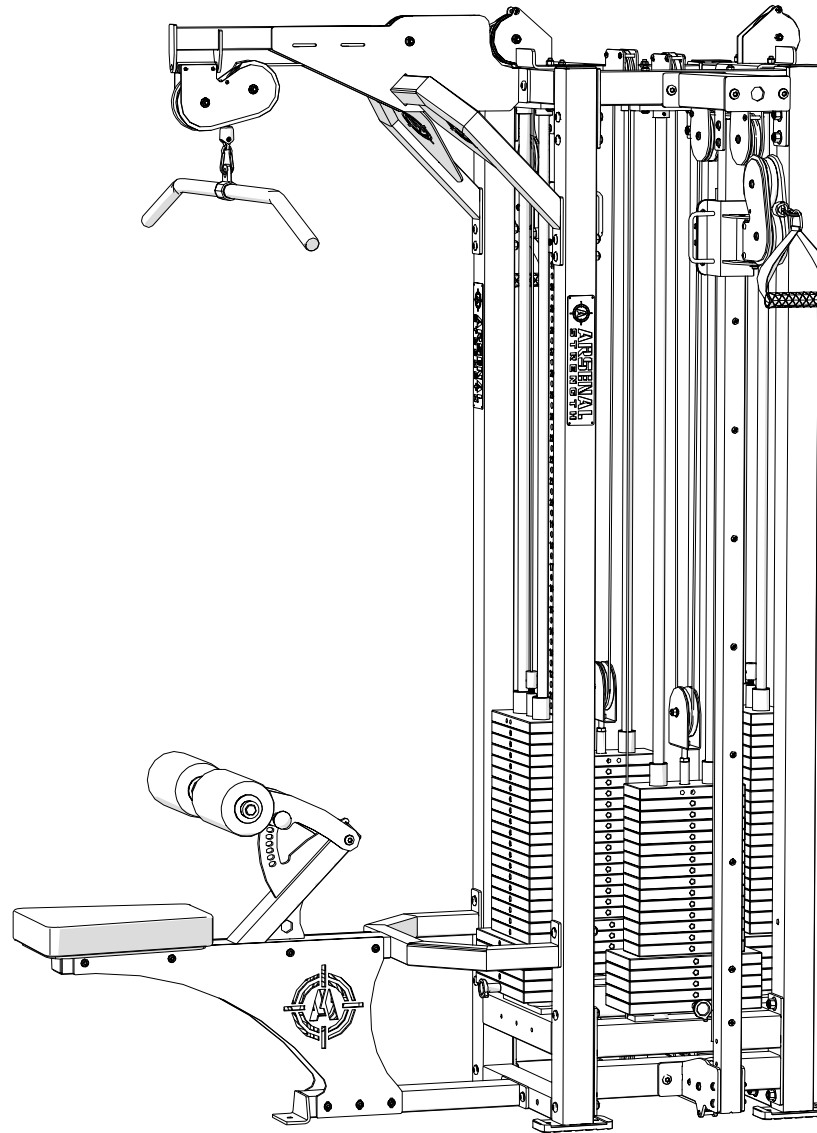
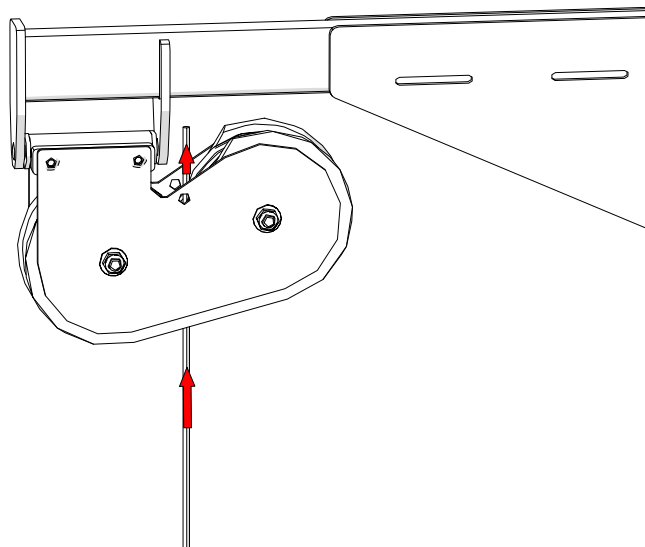


9206 LAT PULLDOWN

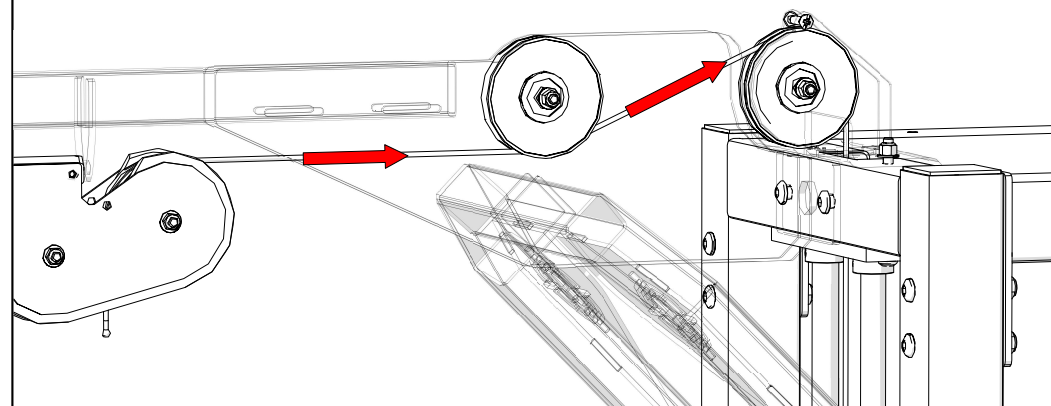
CABLE INSTALLATION GUIDE



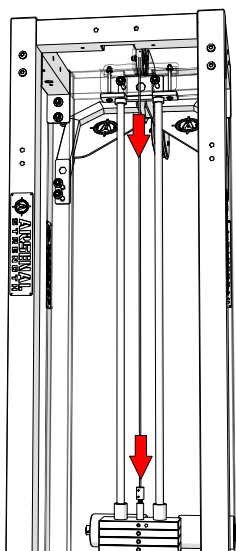
BEGIN CABLE ROUTING USING THE BARE END
OF CABLE (NOT THE BALL END)
RUN CABLE UPWARD BETWEEN UPPER SWIVEL
PULLIES



ROUTE CABLE UNDER CENTER PULLEY AND
OVER UPPER FRAME PULLEY



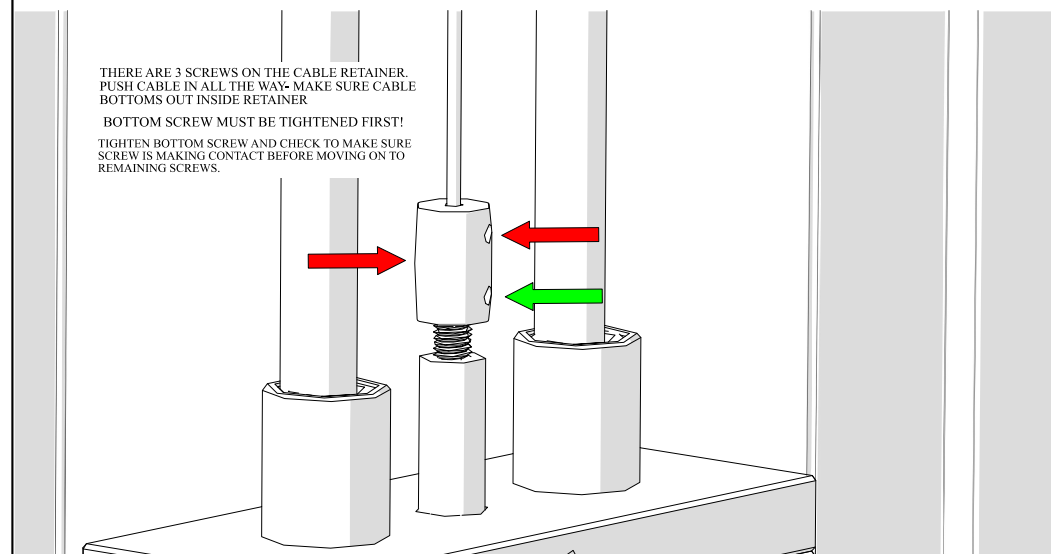
BRING CABLE DOWN AND CONNECT
TO CABLE STOP ON WEIGHT STACK



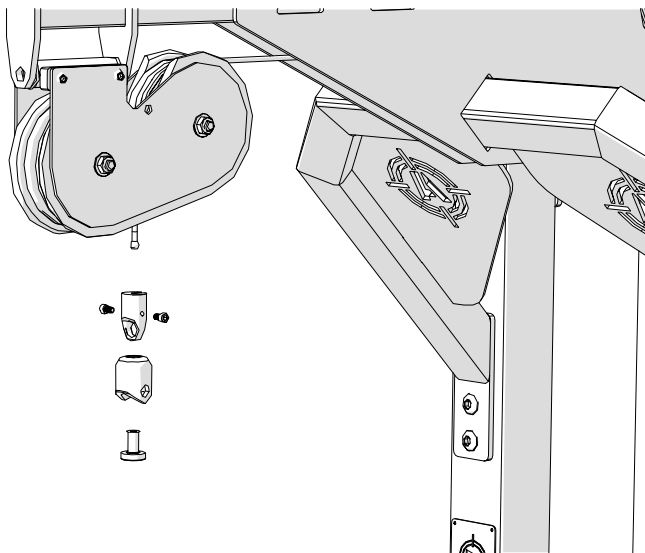
THERE ARE 3 SCREWS ON THE CABLE RETAINER.
PUSH CABLE IN ALL THE WAY- MAKE SURE CABLE
BOTTOMS OUT INSIDE RETAINER

BOTTOM SCREW MUST BE TIGHTENED FIRST!

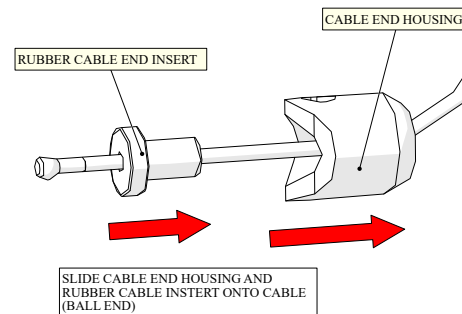
TIGHTEN BOTTOM SCREW AND CHECK TO MAKE SURE
SCREW IS MAKING CONTACT BEFORE MOVING ON TO
REMAINING SCREWS.



MOVE TO UPPER PULLEY- LOCATE
CABLE STOPPER COMPONENTS

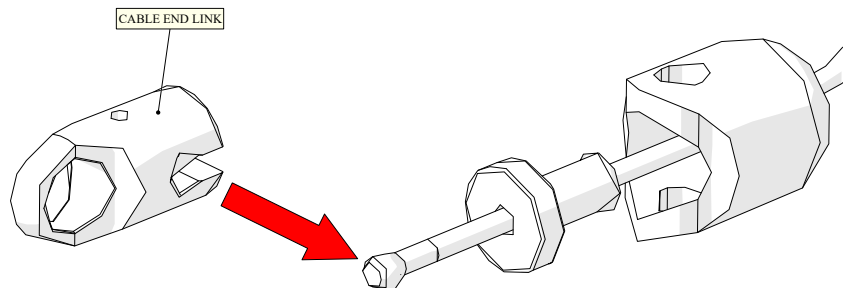


CABLE STOPPER INSTALLATION



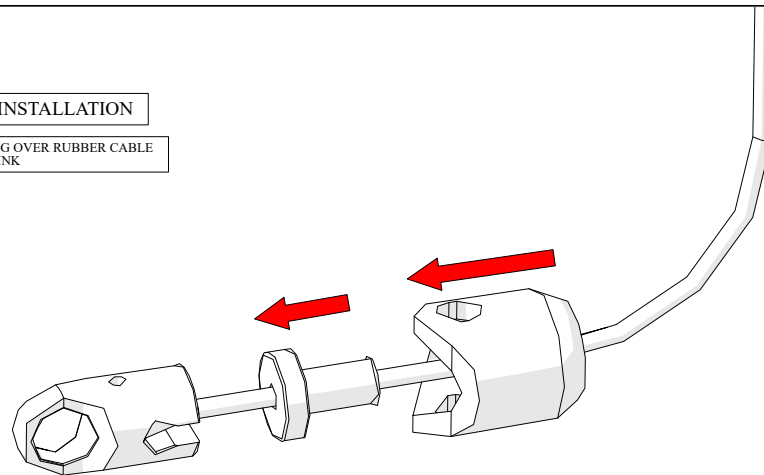
CABLE STOPPER INSTALLATION

PUSH CABLE END LINK ONTO CABLE BALL END



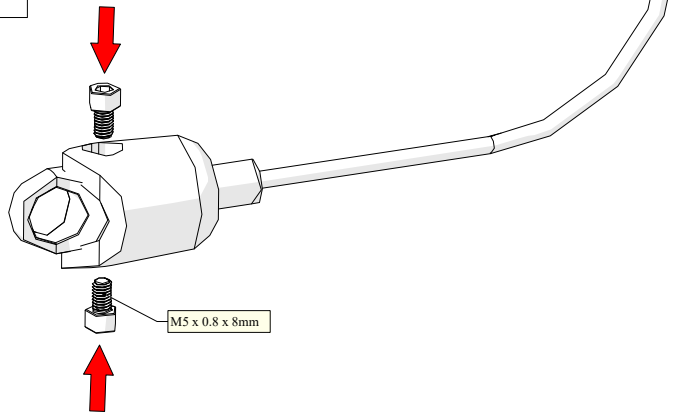
CABLE STOPPER INSTALLATION

SLIDE CABLE END HOUSING OVER RUBBER CABLE
INSERT AND CABLE END LINK

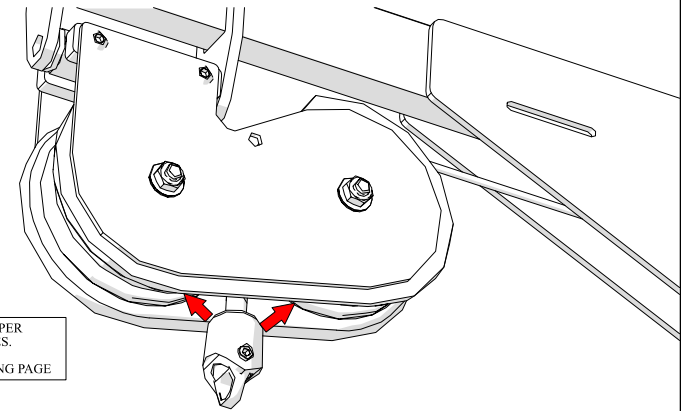


CABLE STOPPER INSTALLATION

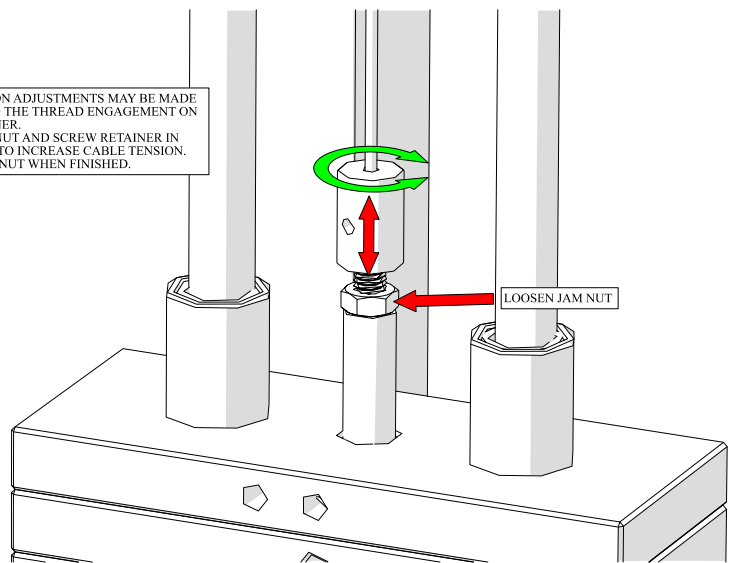
SECURE CABLE END LINK AND HOUSING WITH
(QTY 2) 5MM X 8MM L SOCKET HEAD
CAP SCREWS



WHEN ADJUSTED CORRECTLY, CABLE STOPPER
SHOULD NOT MAKE CONTACT WITH PULLIES.
ADJUSTMENT INSTRUCTIONS ON FOLLOWING PAGE



CABLE TENSION ADJUSTMENTS MAY BE MADE
BY ADJUSTING THE THREAD ENGAGEMENT ON
CABLE RETAINER.
LOOSEN JAM NUT AND SCREW RETAINER IN
(CLOCKWISE) TO INCREASE CABLE TENSION.
TIGHTEN JAM NUT WHEN FINISHED.



MAKE SURE ALL HARDWARE IS TIGHT
AND TEST ALL FUNCTIONS BEFORE
OPERATING EQUIPMENT

