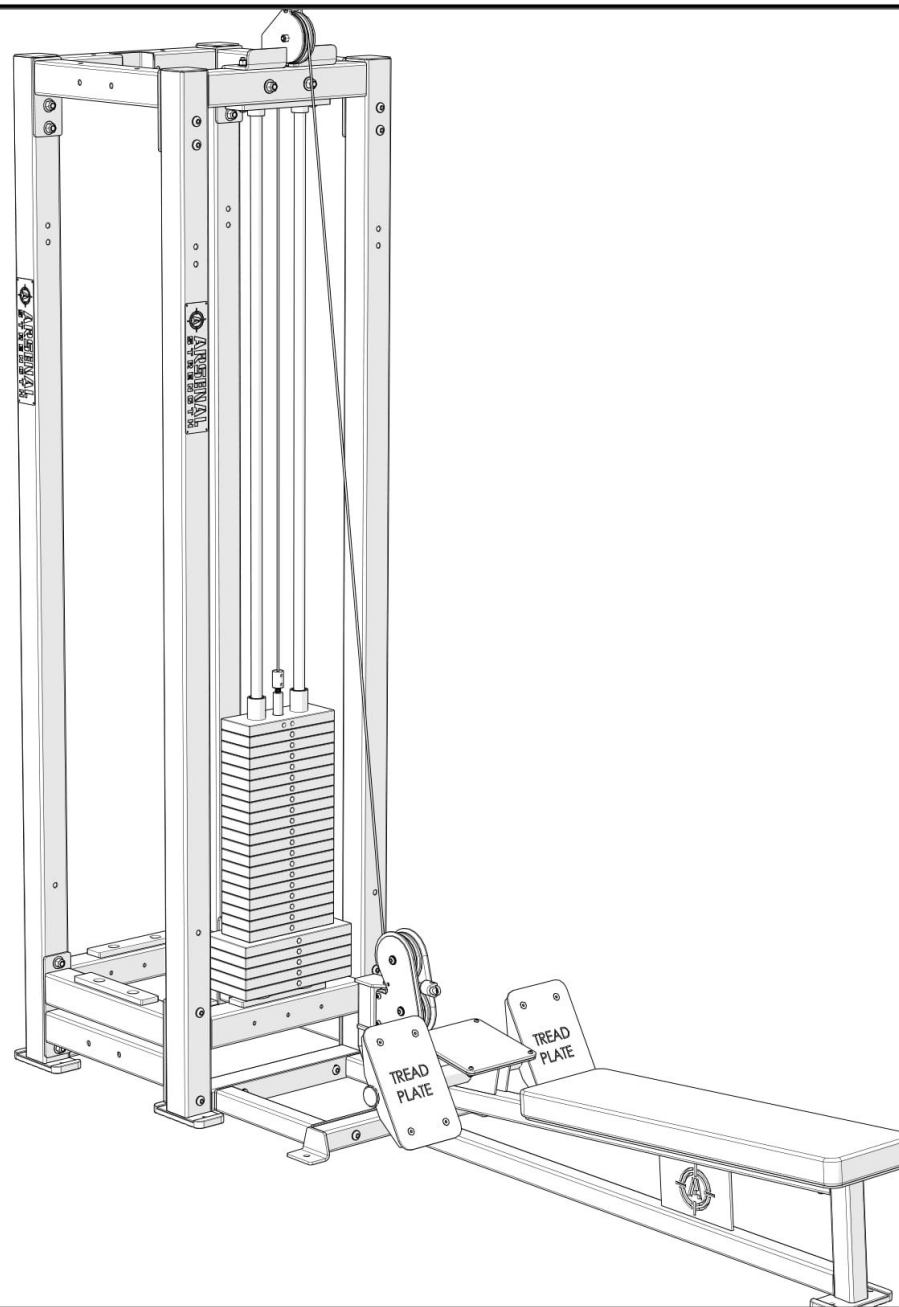
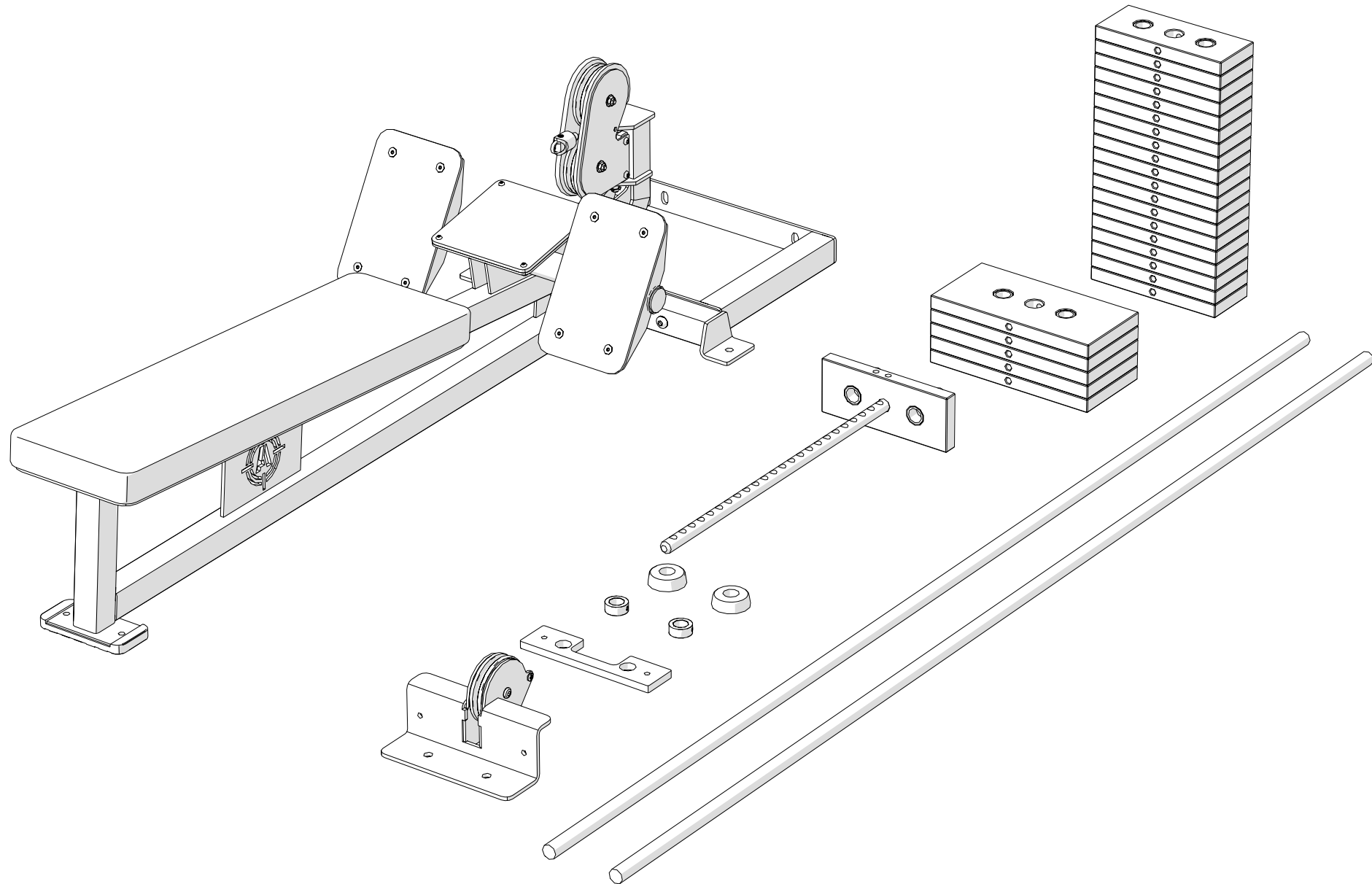


9208 SINGLE PULLEY LOW ROW

FINAL ASSEMBLY INSTRUCTIONS



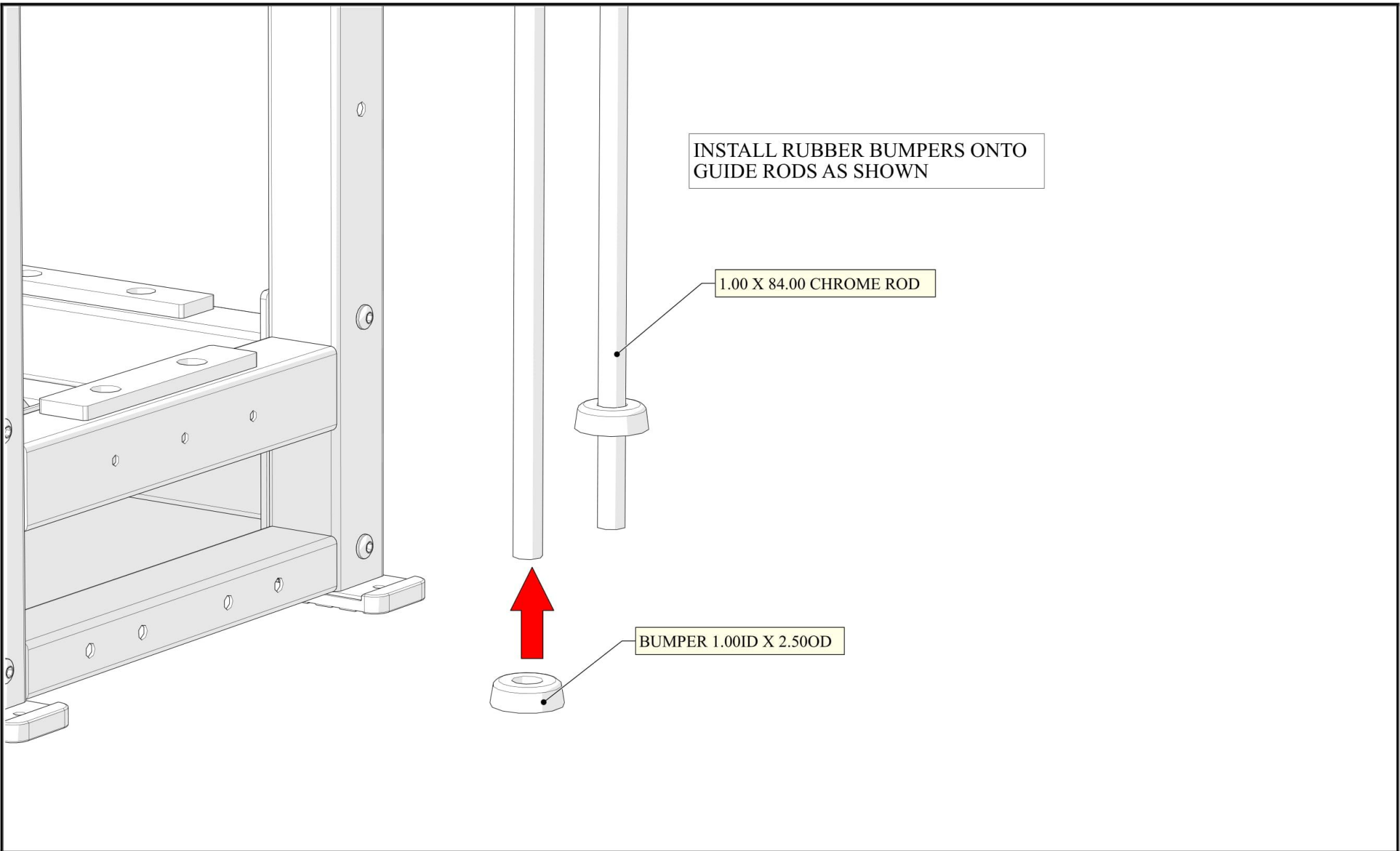
9208 SEATED ROW SHIPS PARTIALLY ASSEMBLED.
THIS GUIDE WILL ILLUSTRATE FINAL ASSEMBLY
AND SETUP



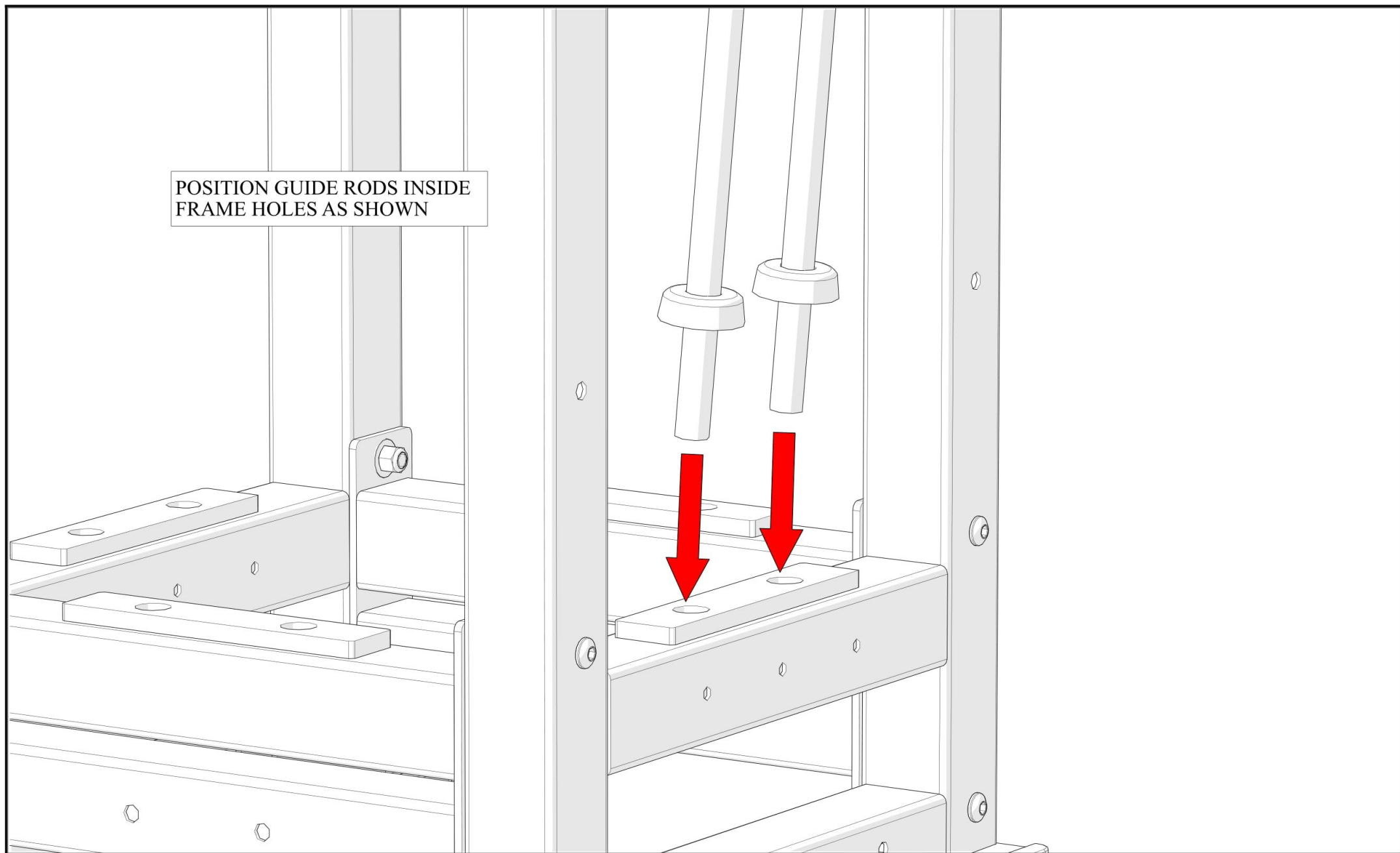
INSTALL RUBBER BUMPERS ONTO
GUIDE RODS AS SHOWN

1.00 X 84.00 CHROME ROD

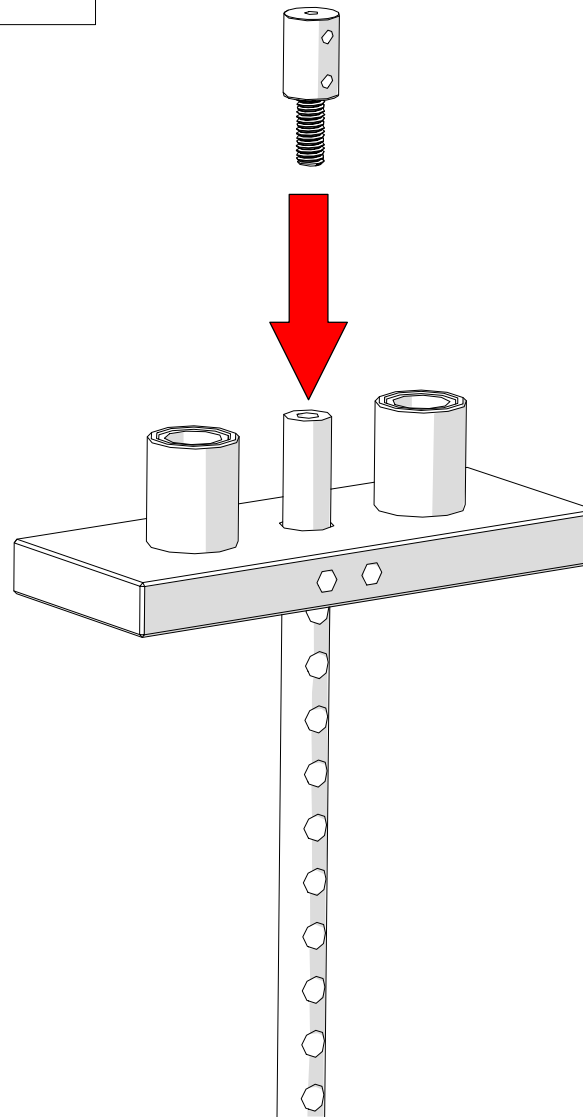
BUMPER 1.00ID X 2.50OD



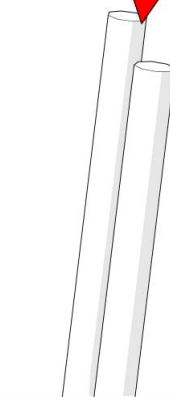
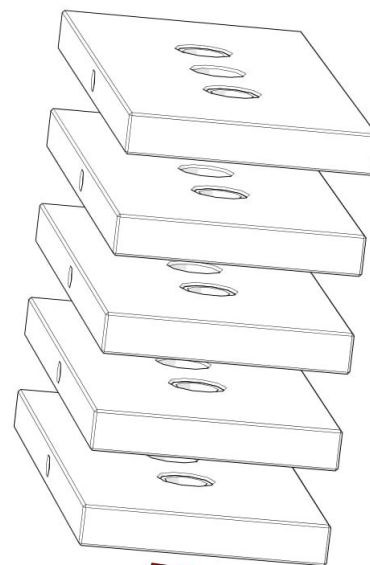
POSITION GUIDE RODS INSIDE
FRAME HOLES AS SHOWN



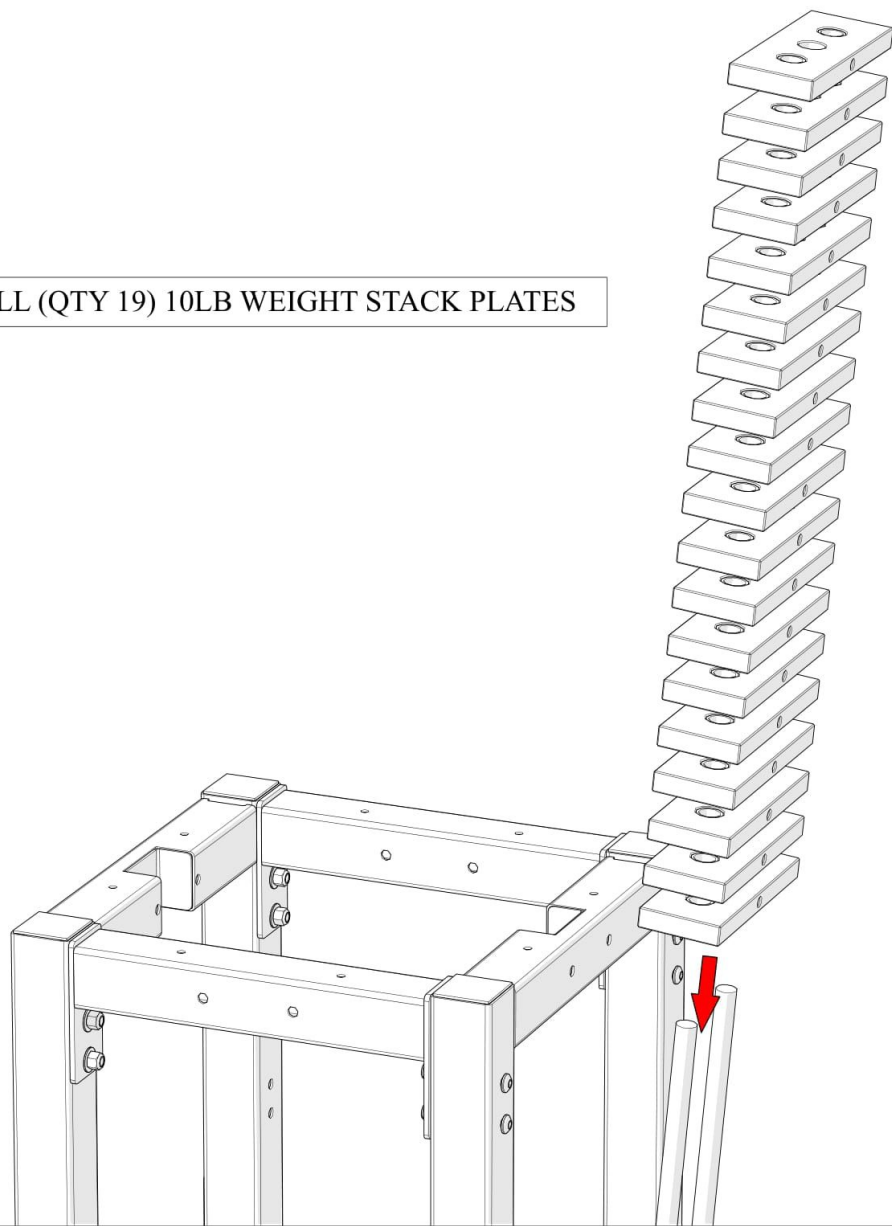
INSTALL CABLE RETAINER ONTO SELECTOR
ROD / TOP PLATE ASSEMBLY. IT IS NOT NECESSARY
TO TIGHTEN FULLY



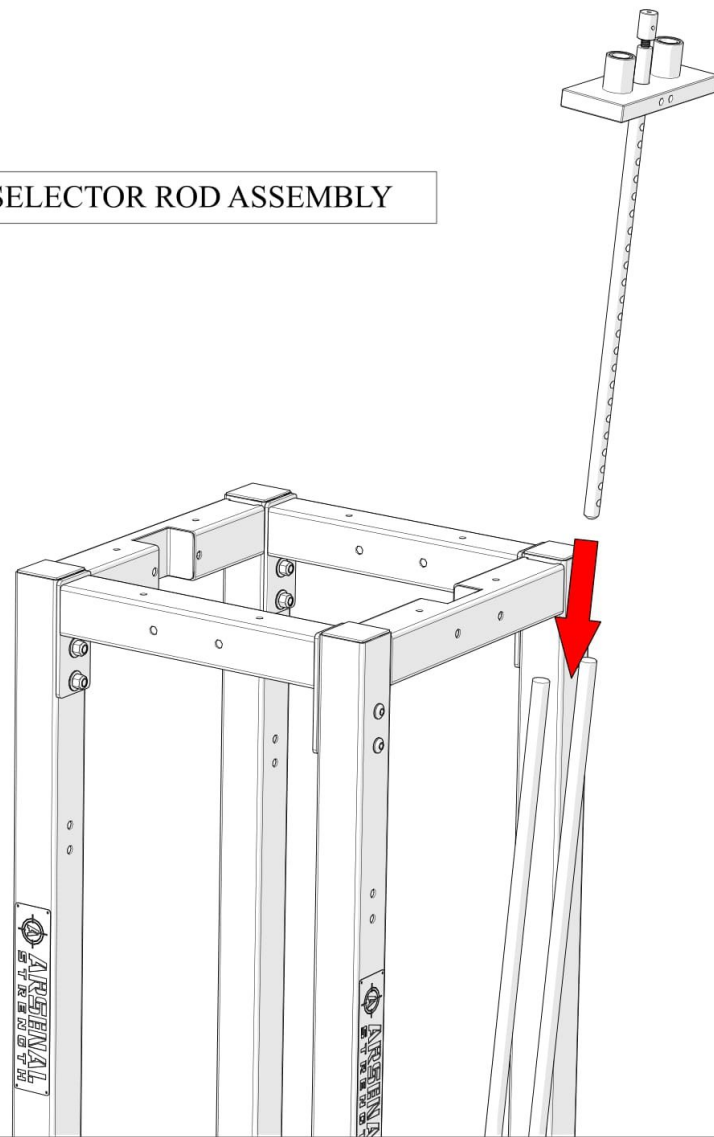
INSTALL (QTY 5) 20LB WEIGHT STACK PLATES



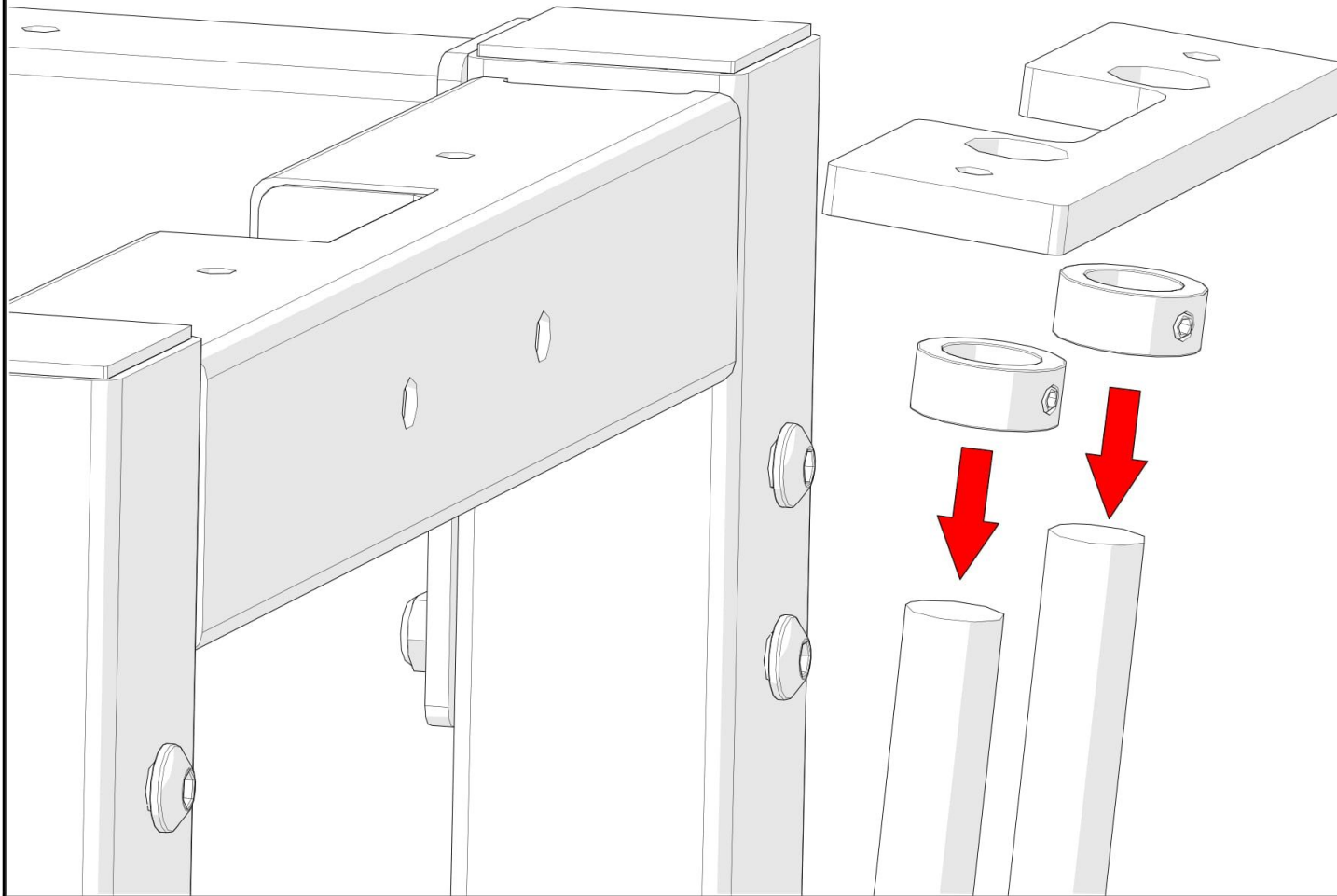
INSTALL (QTY 19) 10LB WEIGHT STACK PLATES



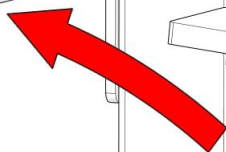
INSTALL TOP PLATE / SELECTOR ROD ASSEMBLY



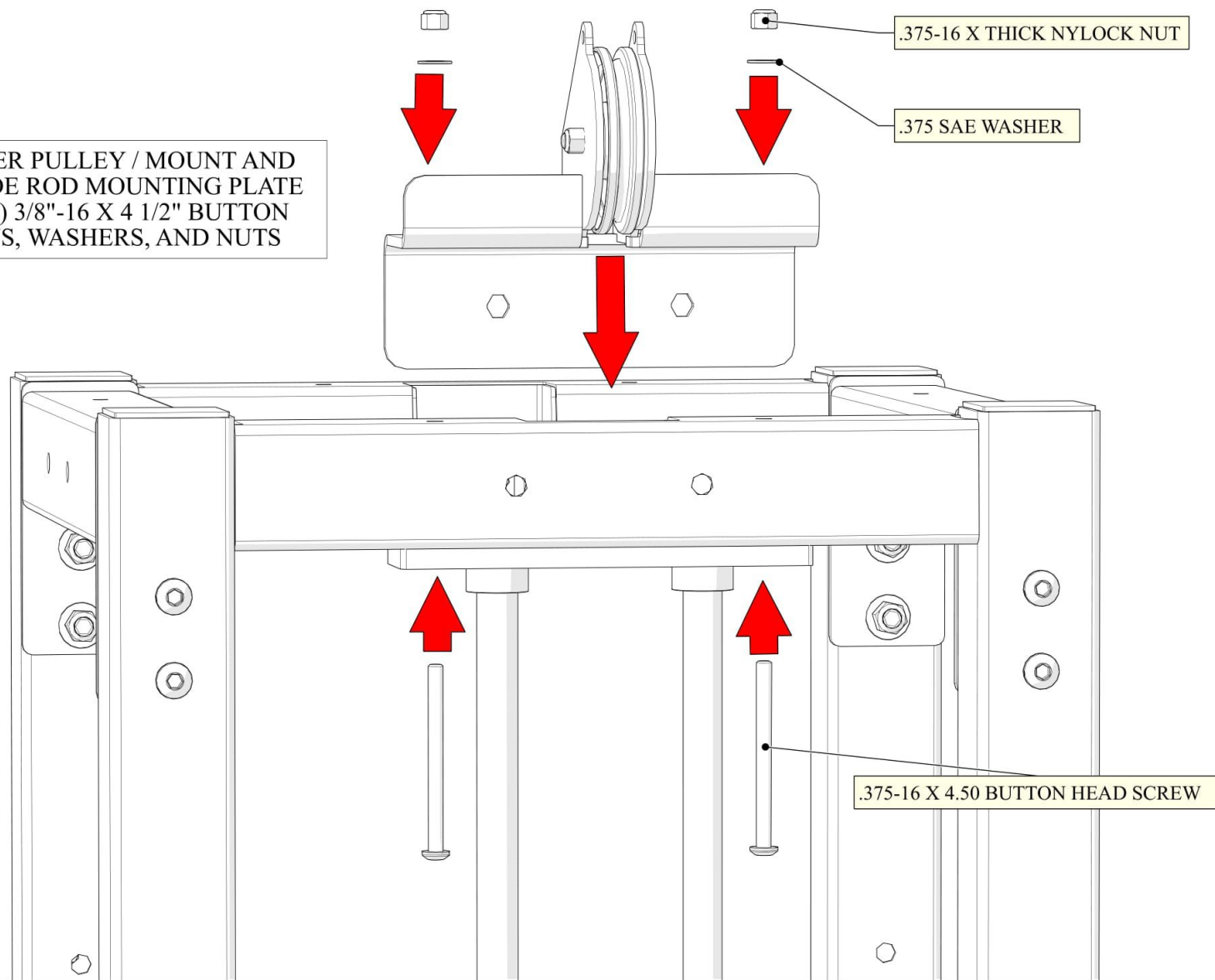
INSTALL RETENTION COLLARS AND
UPPER GUIDE ROD MOUNT PLATE



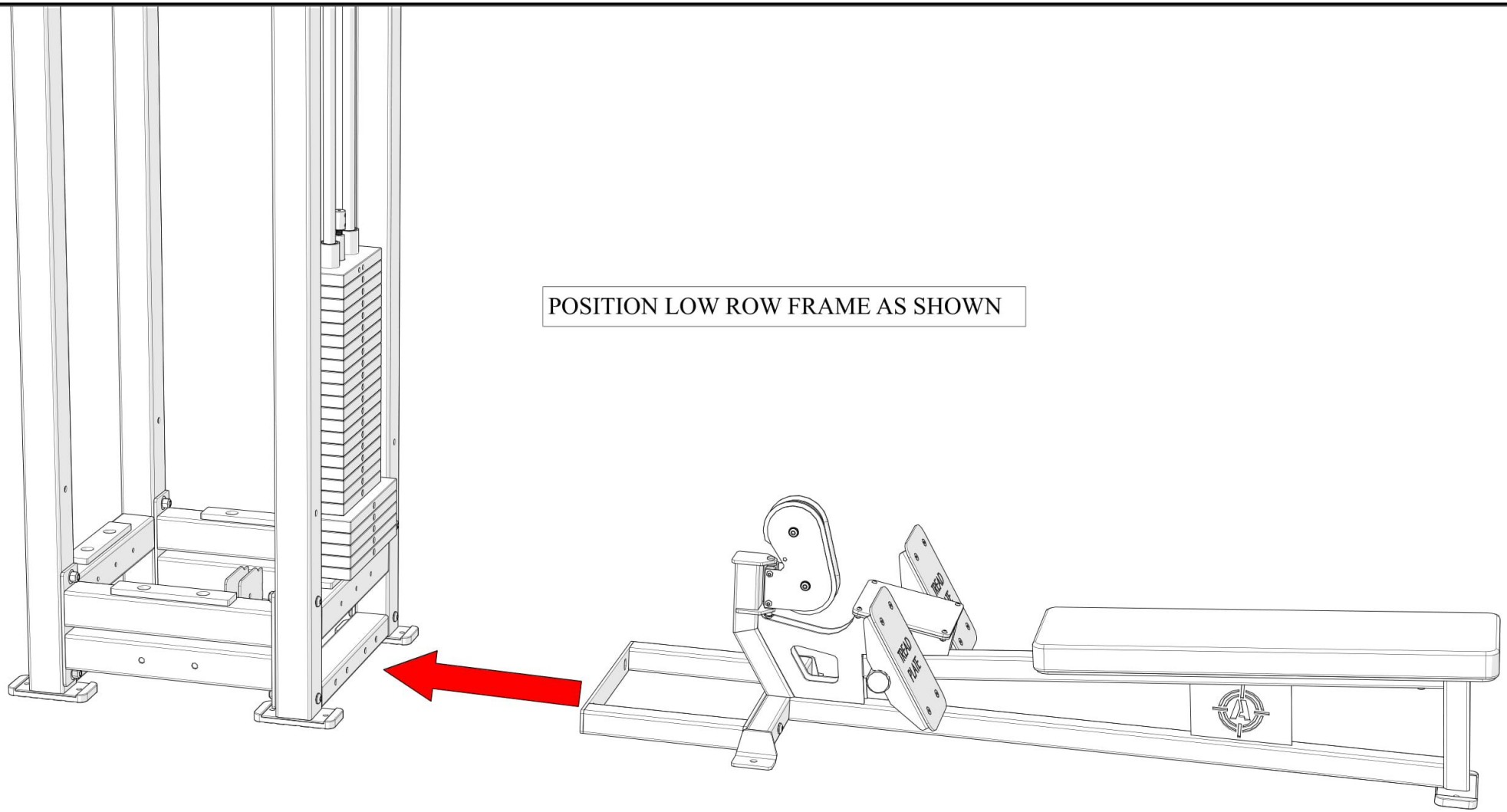
ROTATE WEIGHT STACK ASSEMBLY INTO PLACE



INSTALL UPPER PULLEY / MOUNT AND
SECURE GUIDE ROD MOUNTING PLATE
USING (QTY 2) 3/8"-16 X 4 1/2" BUTTON
HEAD SCREWS, WASHERS, AND NUTS



POSITION LOW ROW FRAME AS SHOWN

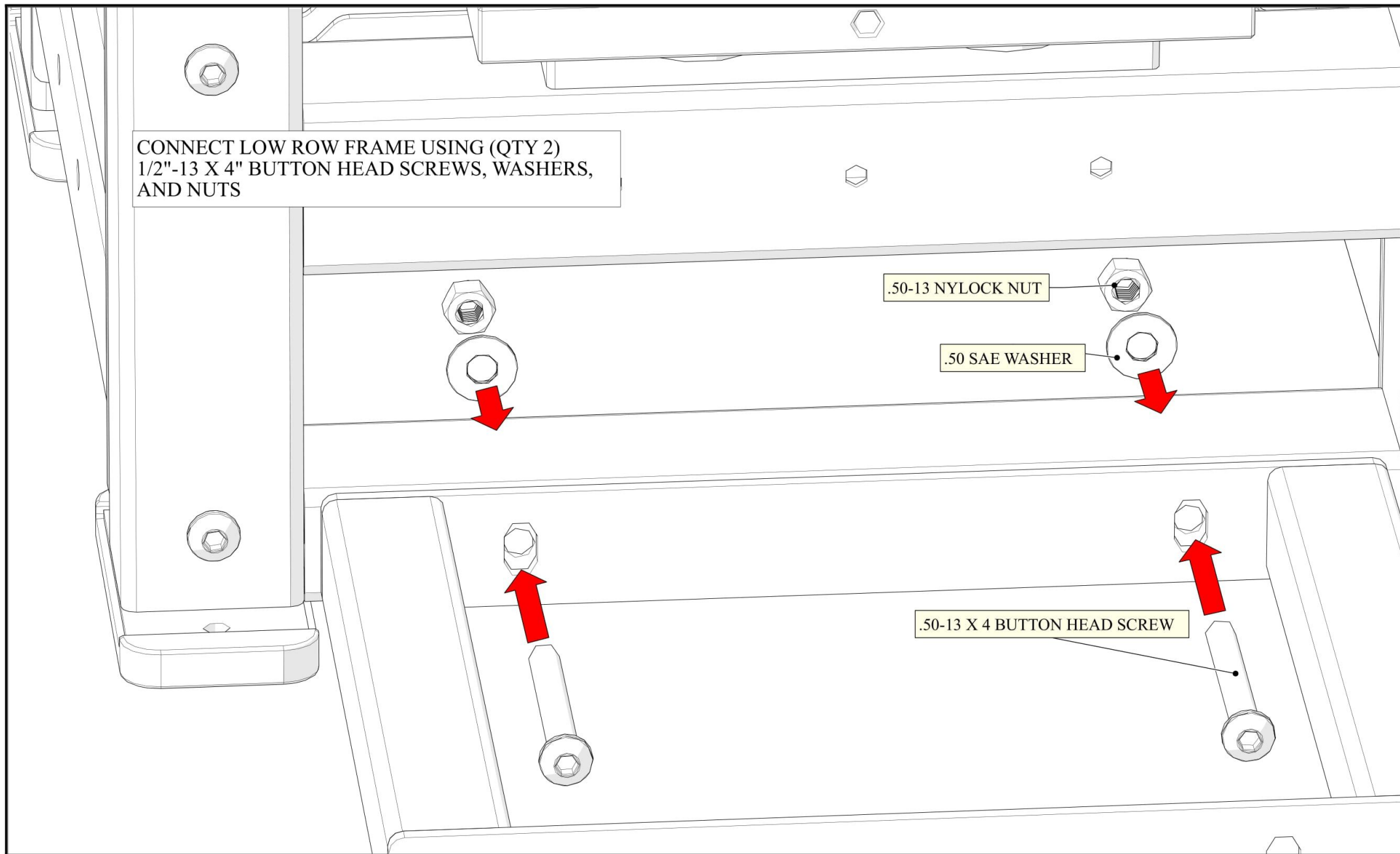


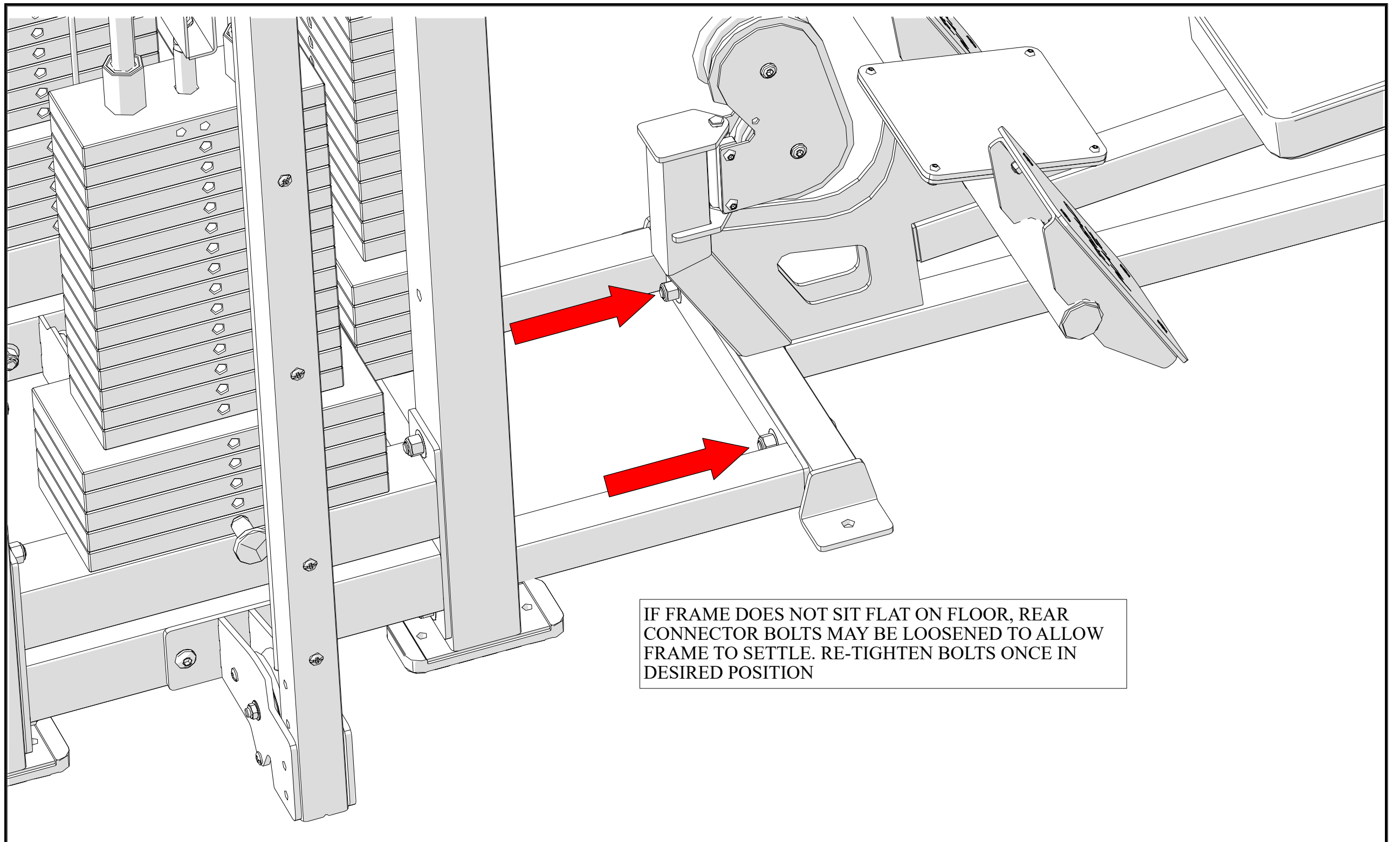
CONNECT LOW ROW FRAME USING (QTY 2)
1/2"-13 X 4" BUTTON HEAD SCREWS,
WASHERS,
AND NUTS

.50-13 NYLOCK NUT

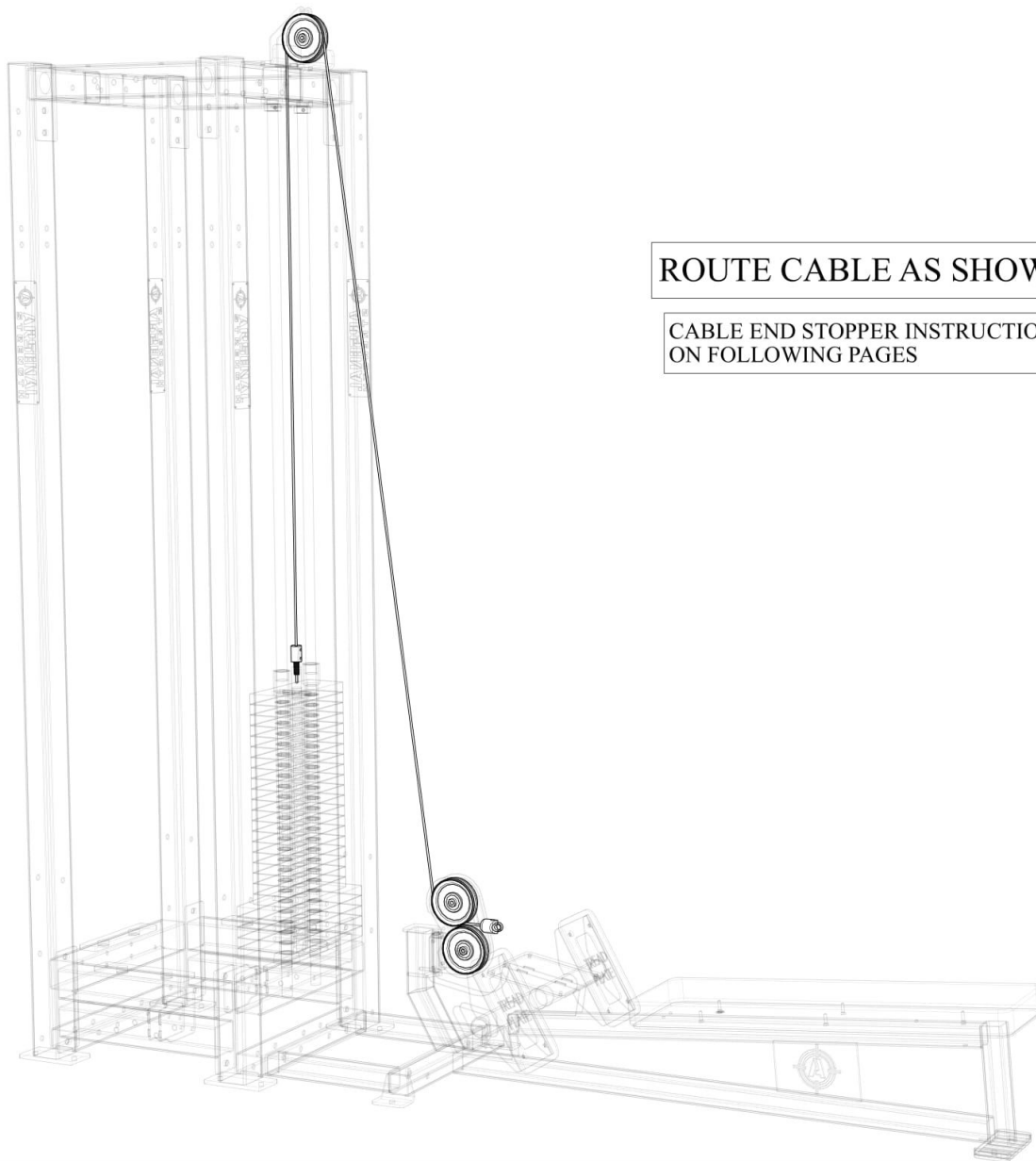
.50 SAE WASHER

.50-13 X 4 BUTTON HEAD SCREW





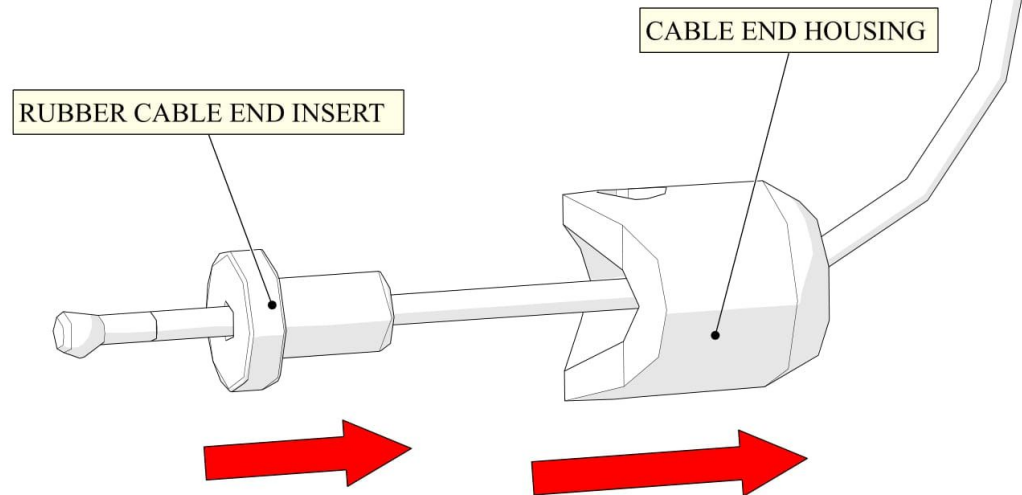
IF FRAME DOES NOT SIT FLAT ON FLOOR, REAR
CONNECTOR BOLTS MAY BE LOOSENED TO ALLOW
FRAME TO SETTLE. RE-TIGHTEN BOLTS ONCE IN
DESIRED POSITION



ROUTE CABLE AS SHOWN.

CABLE END STOPPER INSTRUCTIONS
ON FOLLOWING PAGES

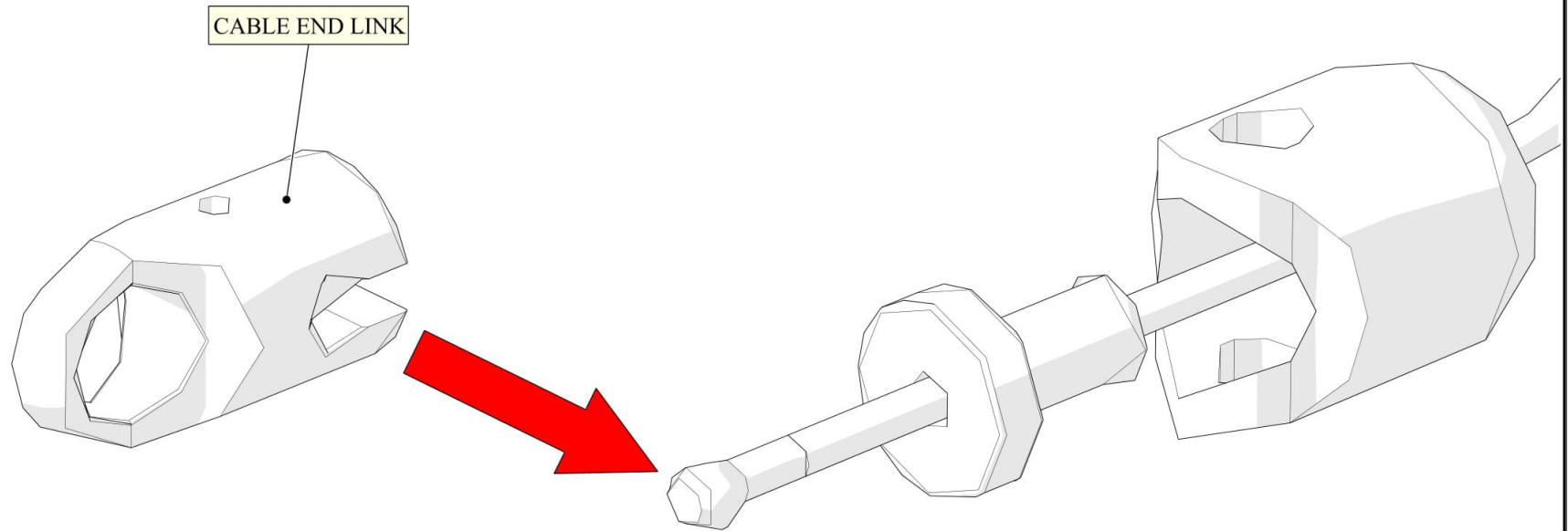
CABLE STOPPER INSTALLATION



SLIDE CABLE END HOUSING AND
RUBBER CABLE INSERT ONTO CABLE
(BALL END)

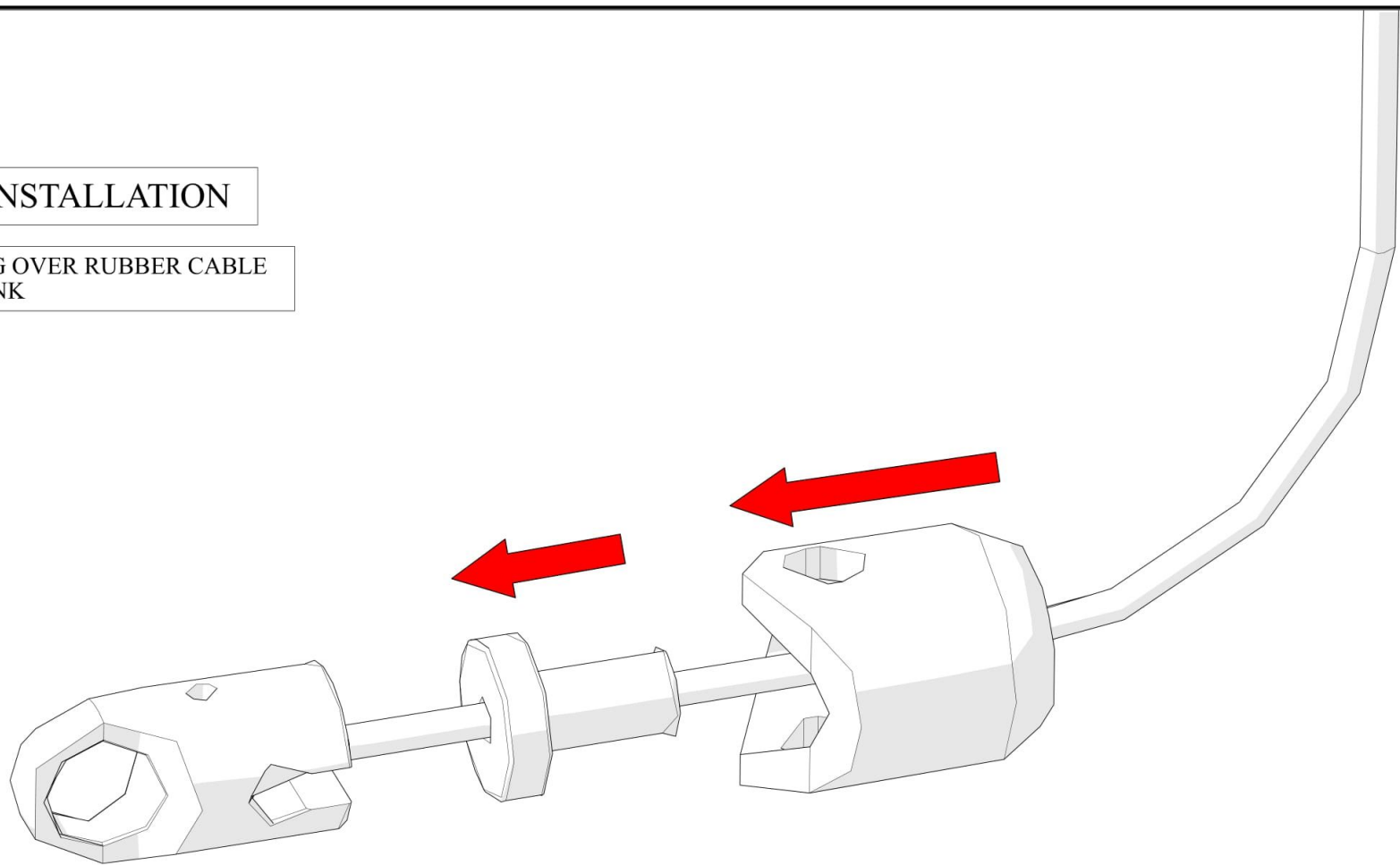
CABLE STOPPER INSTALLATION

PUSH CABLE END LINK ONTO CABLE BALL END



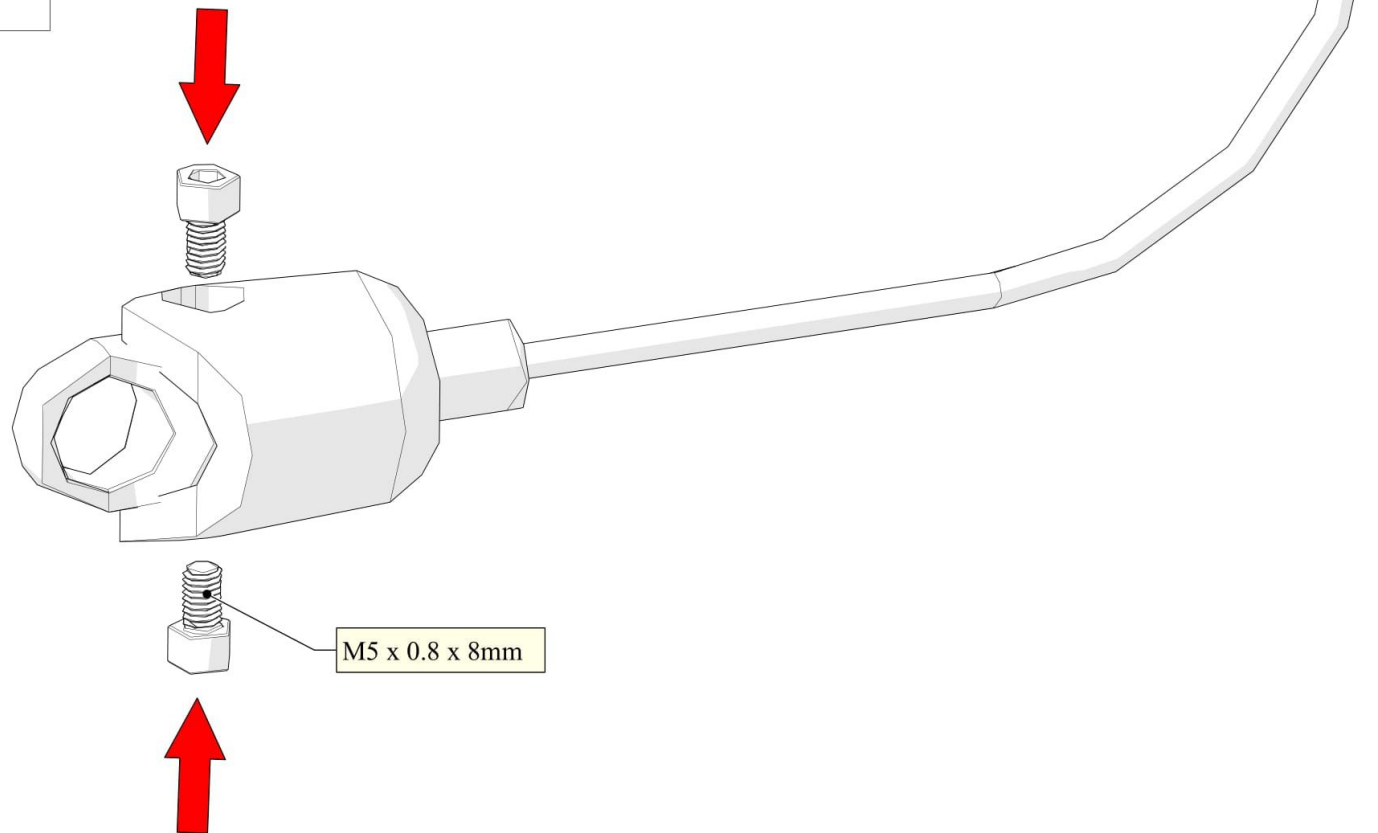
CABLE STOPPER INSTALLATION

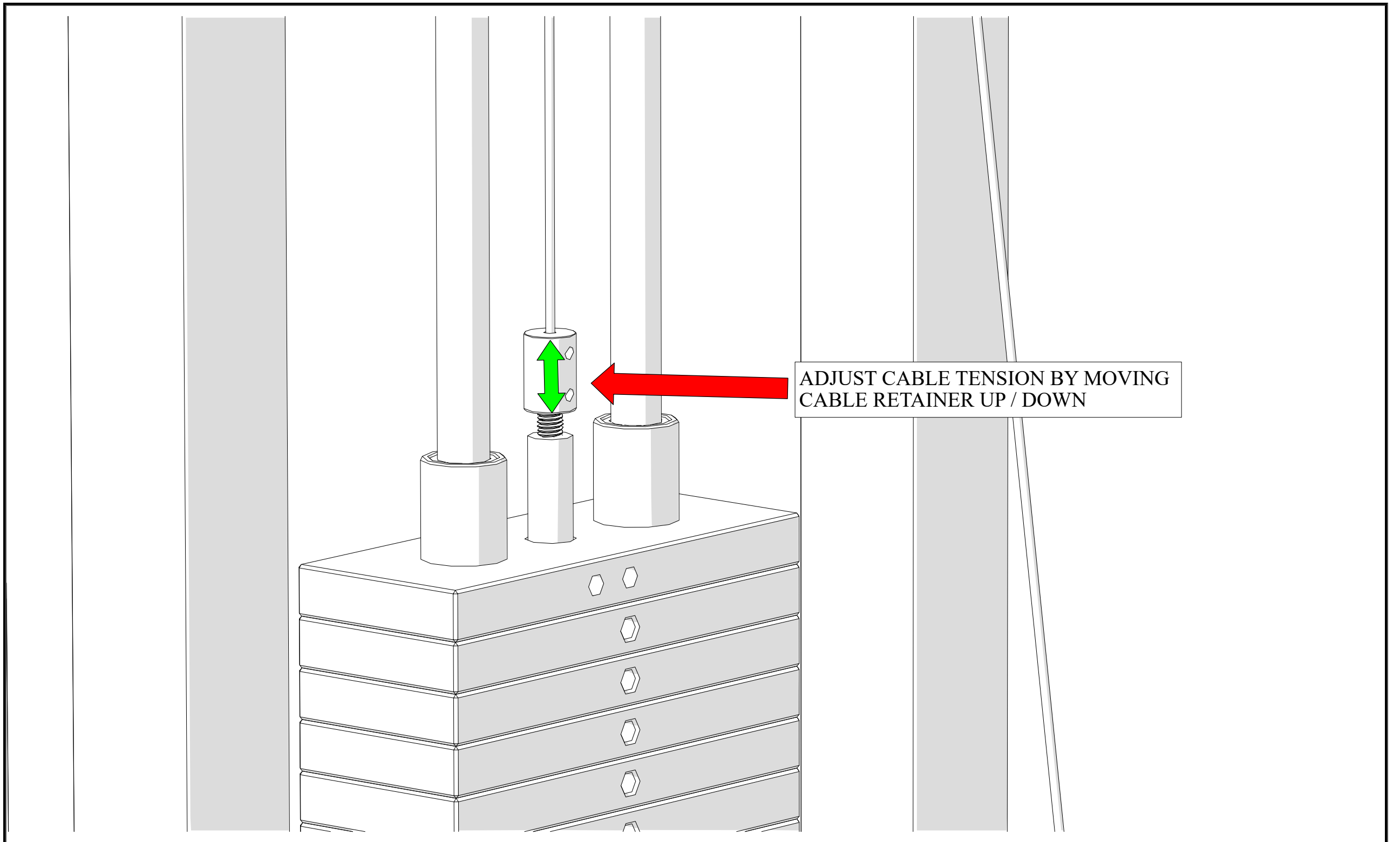
SLIDE CABLE END HOUSING OVER RUBBER CABLE
INSERT AND CABLE END LINK



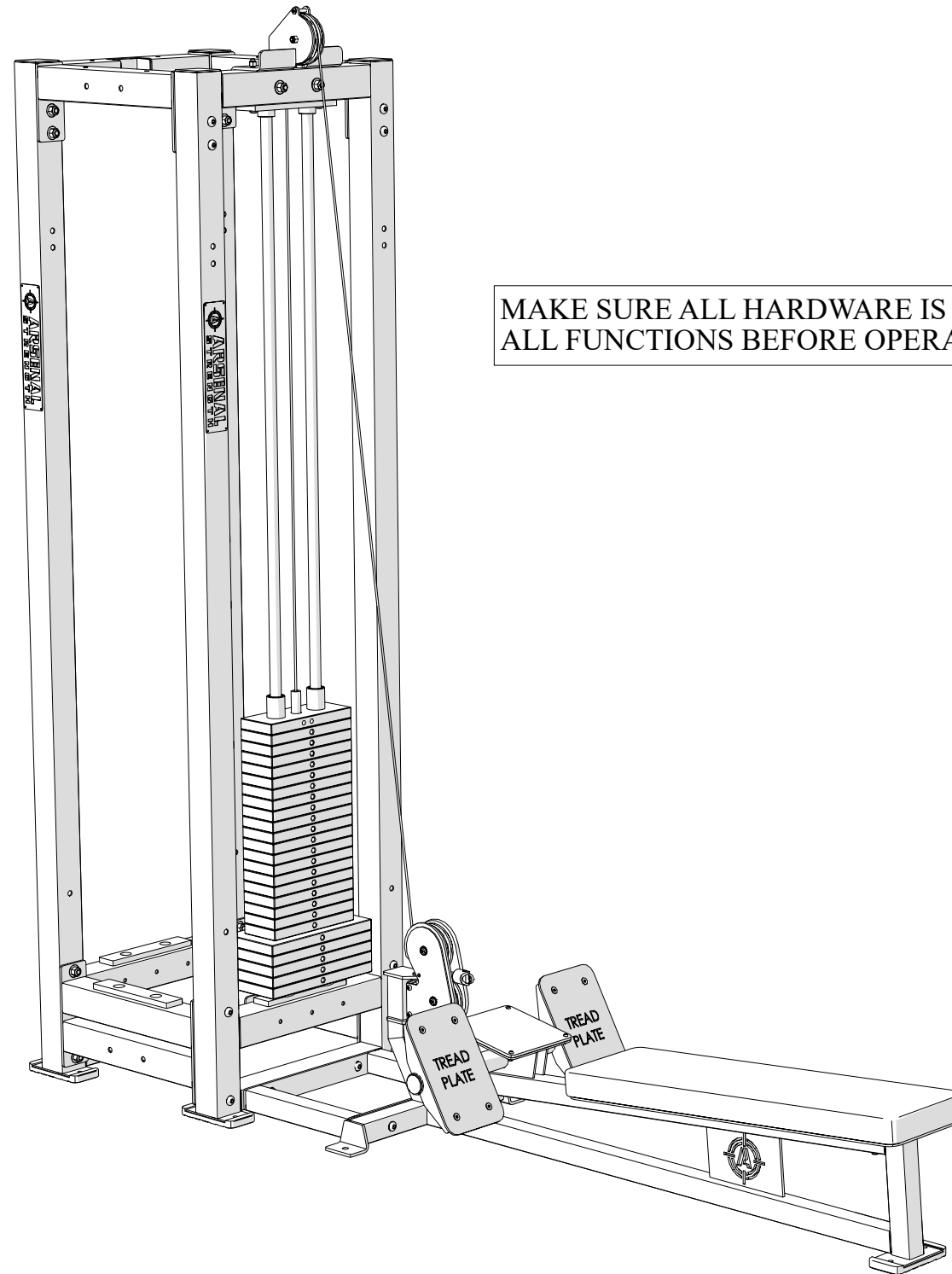
CABLE STOPPER INSTALLATION

SECURE CABLE END LINK AND HOUSING WITH
(QTY 2) 5MM X 8MM L SOCKET HEAD
CAP SCREWS





ADJUST CABLE TENSION BY MOVING
CABLE RETAINER UP / DOWN



MAKE SURE ALL HARDWARE IS TIGHT AND TEST
ALL FUNCTIONS BEFORE OPERATING EQUIPMENT