEMBLY GUIDE



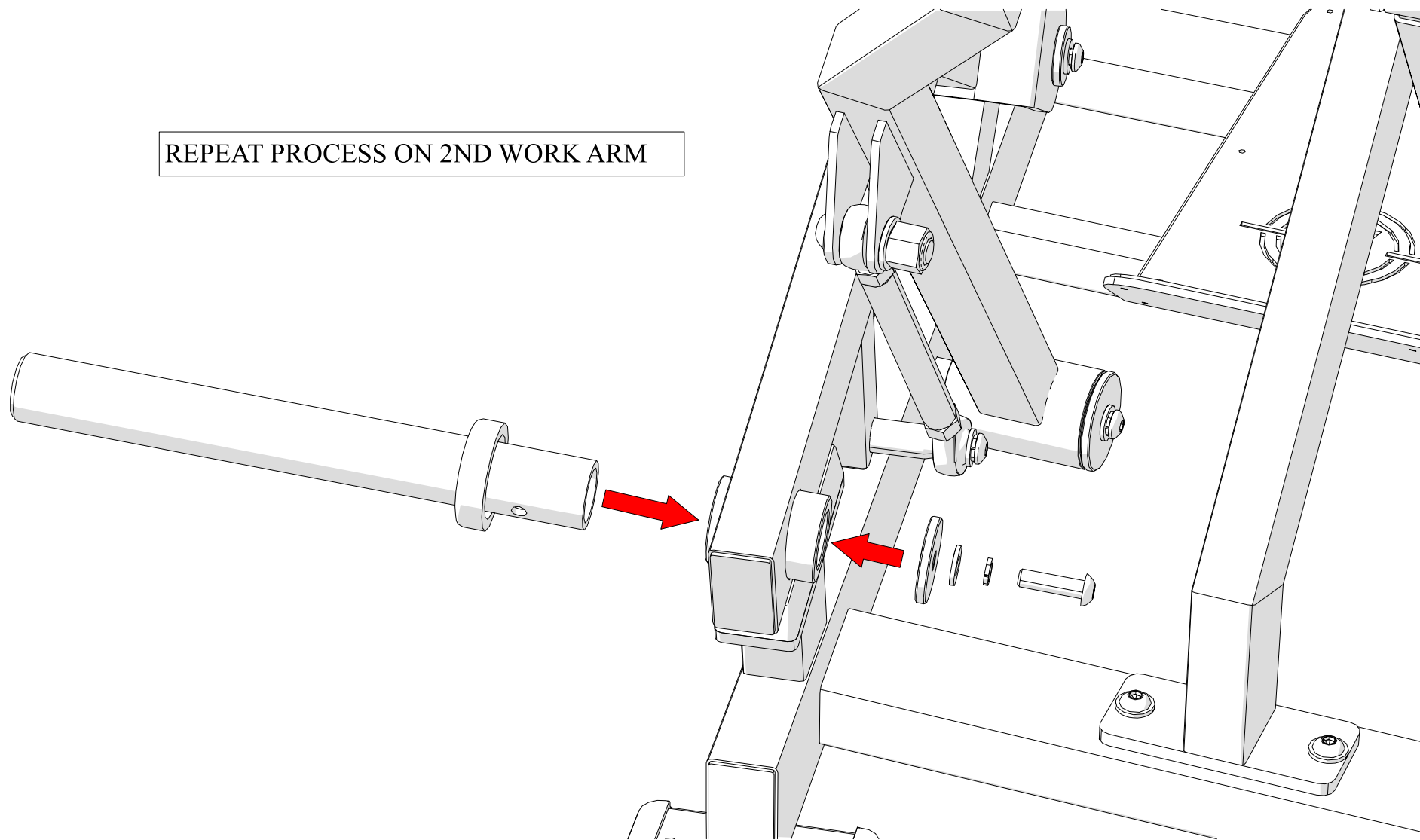
INSTALL RUBBER FEET ON
METAL FRAME PADS
(OPTIONAL)



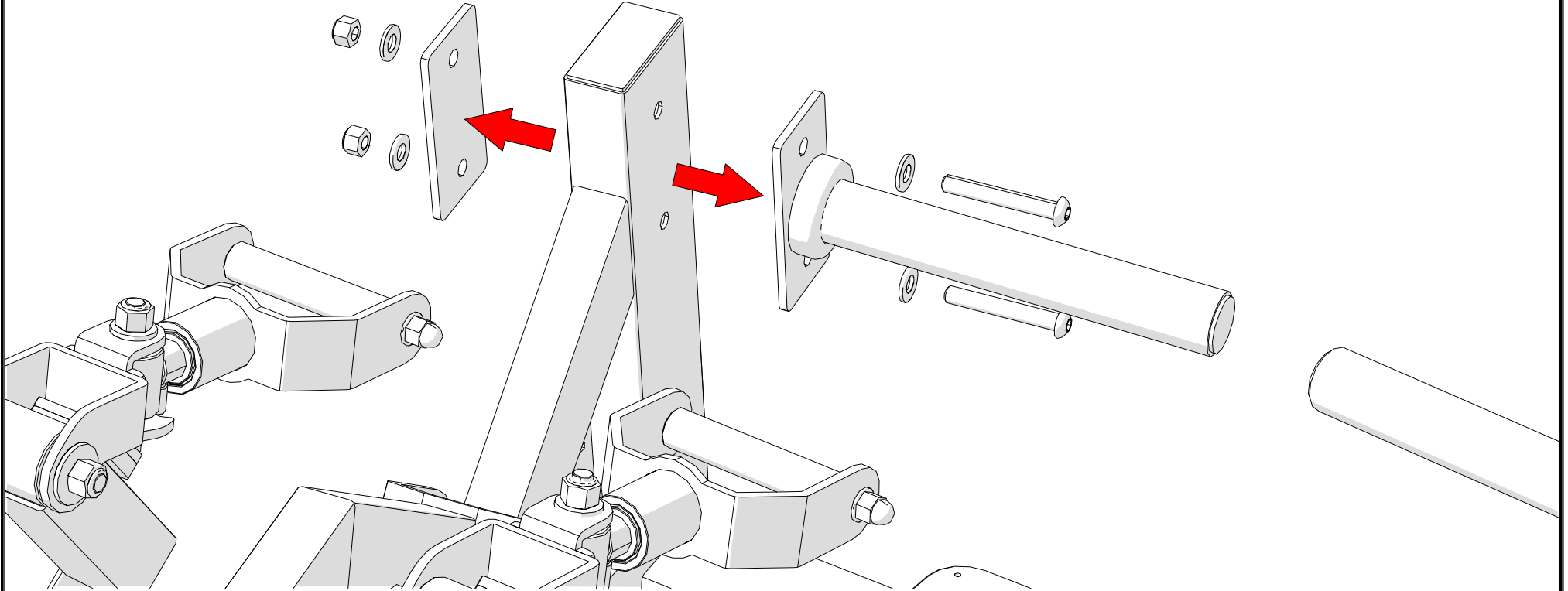
POSITION WEIGHT ON WORK ARM AS SHOWN
AND SECURE USING 1/2"-13 X 1.75" BUTTON HEAD
SCREW, LOCK WASHER, FLAT WASHER, AND
BACKING PLATE



REPEAT PROCESS ON 2ND WORK ARM

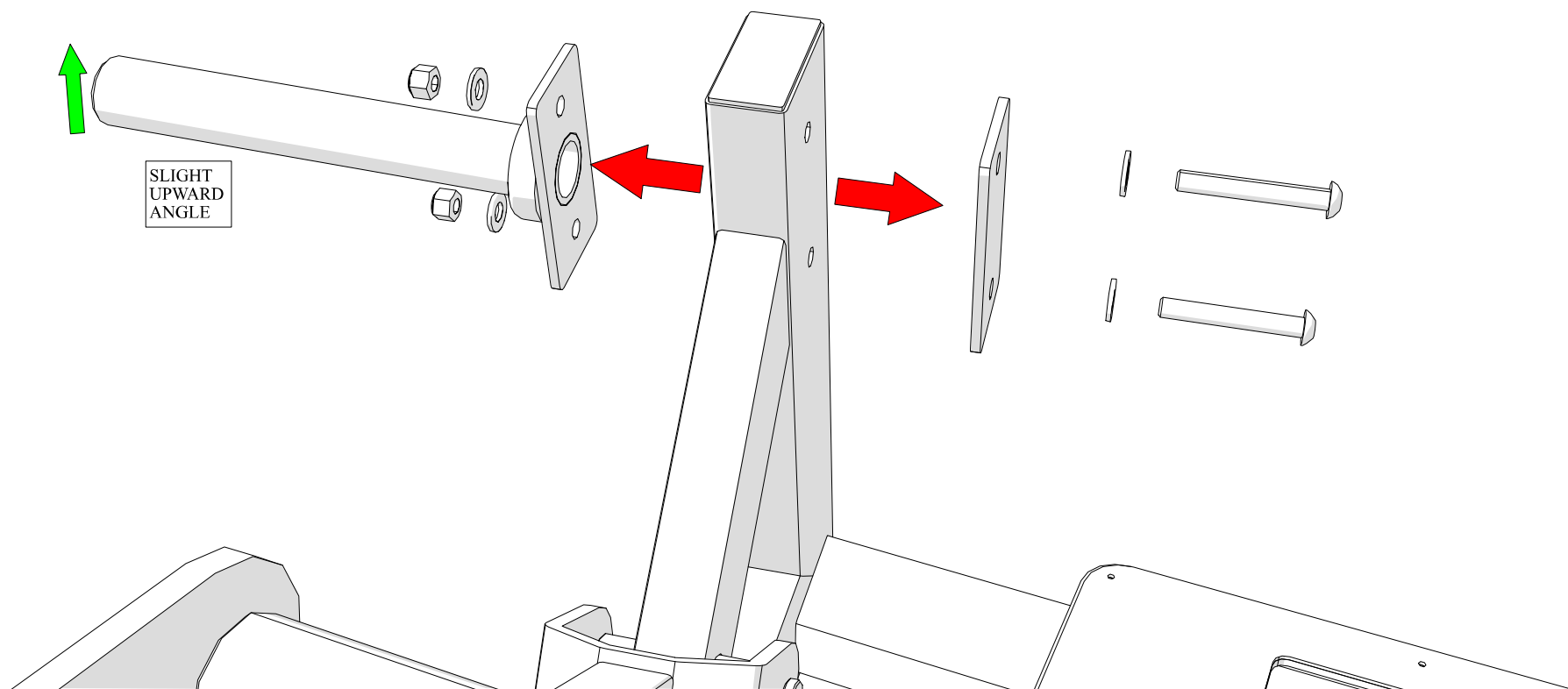


AT OPPOSITE END OF MACHINE, REMOVE
(QTY 2) 1/2"-13 X 3"L BUTTON HEAD SCREWS,
WASHERS, NYLOCK NUTS, WEIGHT HORN, AND
BACKING PLATE

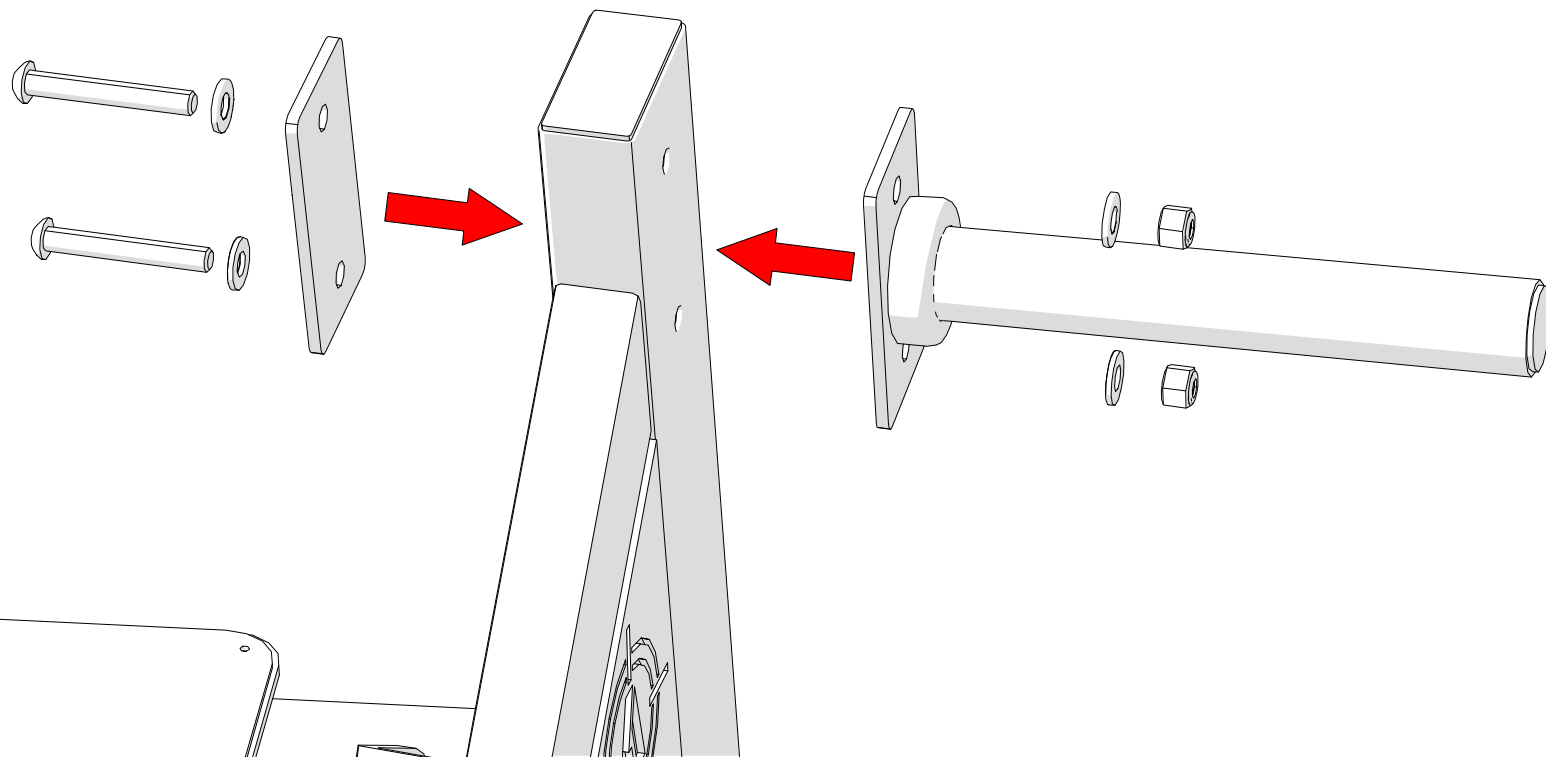


POSITION WEIGHT HORN AS SHOWN AND RE- INSTALL

NOTE:, WEIGHT HORN WILL HAVE A SLIGHT UPWARD TILT
WHEN INSTALLED CORRECTLY. BE CAREFUL NOT TO
INSTALL UPSIDE-DOWN



REPEAT PROCESS ON OPPOSITE SIDE



MAKE SURE ALL HARDWARE IS TIGHT
AND TEST ALL FUNCTIONS BEFORE
OPERATING EQUIPMENT

