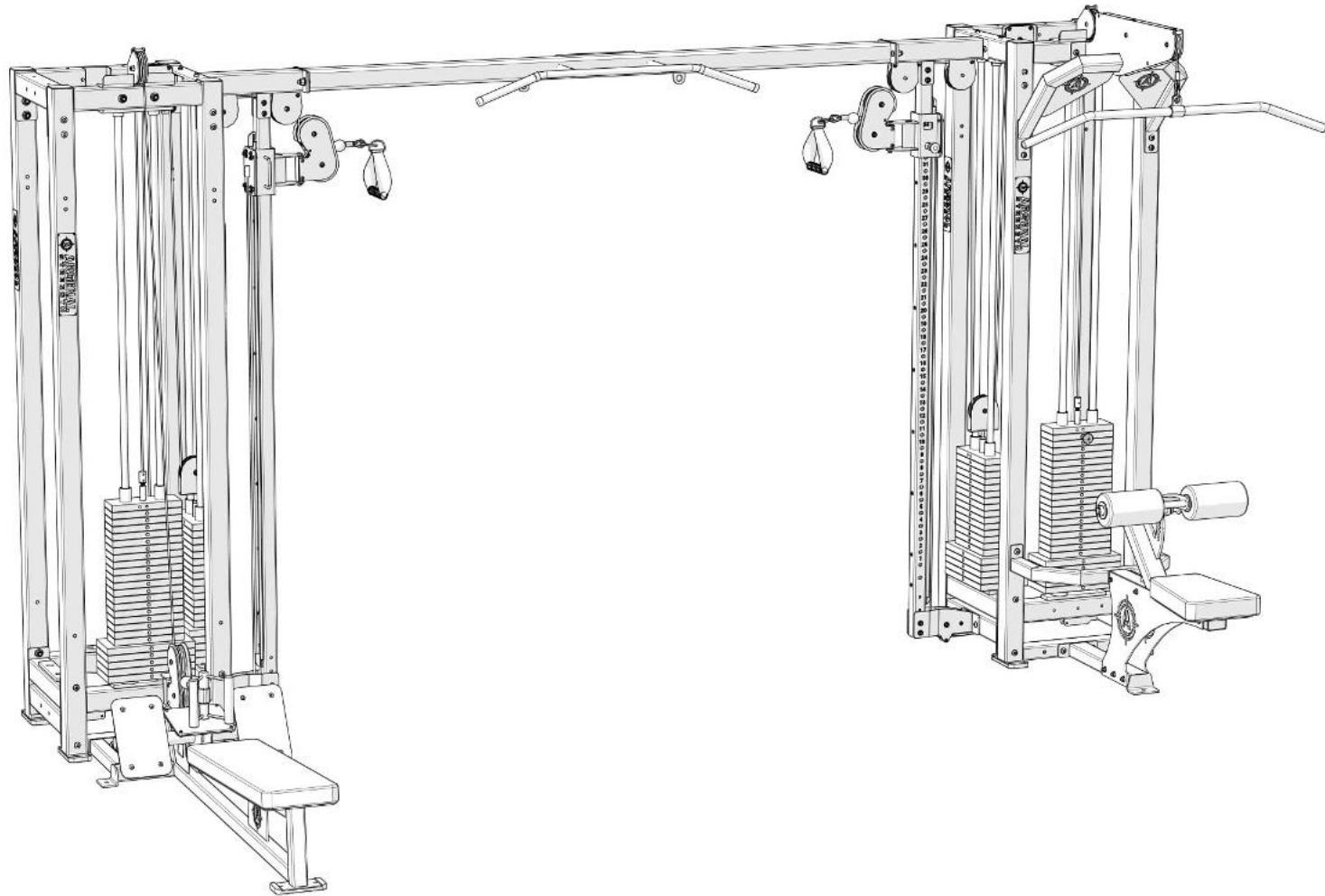
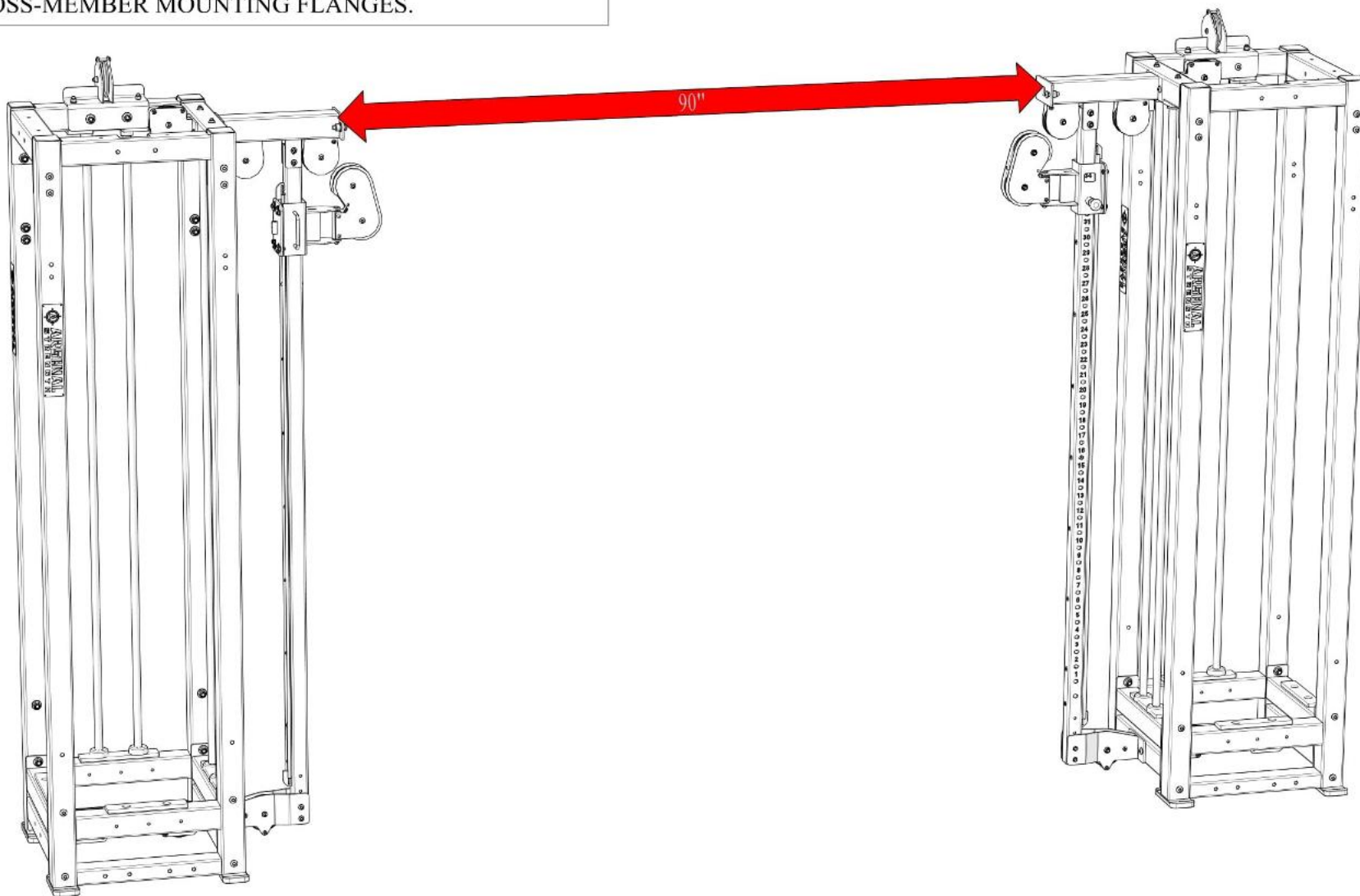


9048 4 STACK JUNGLE

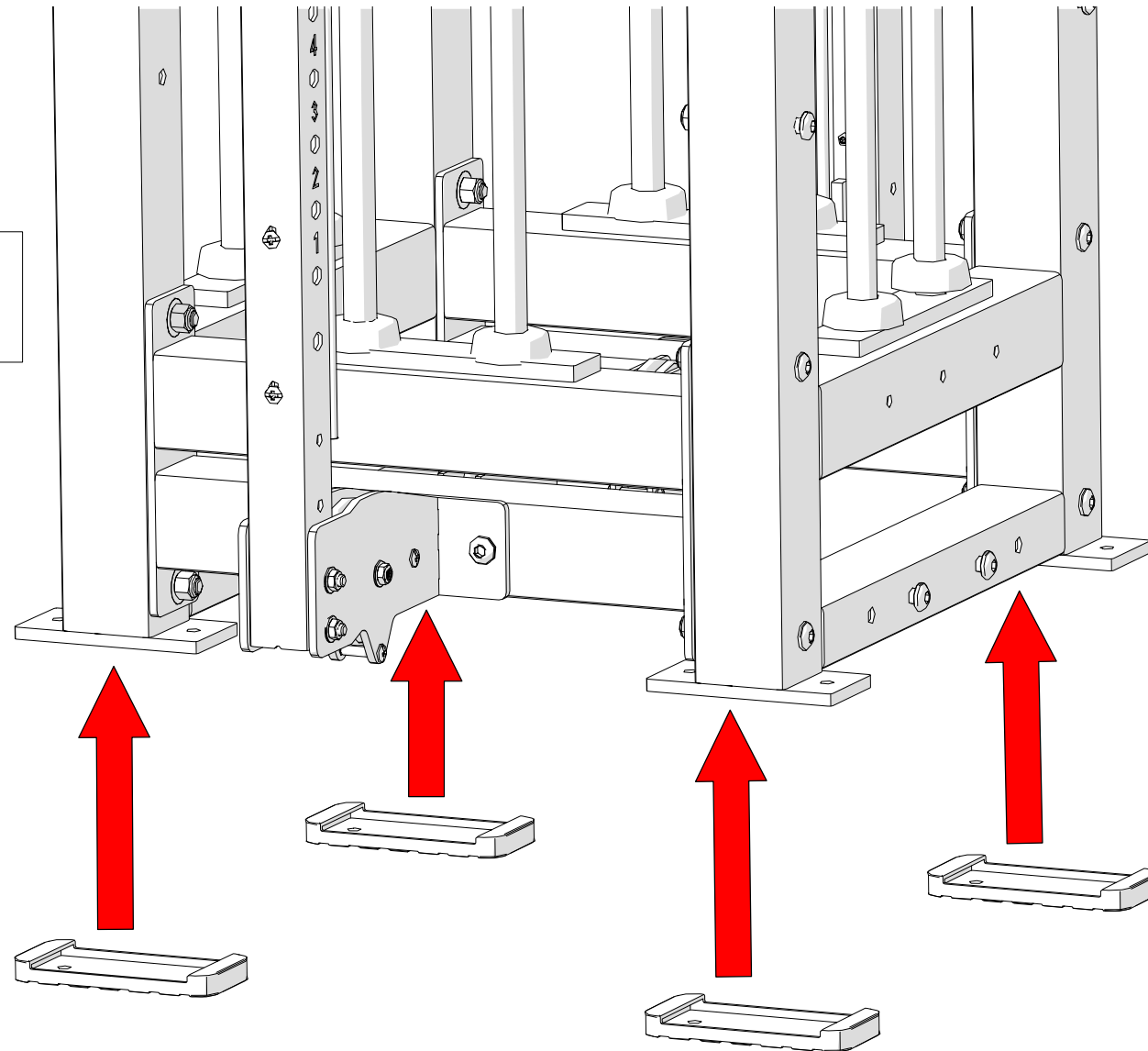
FINAL ASSEMBLY GUIDE



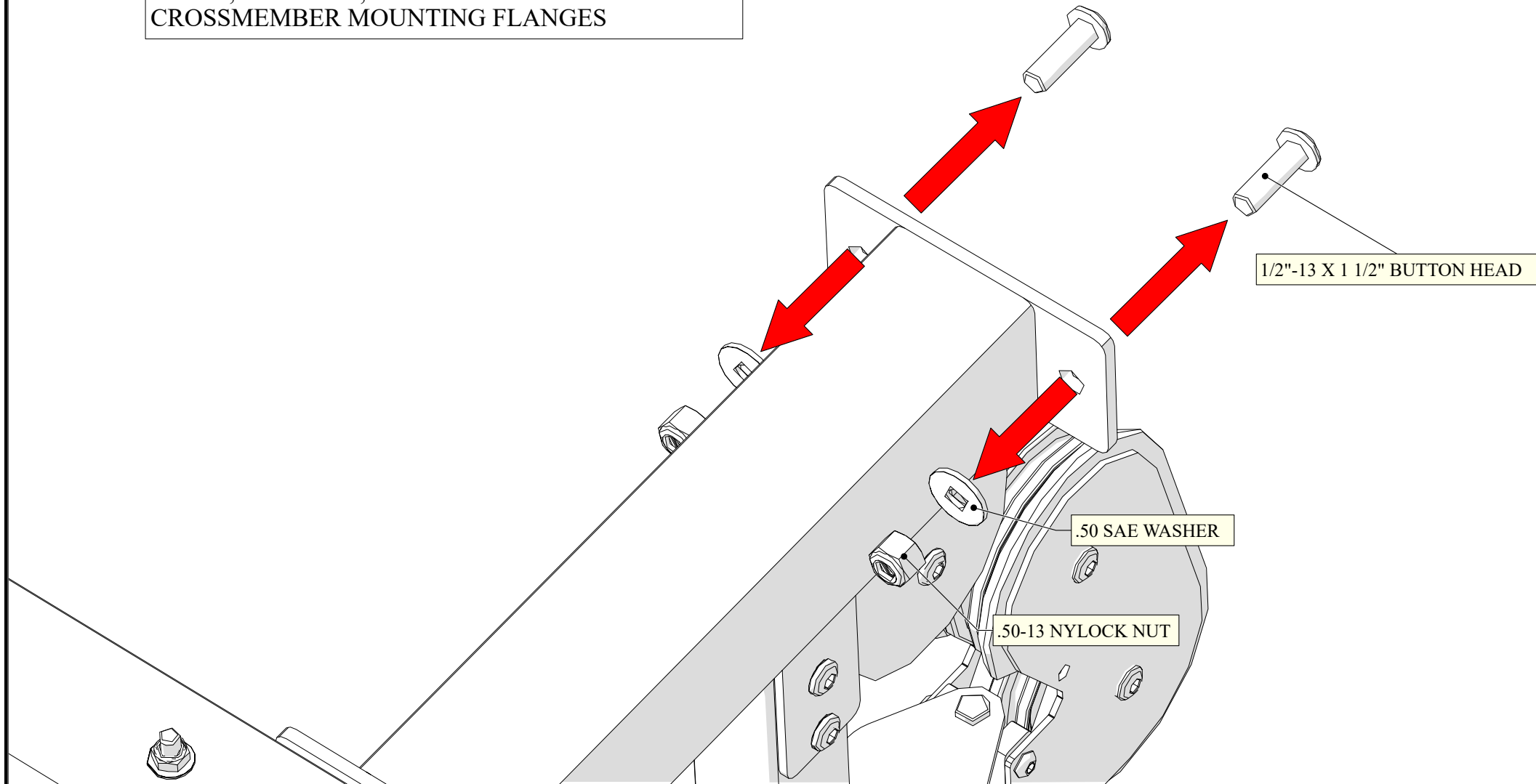
BEGIN BY POSITIONING TOWERS IN FINAL LOCATION.
TOWERS SHOULD BE APPROXIMATELY 90" BETWEEN
CROSS-MEMBER MOUNTING FLANGES.



BEFORE INSTALLING WEIGHT STACKS,
RUBBER FEET MAY BE INSTALLED ON
FRAME PADS IF DESIRED

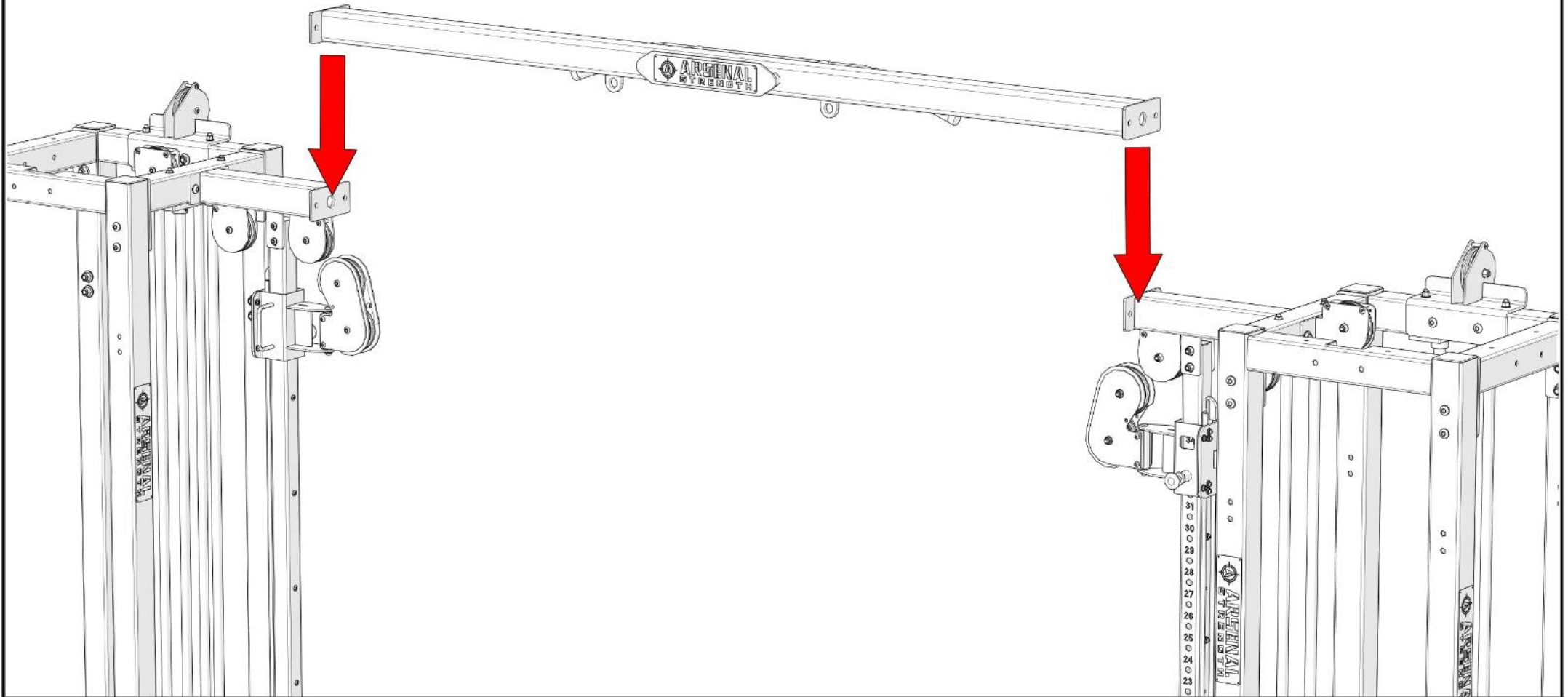


REMOVE (QTY 4) 1/2"-13 X 1/12"L BUTTON HEAD
BOLTS, WASHERS, AND NUTS FROM UPPER
CROSSMEMBER MOUNTING FLANGES



POSITION CROSSMEMBER BETWEEN TOWERS AS SHOWN.

ANY FINAL ADJUSTMENTS TO TOWER POSITIONS SHOULD
BE MADE AT THIS TIME.

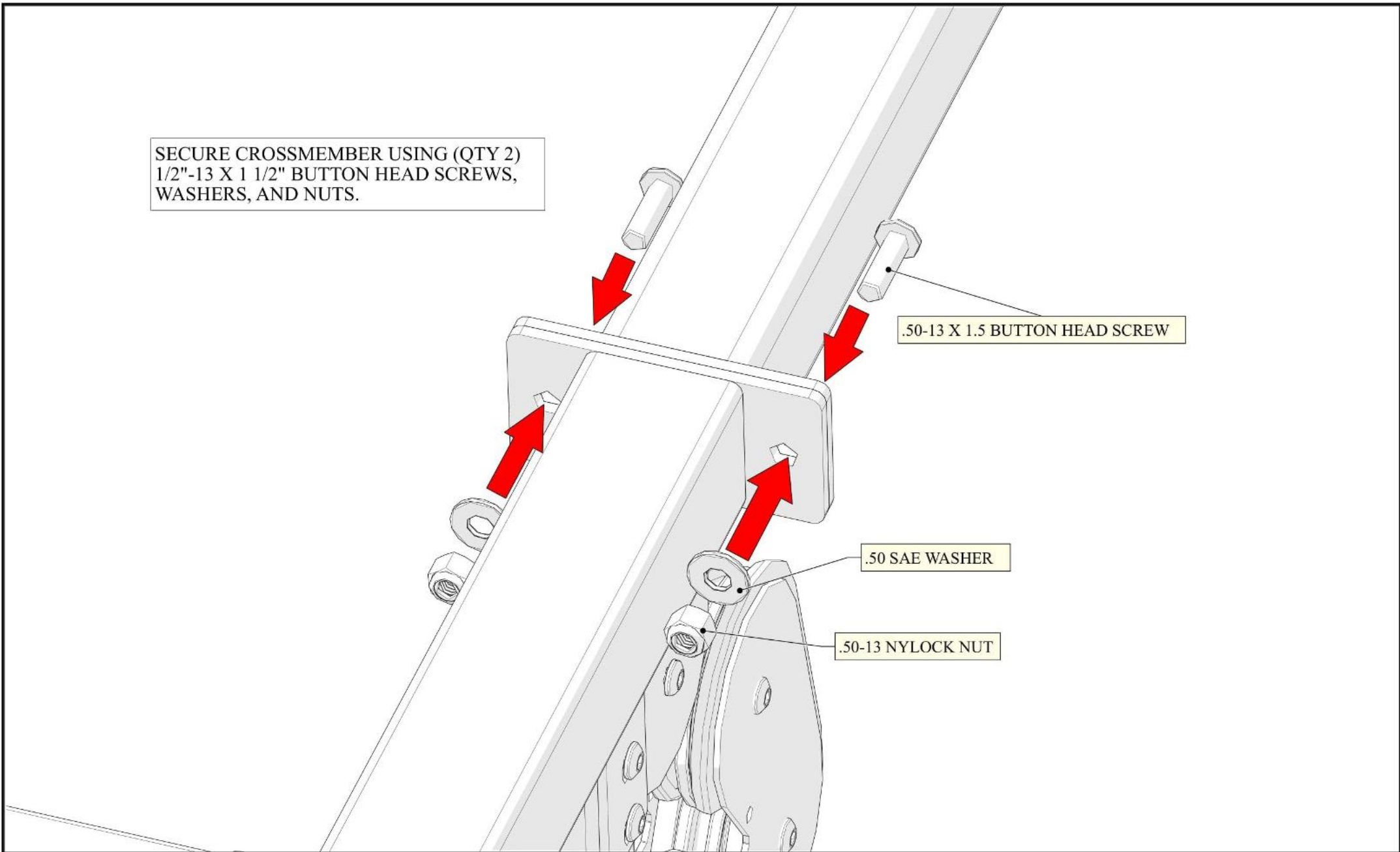


SECURE CROSSMEMBER USING (QTY 2)
1/2"-13 X 1 1/2" BUTTON HEAD SCREWS,
WASHERS, AND NUTS.

.50-13 X 1.5 BUTTON HEAD SCREW

.50 SAE WASHER

.50-13 NYLOCK NUT

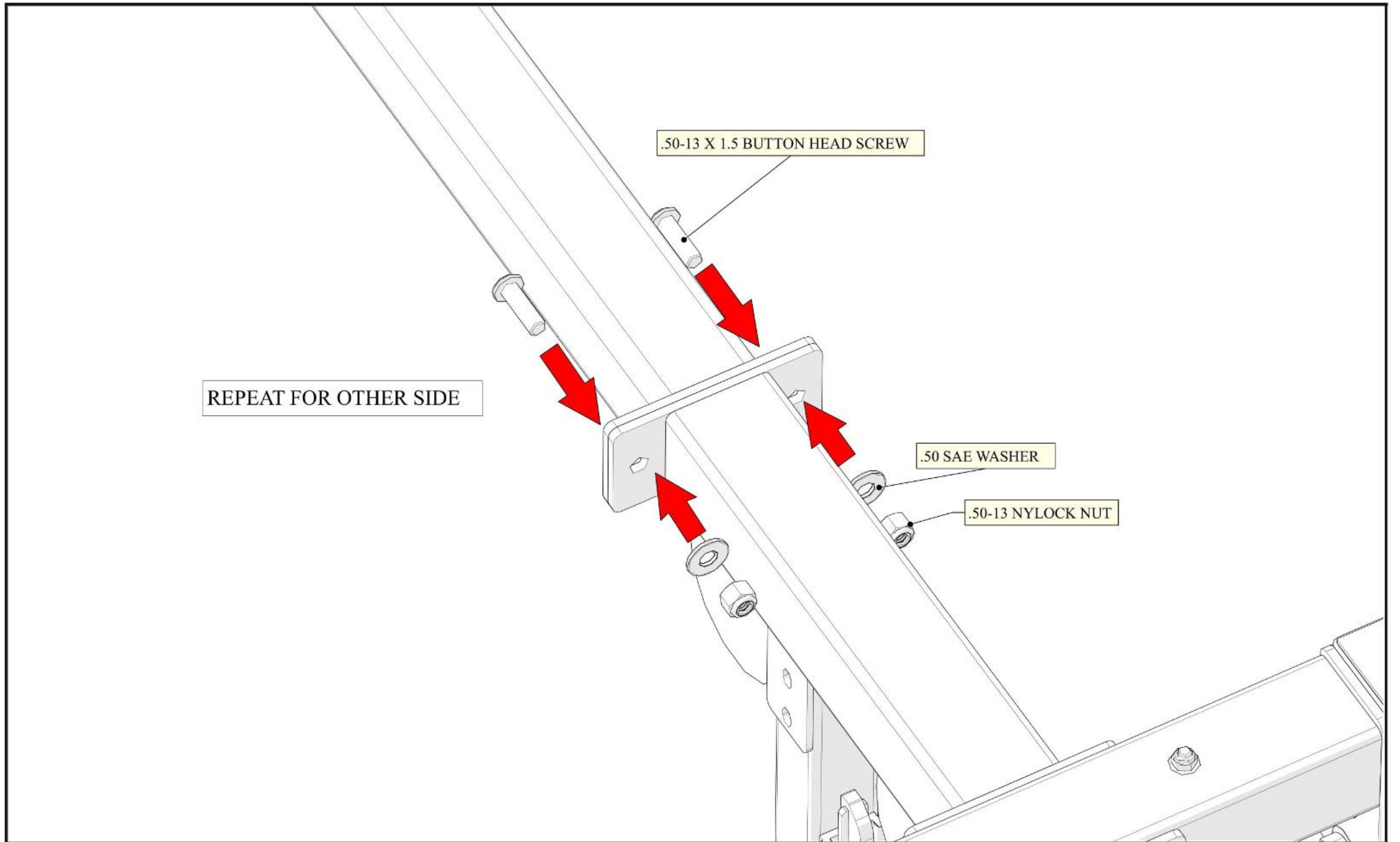


REPEAT FOR OTHER SIDE

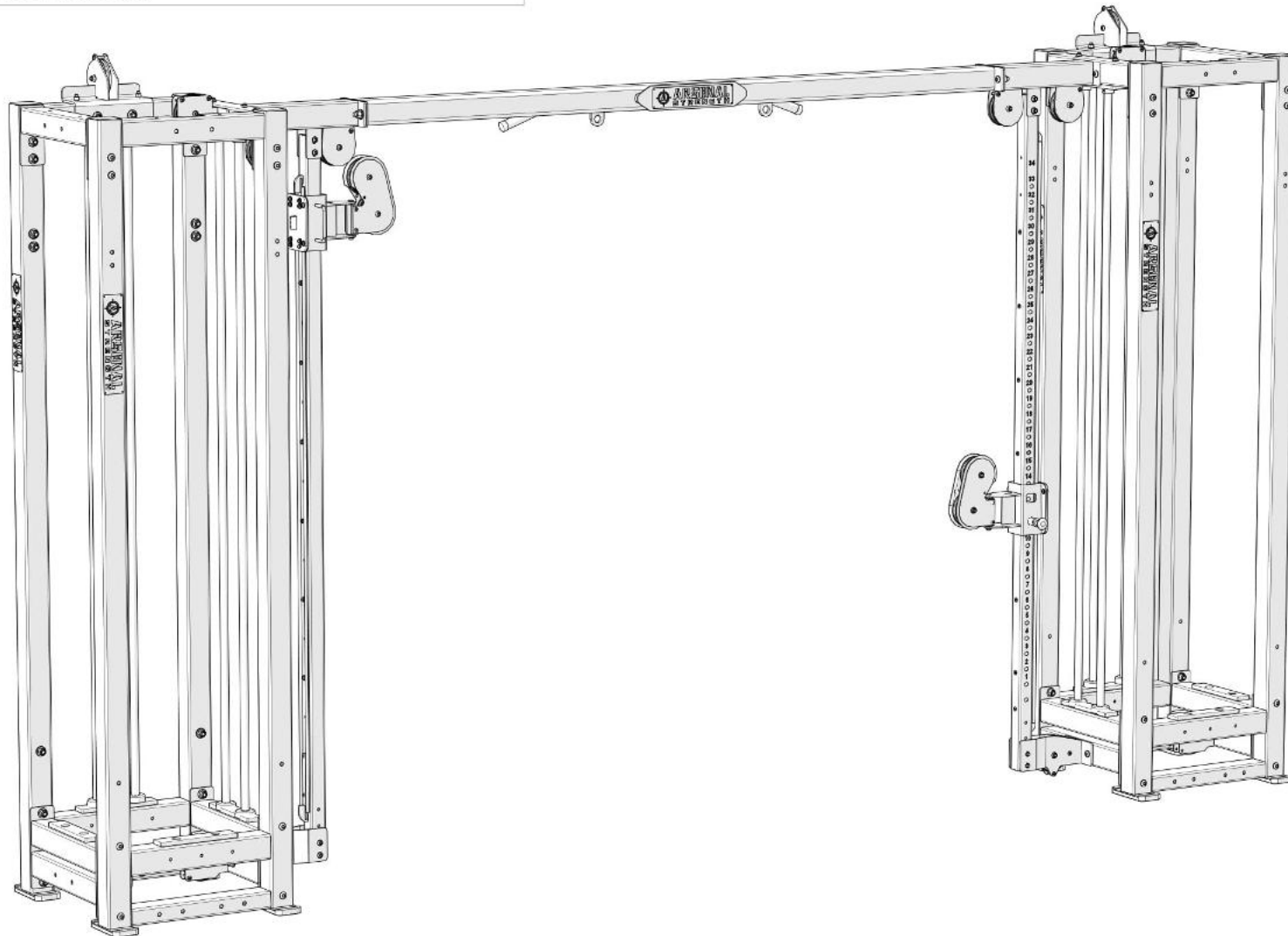
.50-13 X 1.5 BUTTON HEAD SCREW

.50 SAE WASHER

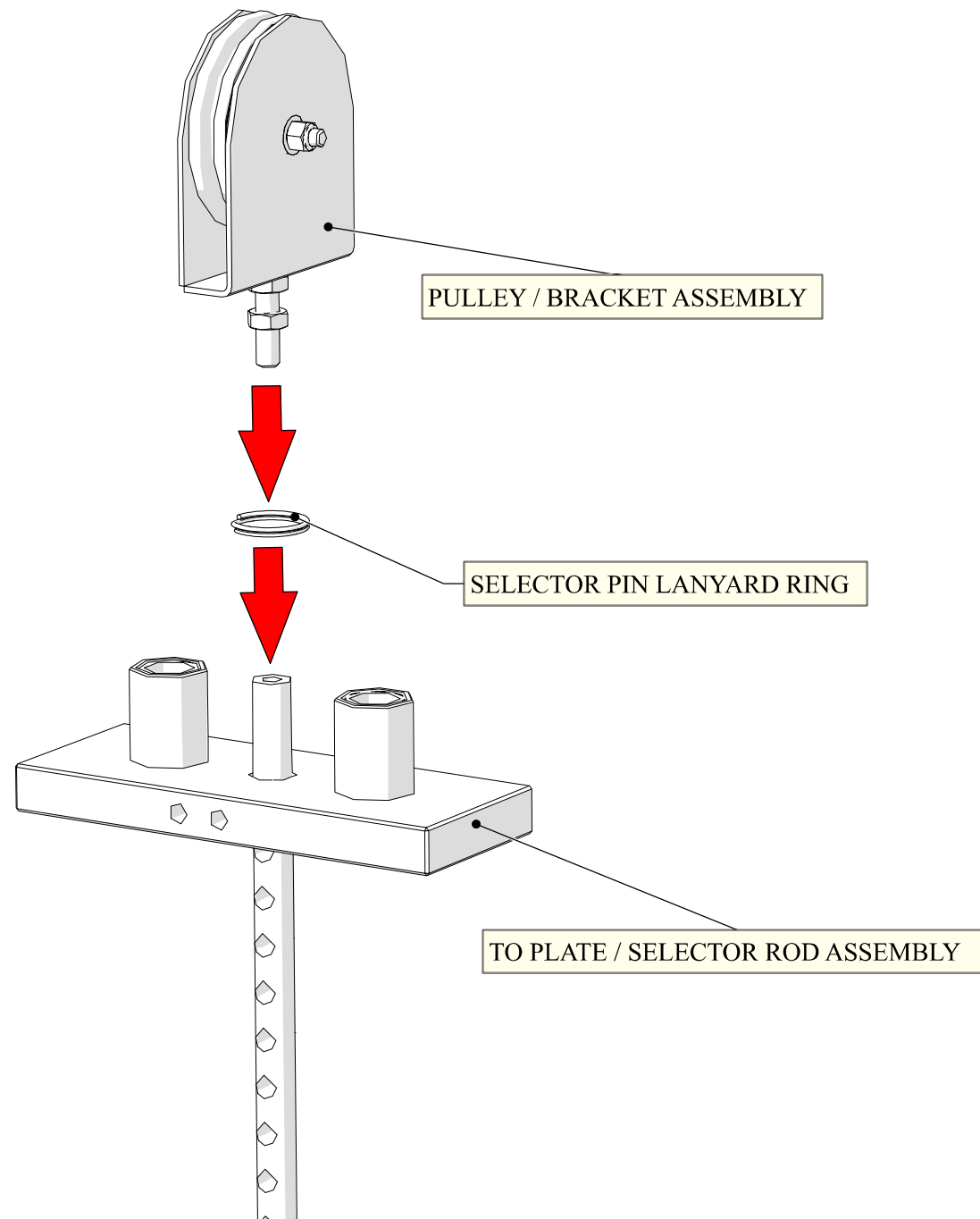
.50-13 NYLOCK NUT



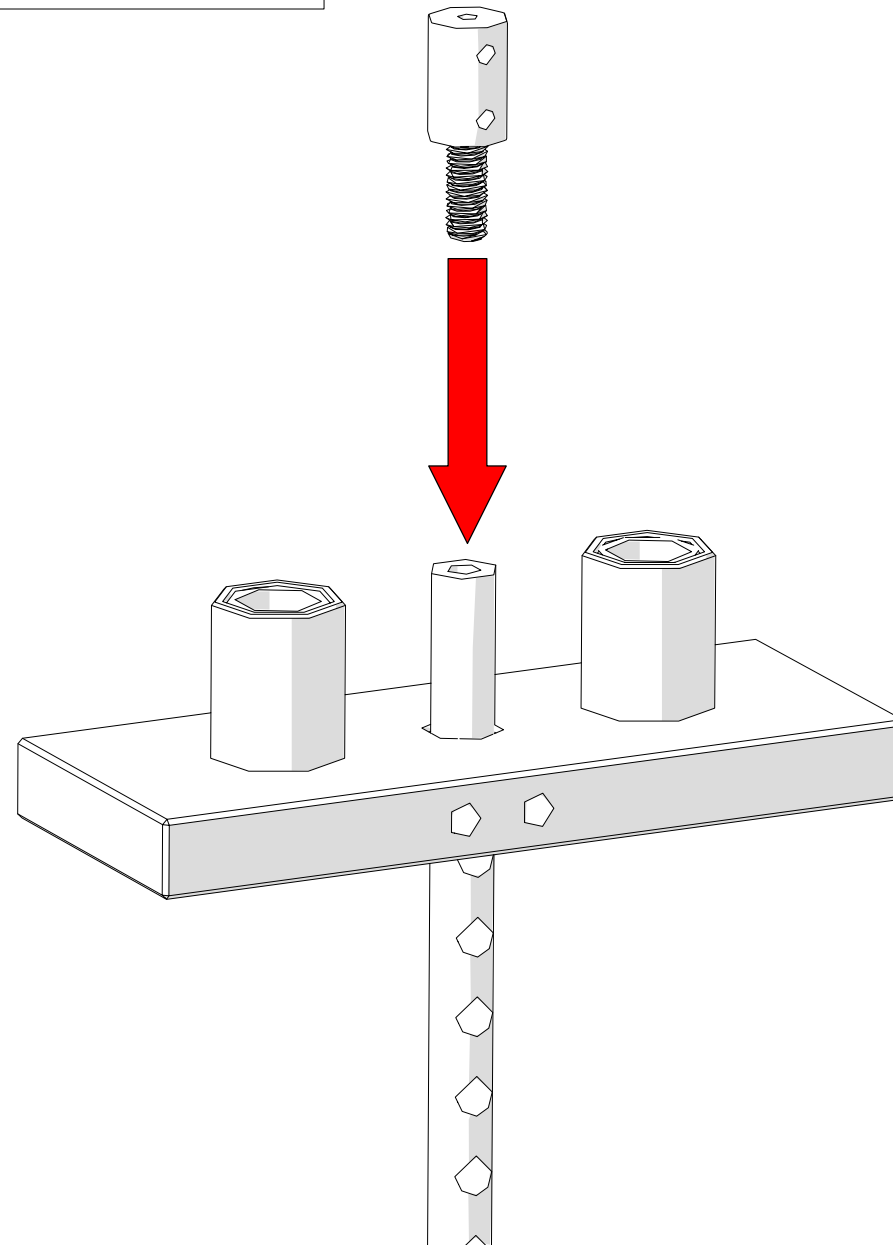
BEFORE PROCEEDING, MAKE SURE BOTH TOWERS ARE
SQUARE, EVEN, AND FLAT ON THE GROUND, WITH NO
BINDING OR TWISTING.



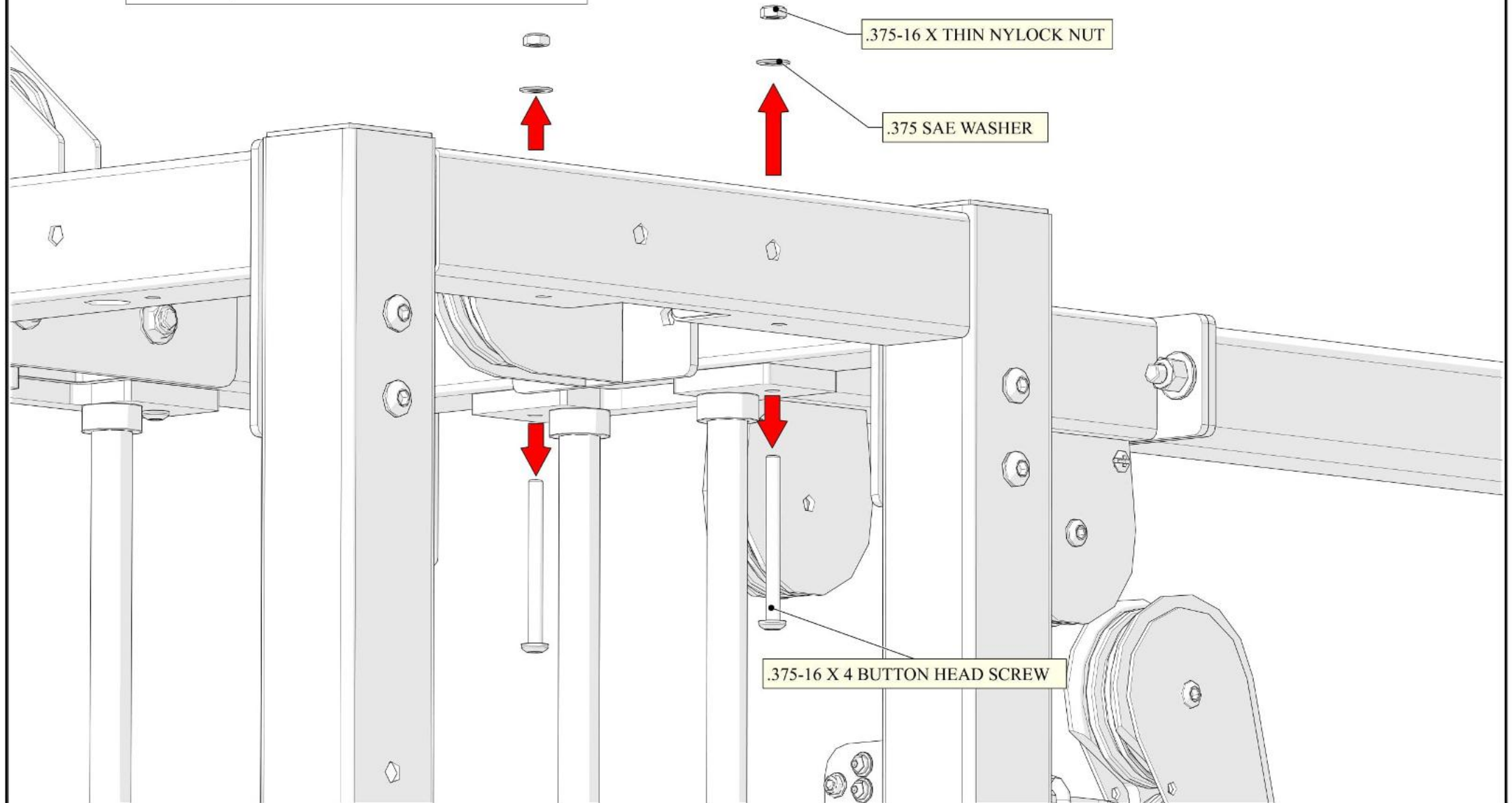
INSTALL PULLEY BRACKET ASSEMBLY
AND LANYARD RING AS SHOWN



INSTALL CABLE RETAINER ON REMAINING TOP
WEIGHT STACK PLATE / SELECTOR ROD ASSEMBLIES

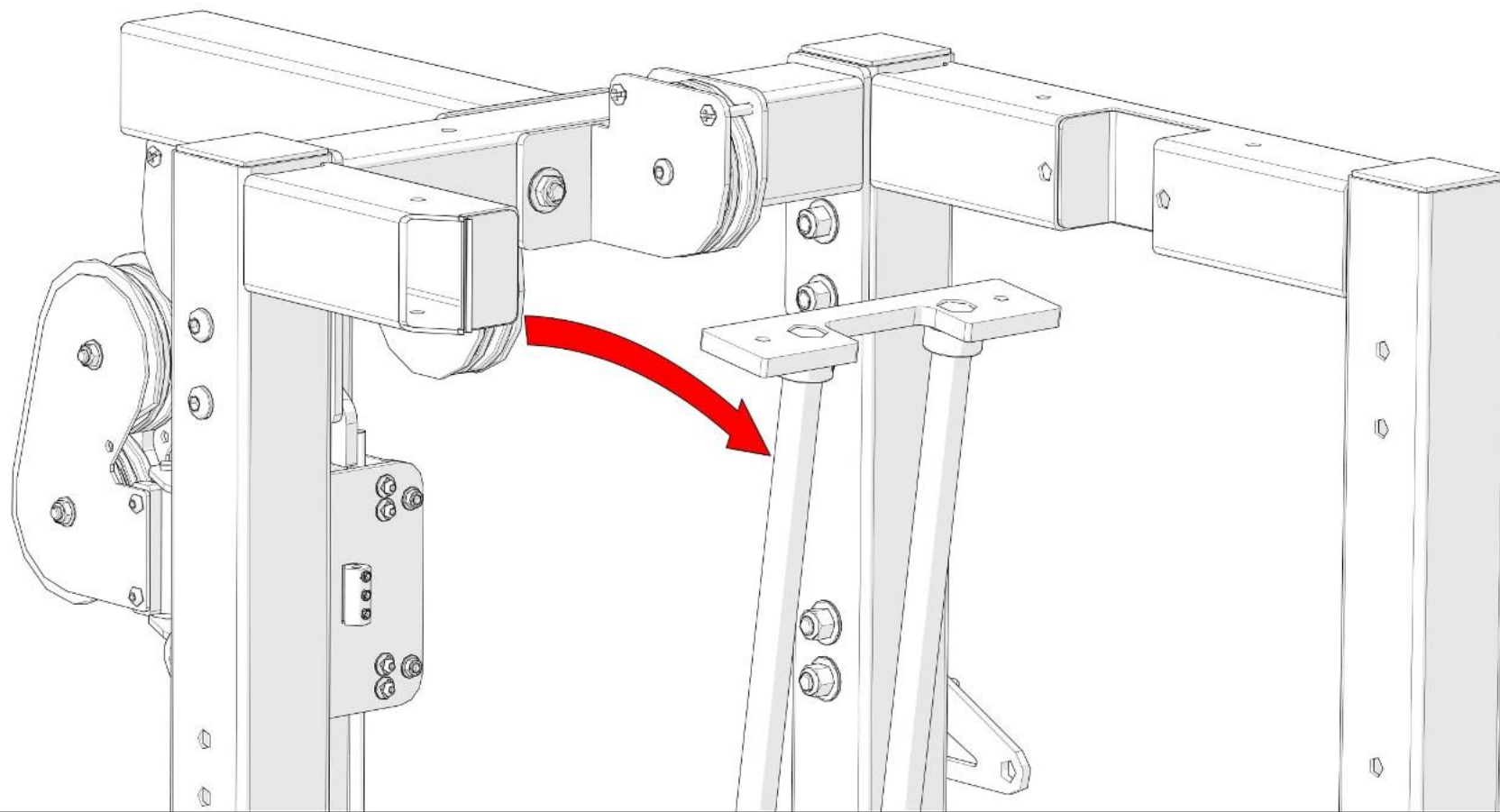


ON ADJUSTABLE COLUMN SIDE, REMOVE
(QTY 2) 3/8"-16 X 4" BUTTON HEAD SCREWS,
WASHERS, AND NUTS.

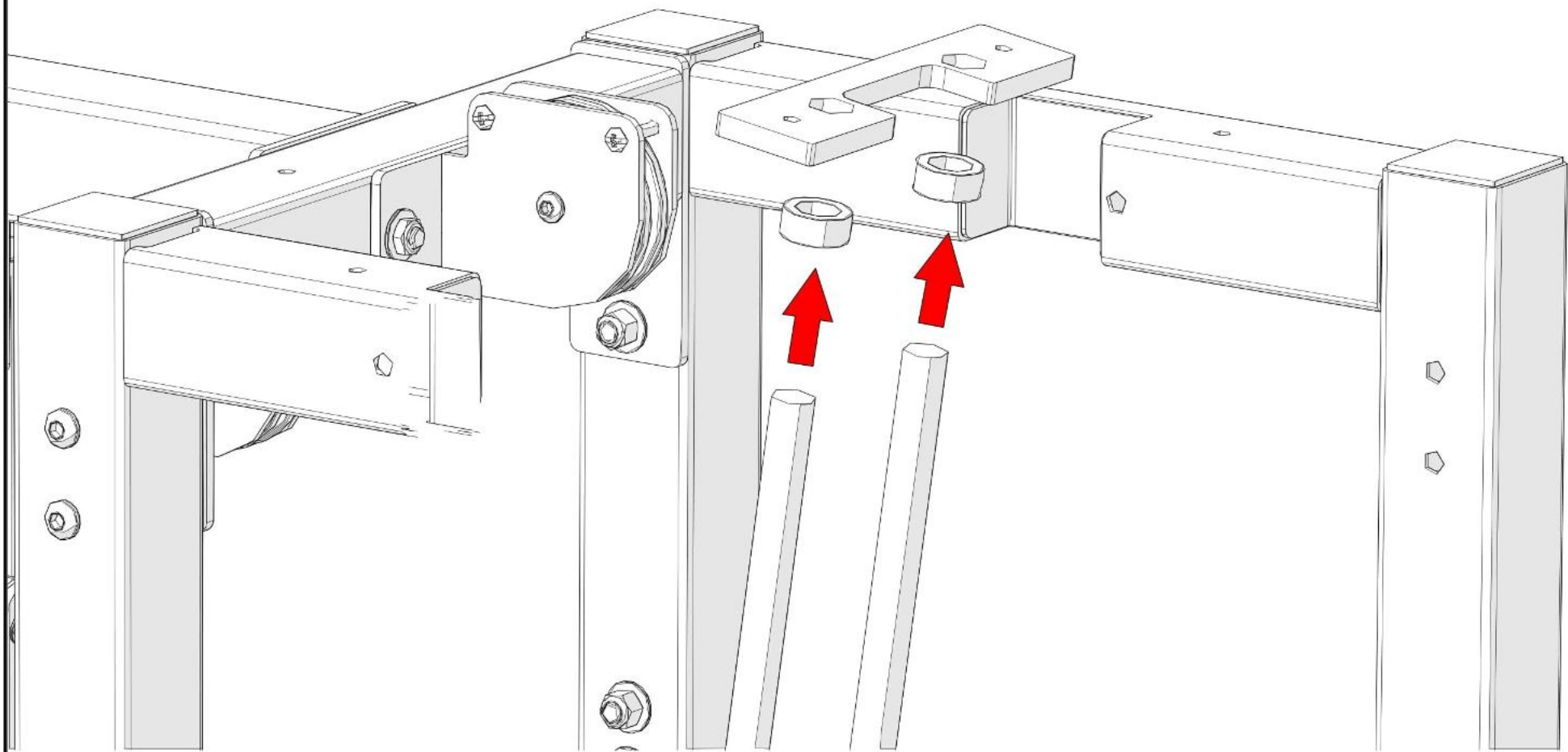


WITH MOUNTING PLATE SCREWS REMOVED, TILT
GUIDE RODS TOWARD INTERIOR OF TOWER CUBE.

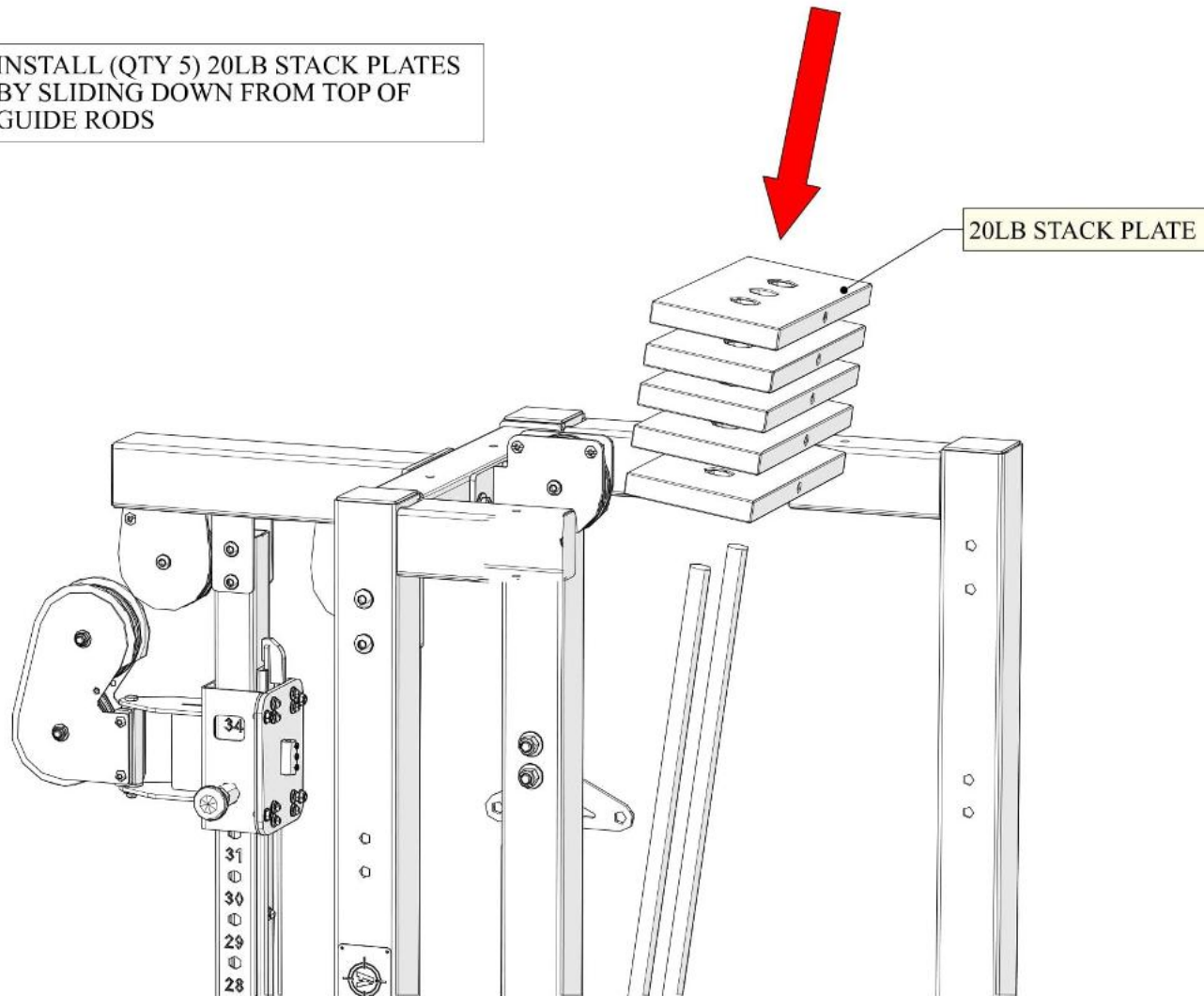
IT MAY BE NECESSARY TO LIFT UP SLIGHTLY
ON GUIDE RODS TO ALLOW MOVEMENT



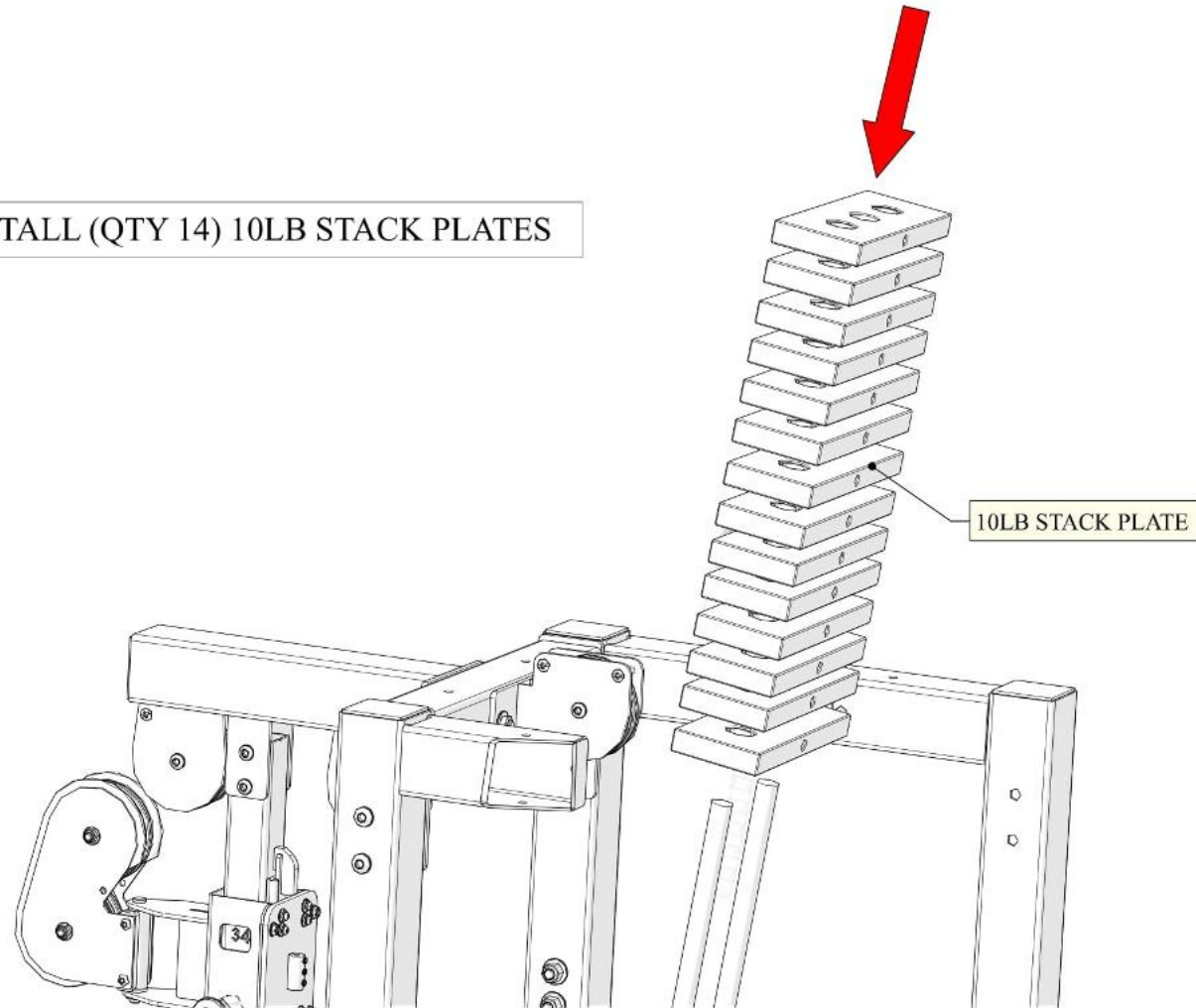
REMOVE MOUNTING PLATE. LOOSEN SET SCREWS
AND REMOVE RETENTION COLLARS FROM GUIDE RODS.



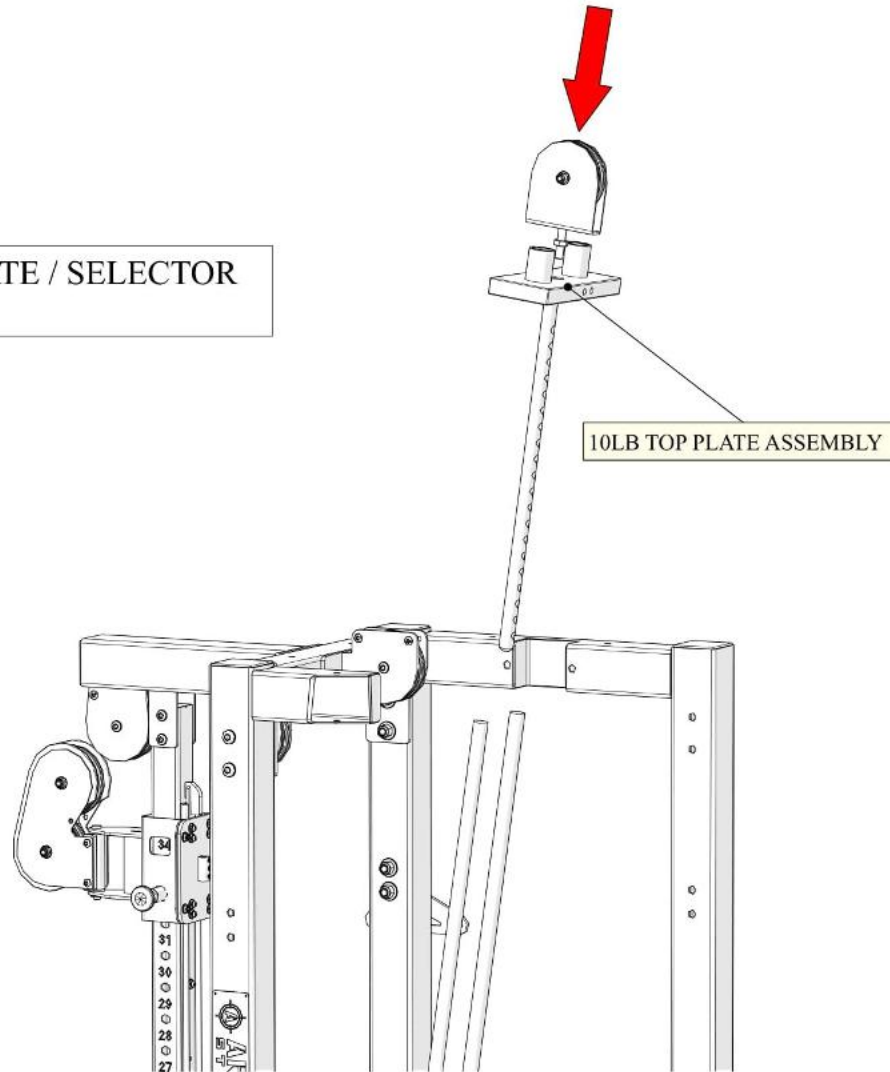
INSTALL (QTY 5) 20LB STACK PLATES
BY SLIDING DOWN FROM TOP OF
GUIDE RODS



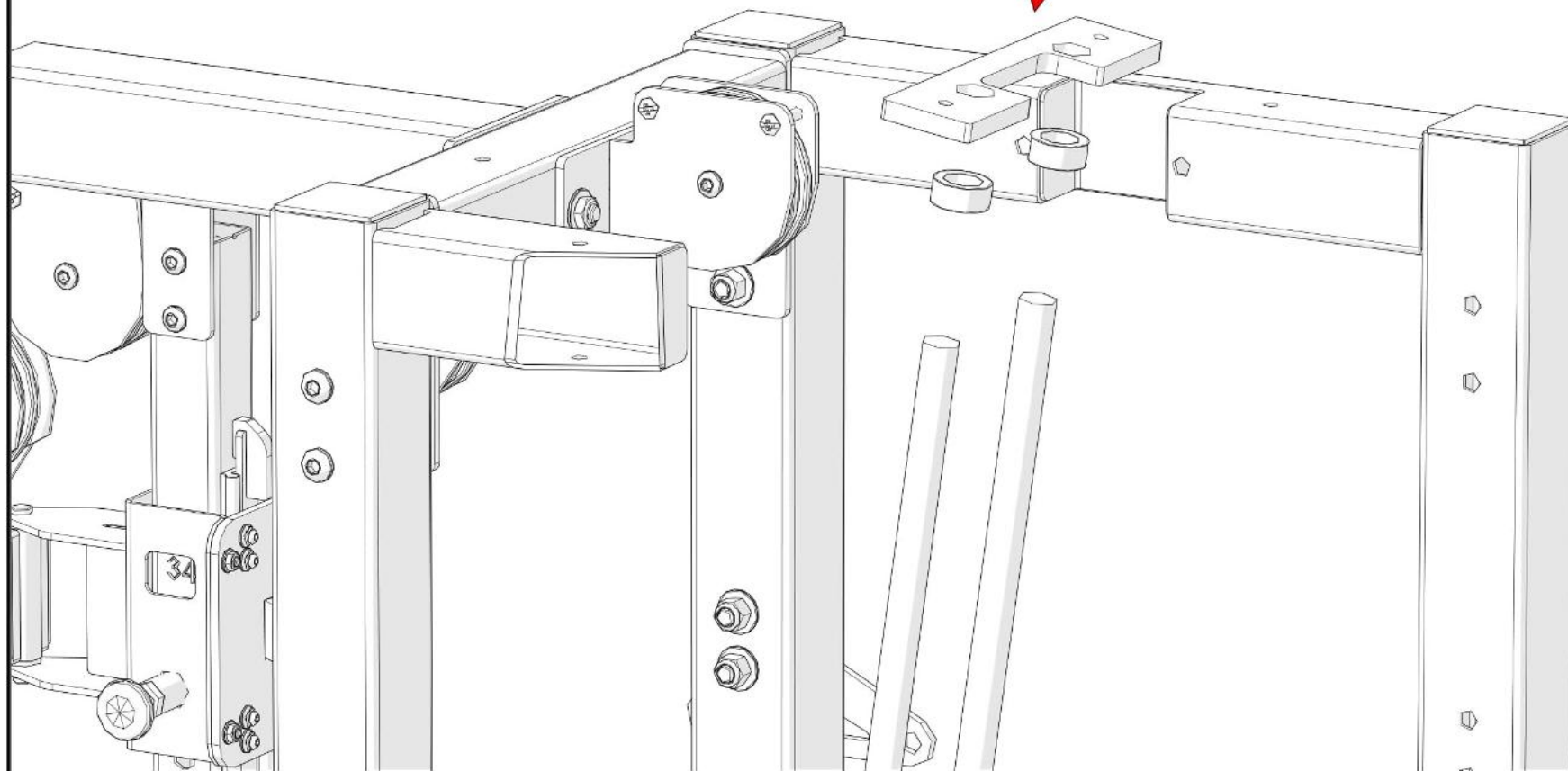
INSTALL (QTY 14) 10LB STACK PLATES



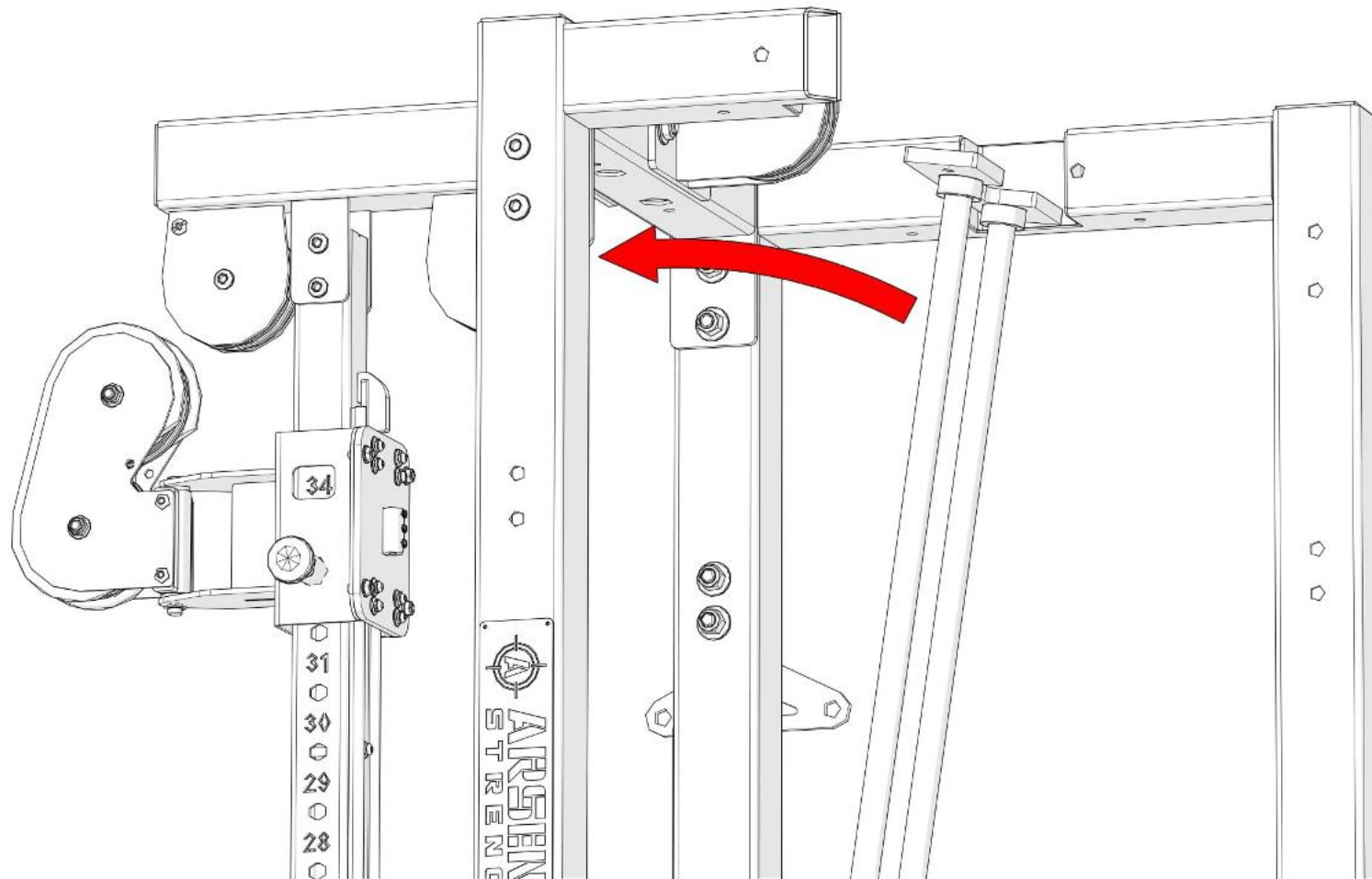
INSTALL TOP PLATE / SELECTOR
ROD ASSEMBLY

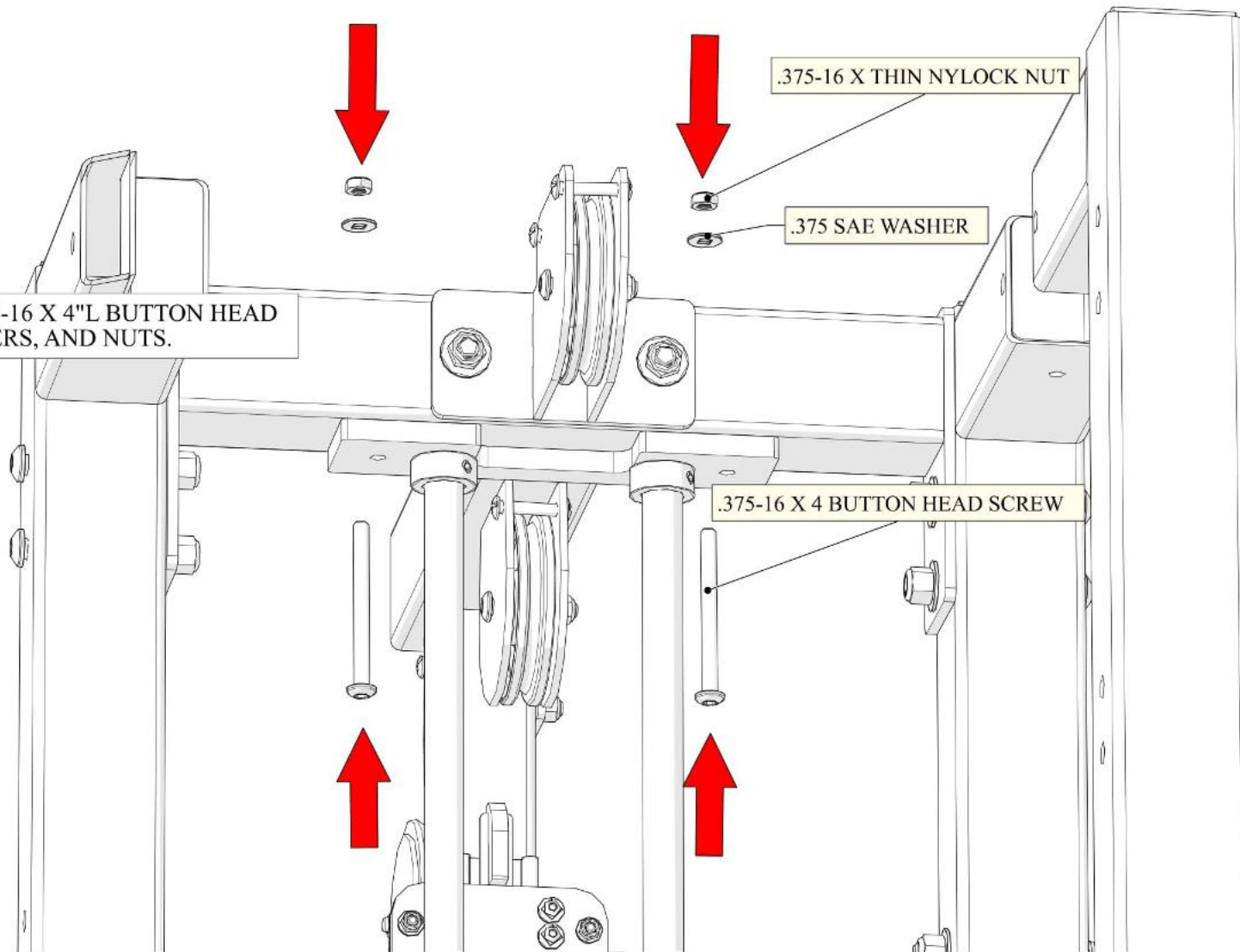


RE-INSTALL TOP MOUNTING PLATE AND
RETENTION COLLARS



CAREFULLY ROTATE GUIDE ROD / WEIGHT
STACK ASSEMBLY BACK INTO POSITION





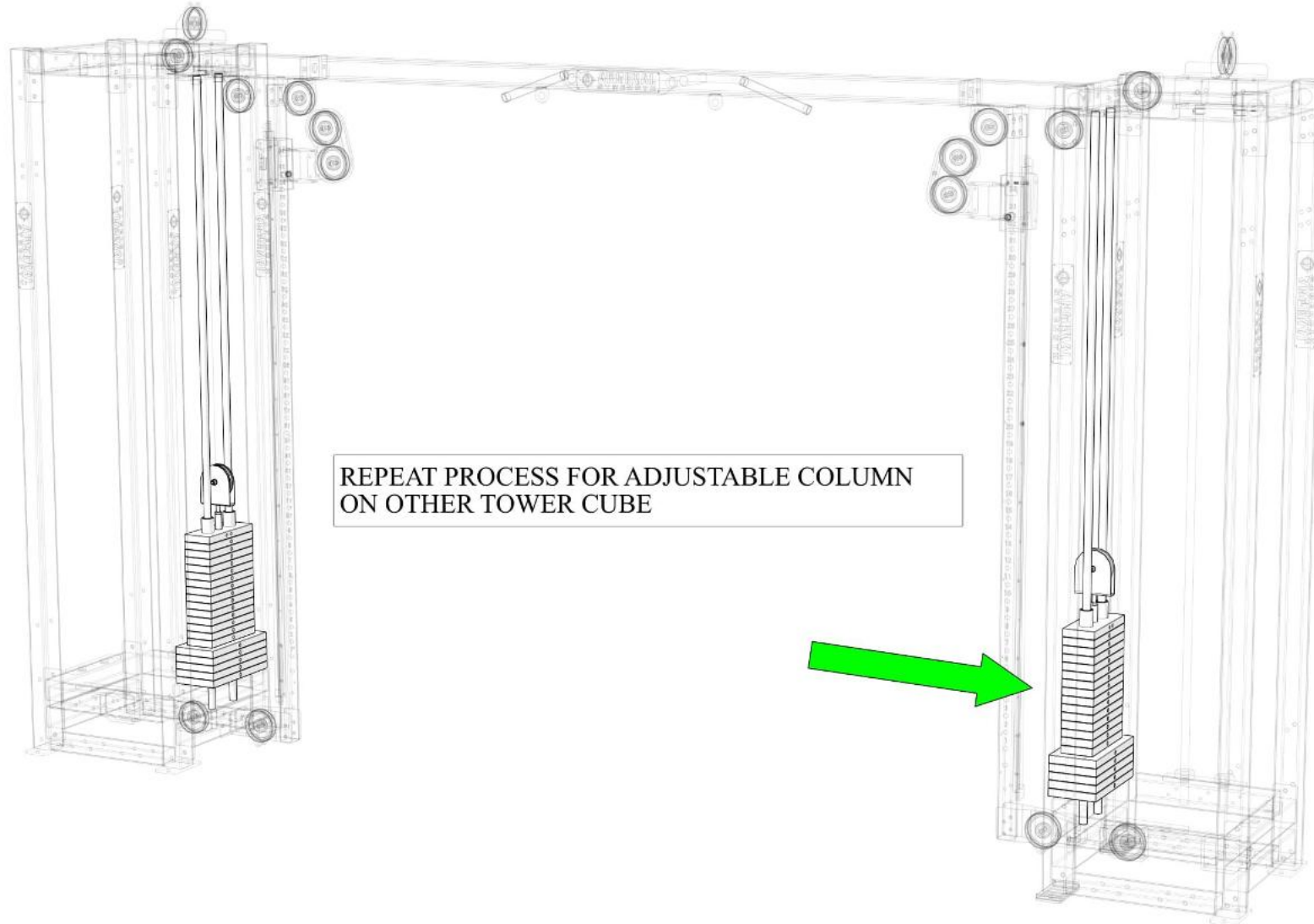
RE- INSTALL 3/8"-16 X 4"L BUTTON HEAD
SCREWS, WASHERS, AND NUTS.

This technical diagram illustrates the re-installation of hardware on a mechanical assembly. The assembly features a central horizontal beam with a pulley system in the middle. Two vertical support posts are positioned on either side of the pulley. Red arrows indicate the direction of assembly: two arrows point downwards towards the top of the beam, and two arrows point upwards towards the bottom of the beam. Callout boxes identify the required hardware: a .375-16 X THIN NYLOCK NUT, a .375 SAE WASHER, and a .375-16 X 4 BUTTON HEAD SCREW. The diagram shows the components being installed onto the existing structure.

.375-16 X THIN NYLOCK NUT

.375 SAE WASHER

.375-16 X 4 BUTTON HEAD SCREW

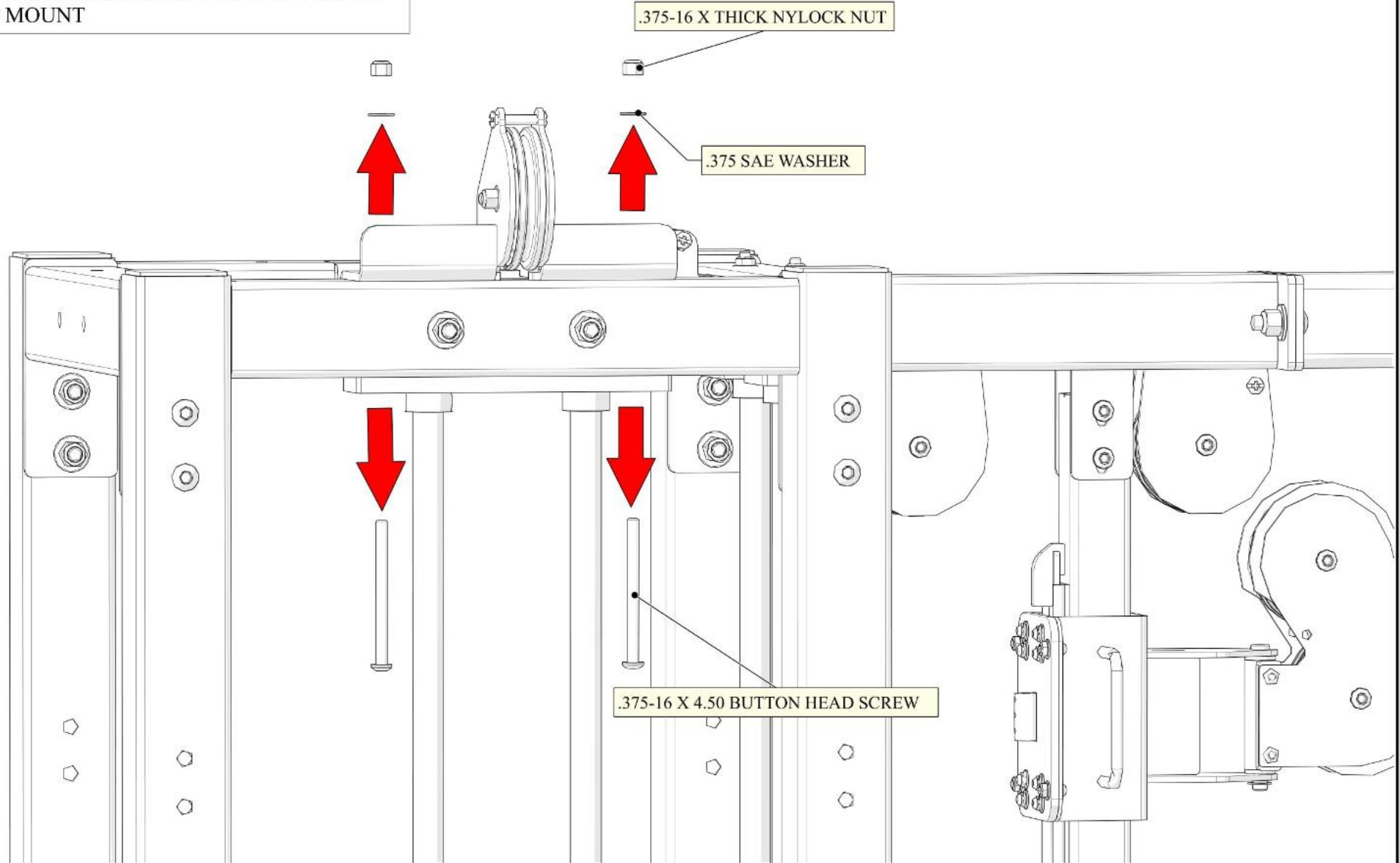


REMOVE (QTY 2) 3/8"-16 X 4 1/2"
BUTTON HEAD SCREWS, WASHERS,
AND NUTS FROM UPPER PULLEY / GUIDE
ROD MOUNT

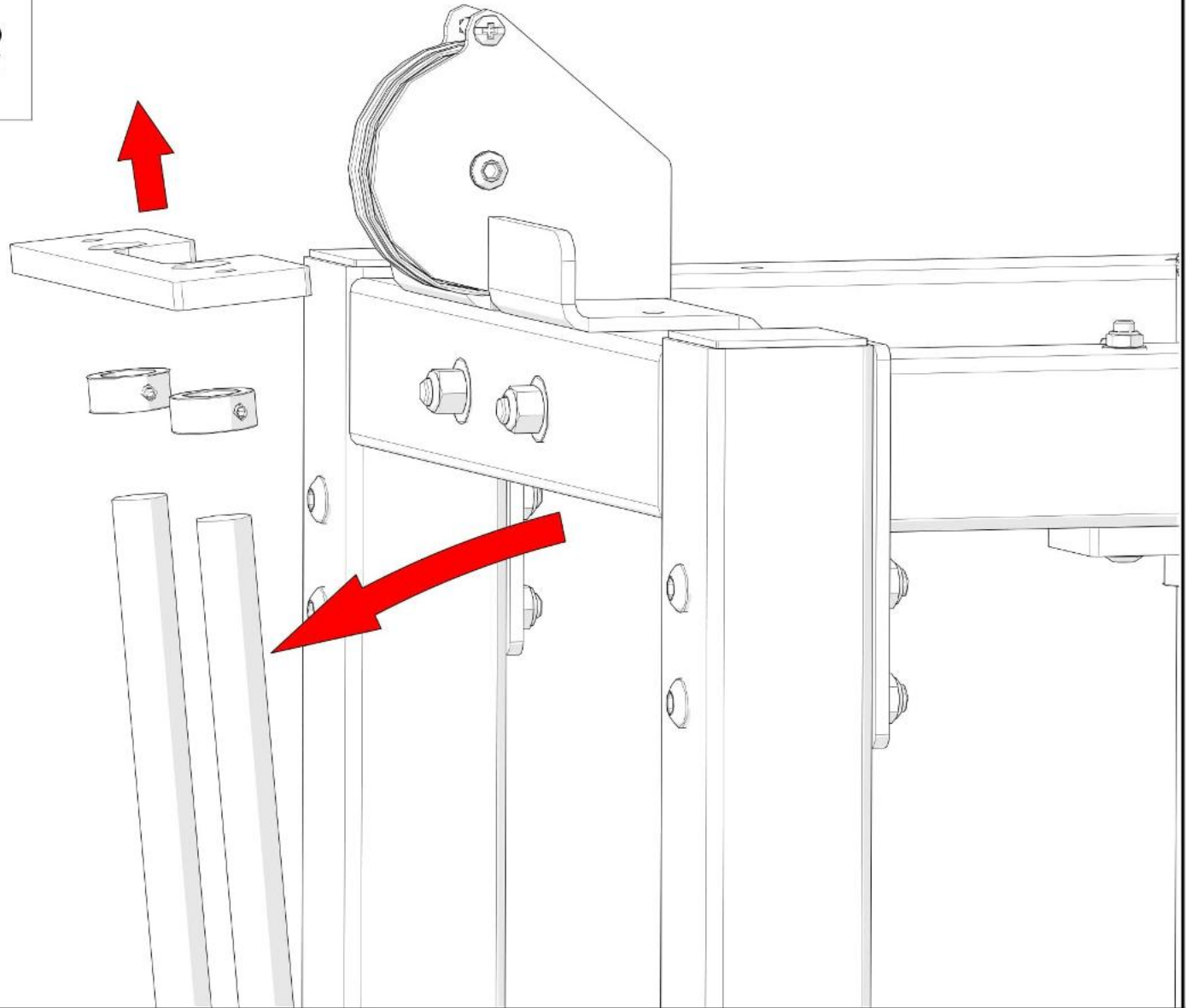
.375-16 X THICK NYLOCK NUT

.375 SAE WASHER

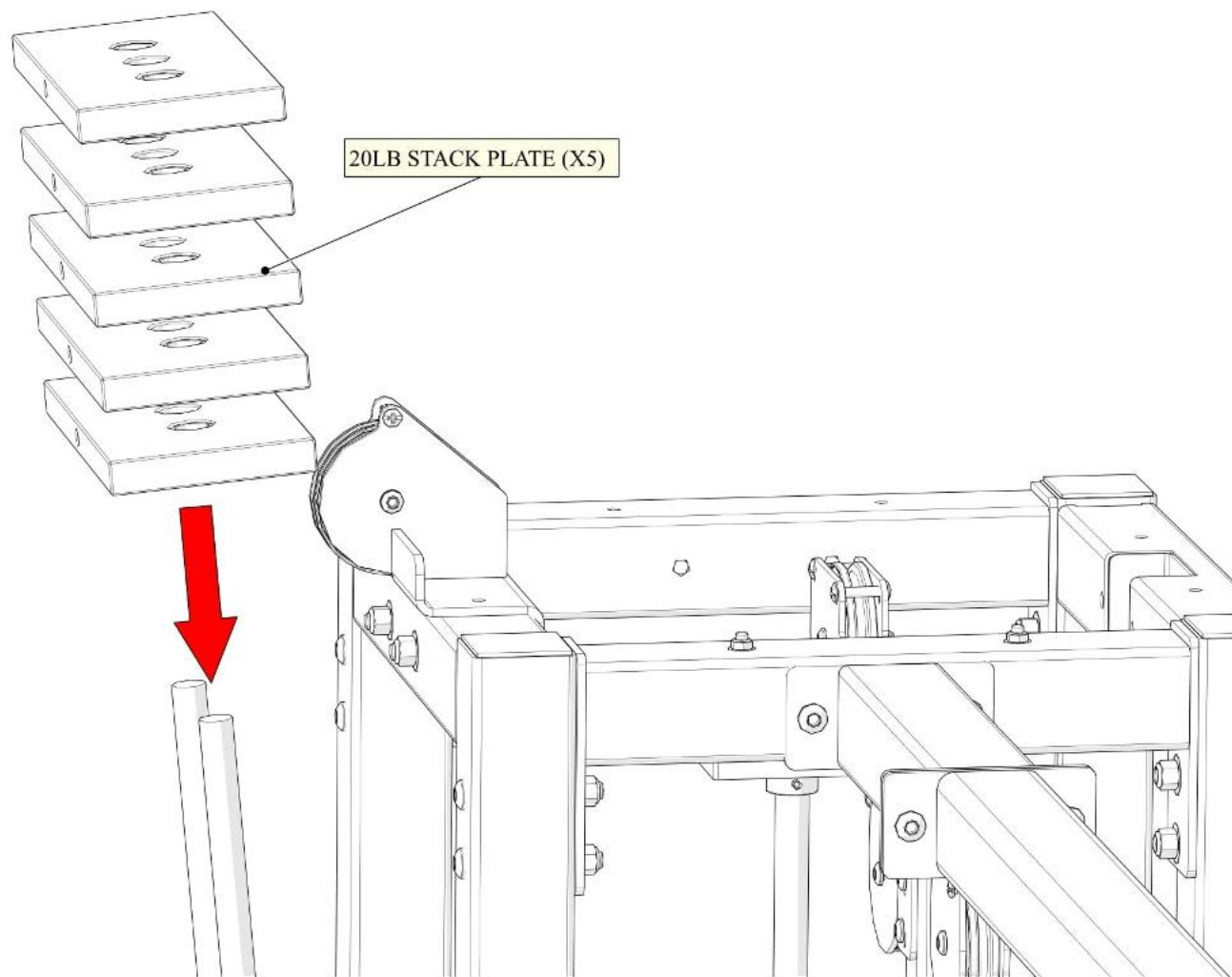
.375-16 X 4.50 BUTTON HEAD SCREW



ROTATE GUIDE RODS OUT AWAY
FROM FRAME. REMOVE GUIDE ROD
MOUNTING PLATE AND RETENTION
COLLARS.

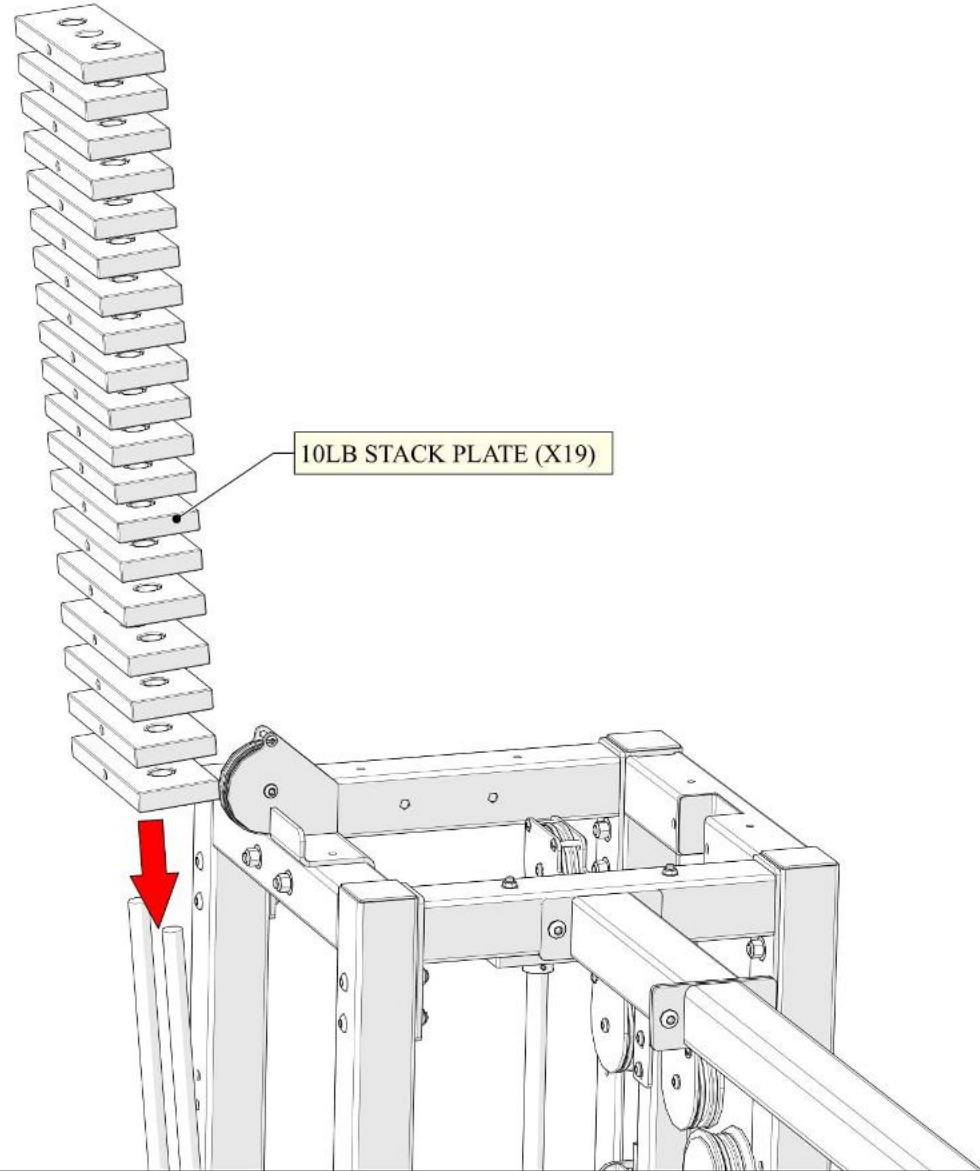


INSTALL (QTY 5) 20LB WEIGHT STACK PLATES
BY SLIDING DOWN FROM TOP OF GUIDE RODS

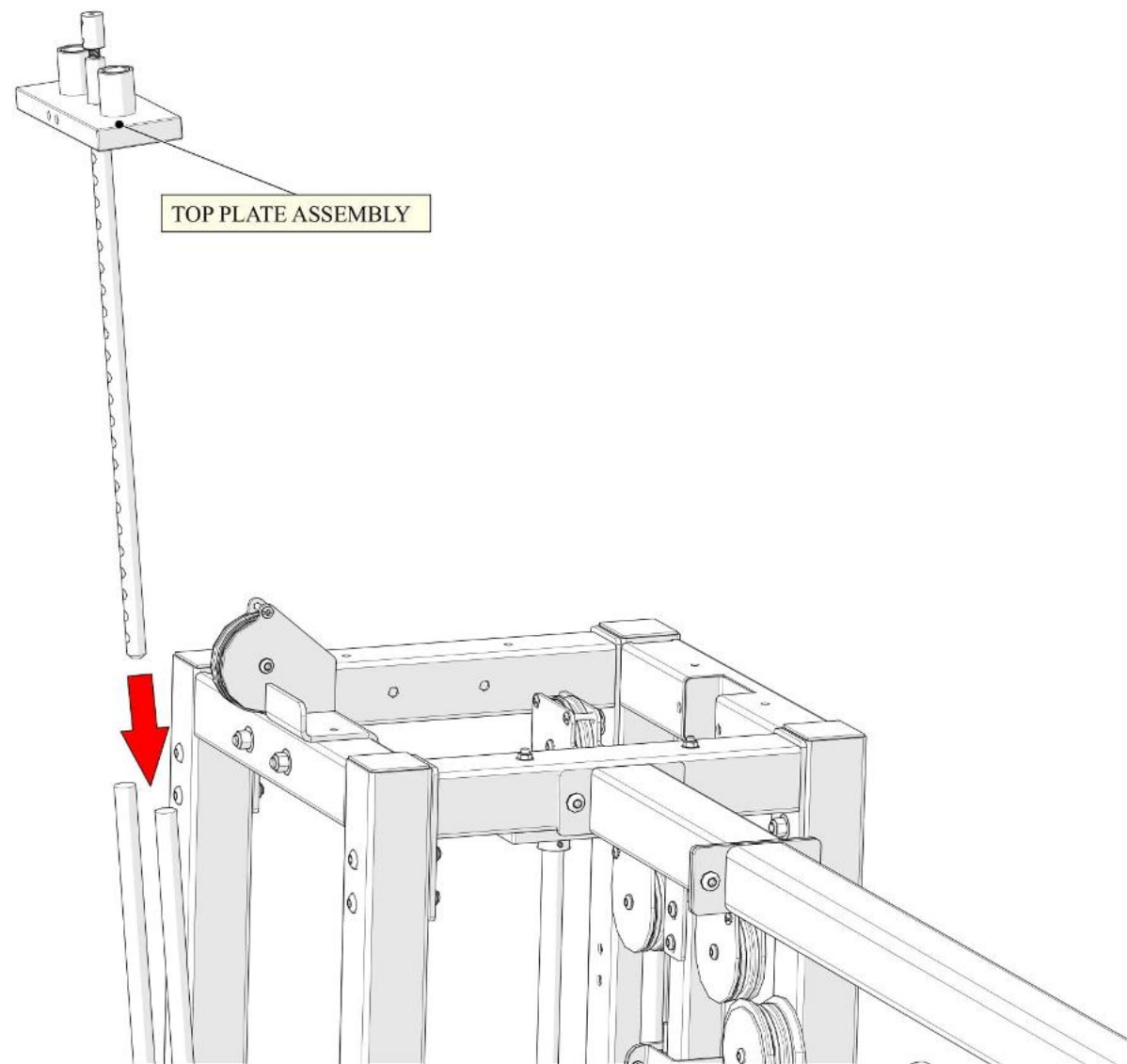


INSTALL (QTY 19) 10LB WEIGHT STACK PLATES
BY SLIDING DOWN FROM TOP OF GUIDE RODS

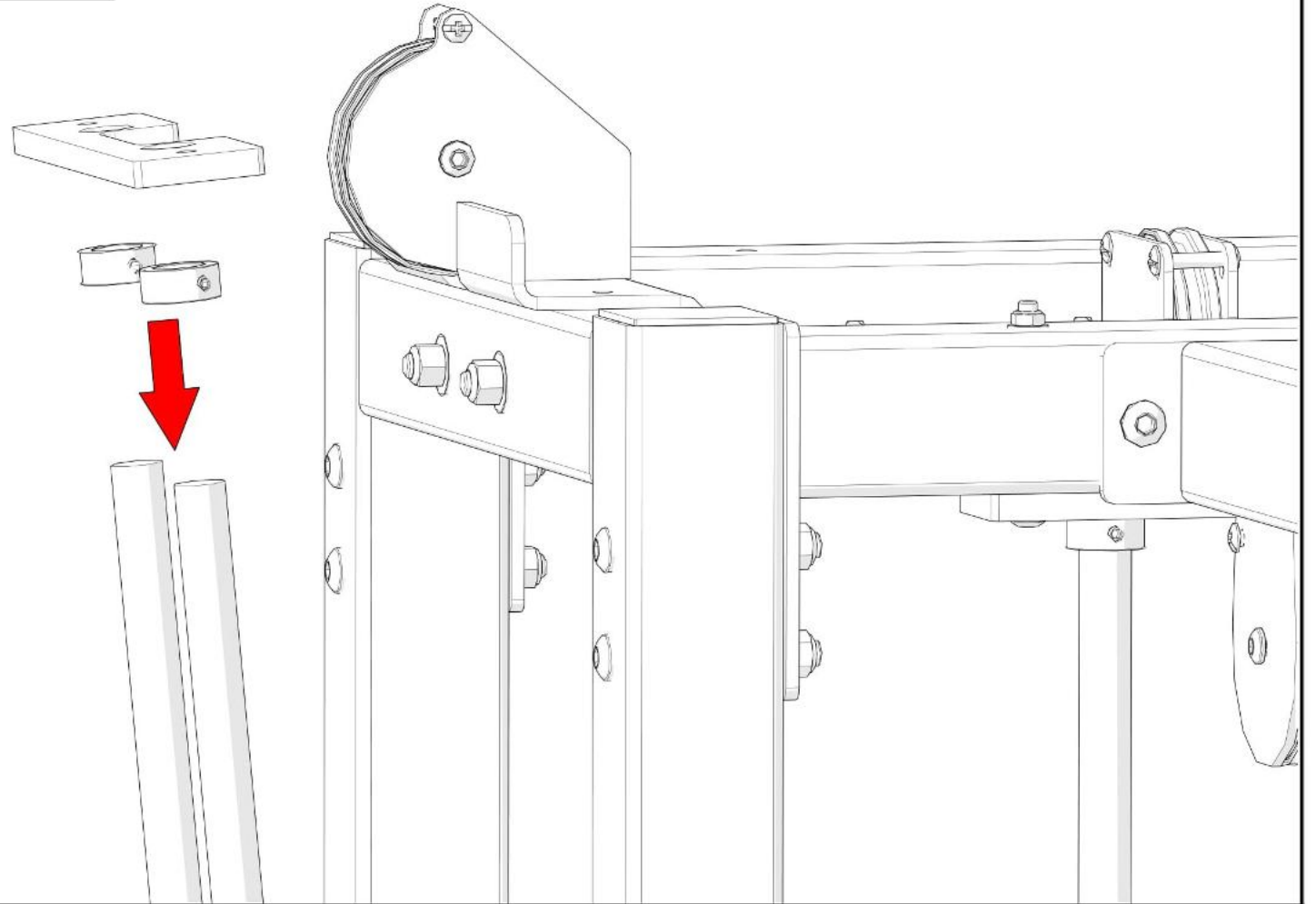
10LB STACK PLATE (X19)



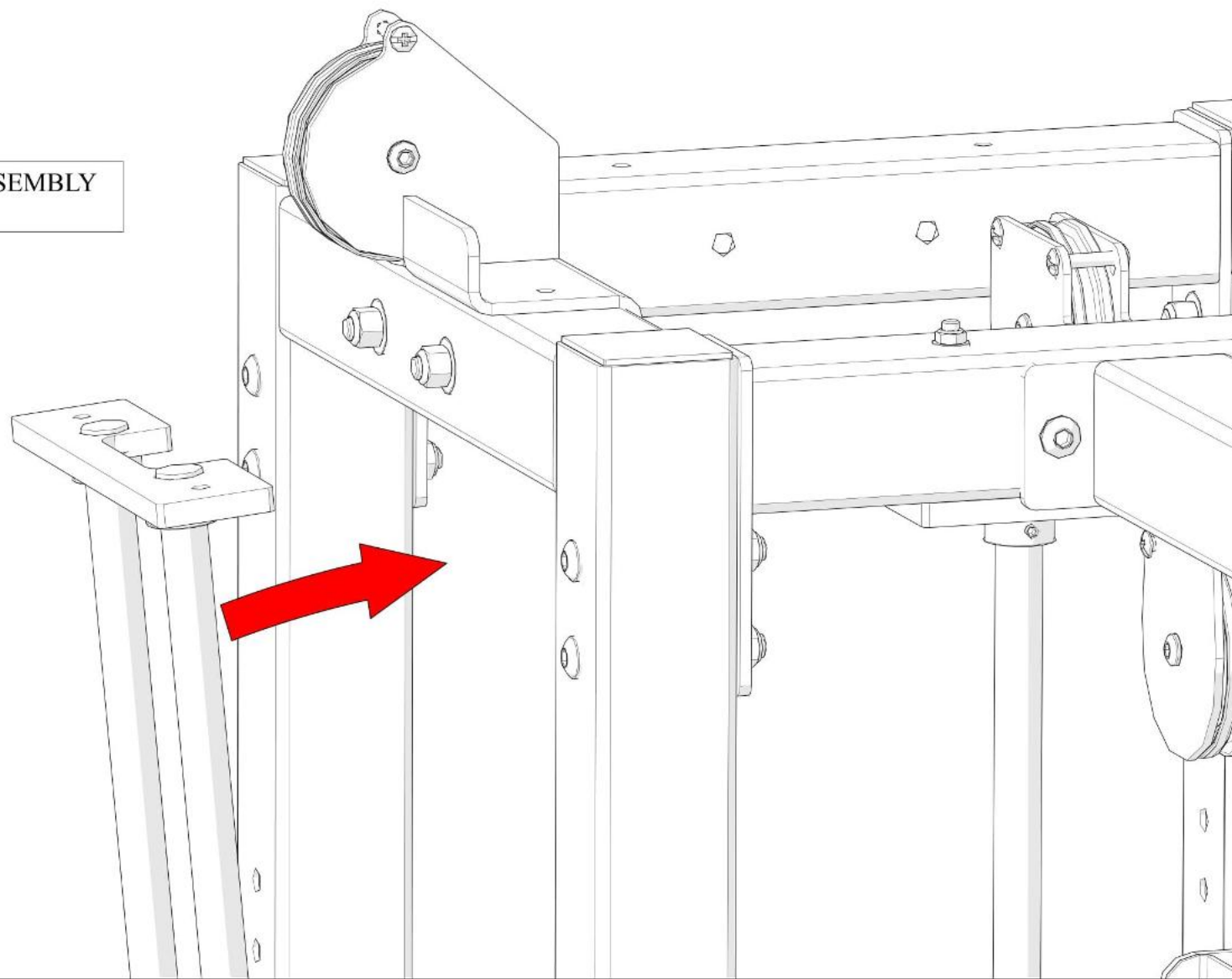
INSTALL TOP PLATE / SELECTOR ROD
ASSEMBLY BY SLIDING DOWN FROM
TOP OF GUIDE RODS



RE-INSTALL RETENTION COLLARS
AND UPPER GUIDE ROD MOUNTING
PLATE



ROTATE WEIGHT STACK ASSEMBLY
BACK INTO POSITION

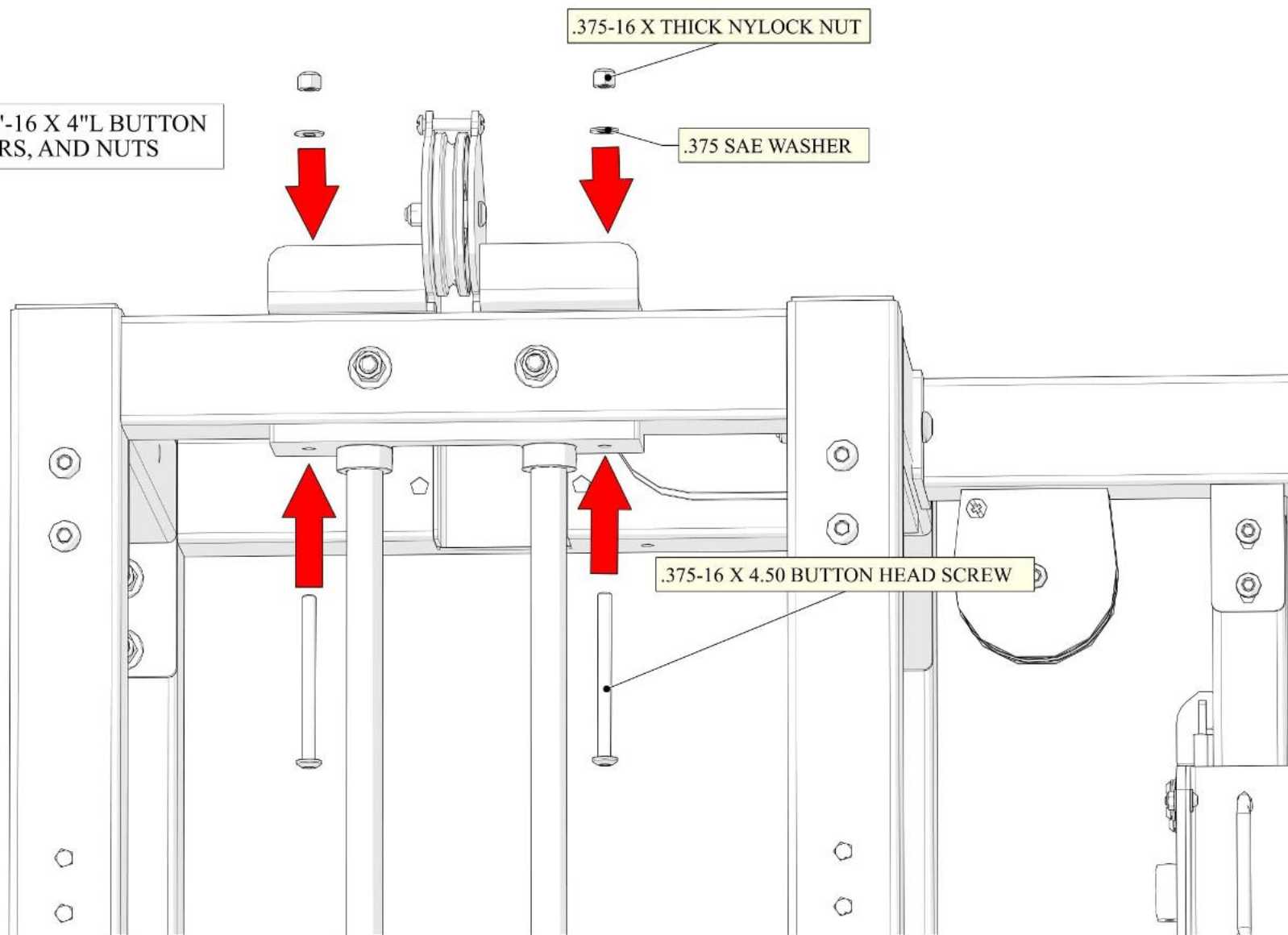


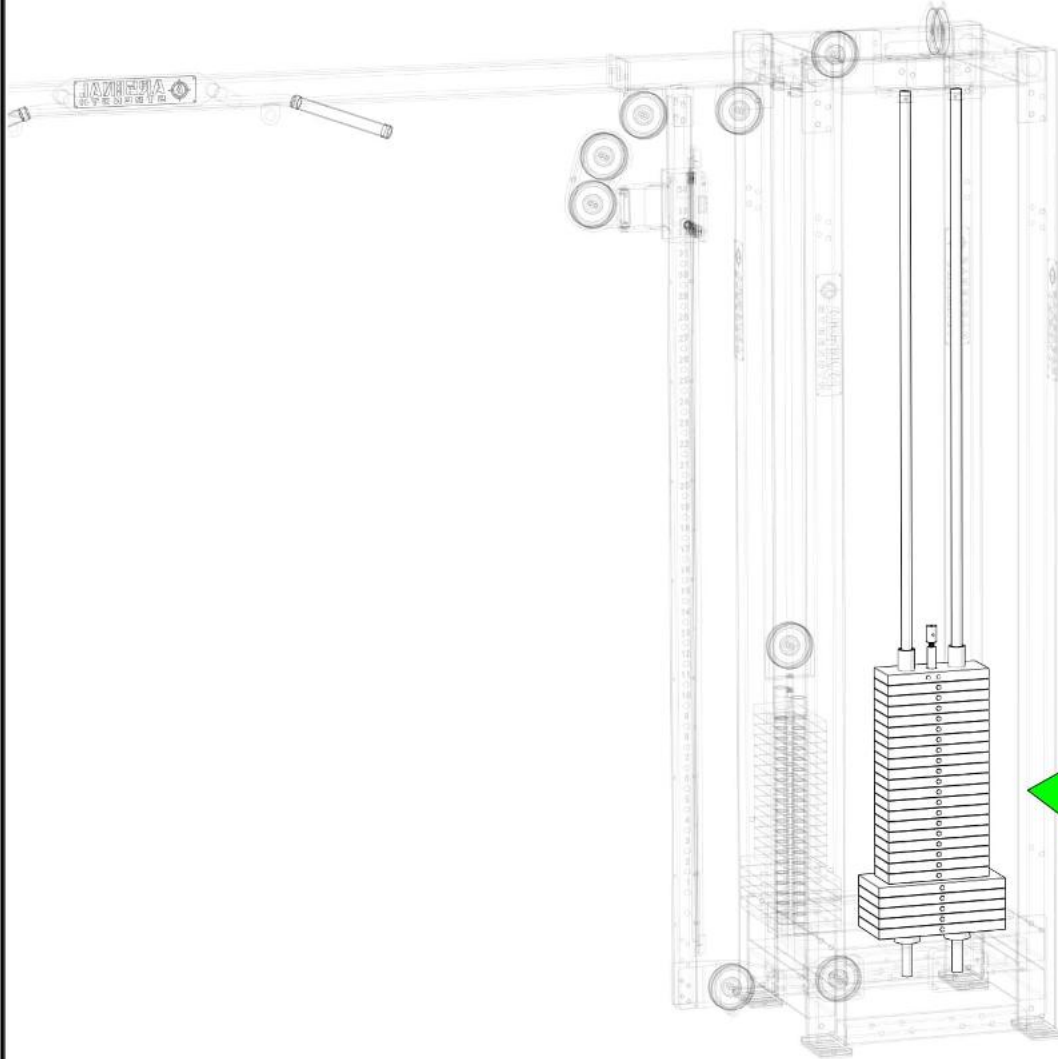
RE-INSTALL (QTY 2) 3/8"-16 X 4"L BUTTON
HEAD SCREWS, WASHERS, AND NUTS

.375-16 X THICK NYLOCK NUT

.375 SAE WASHER

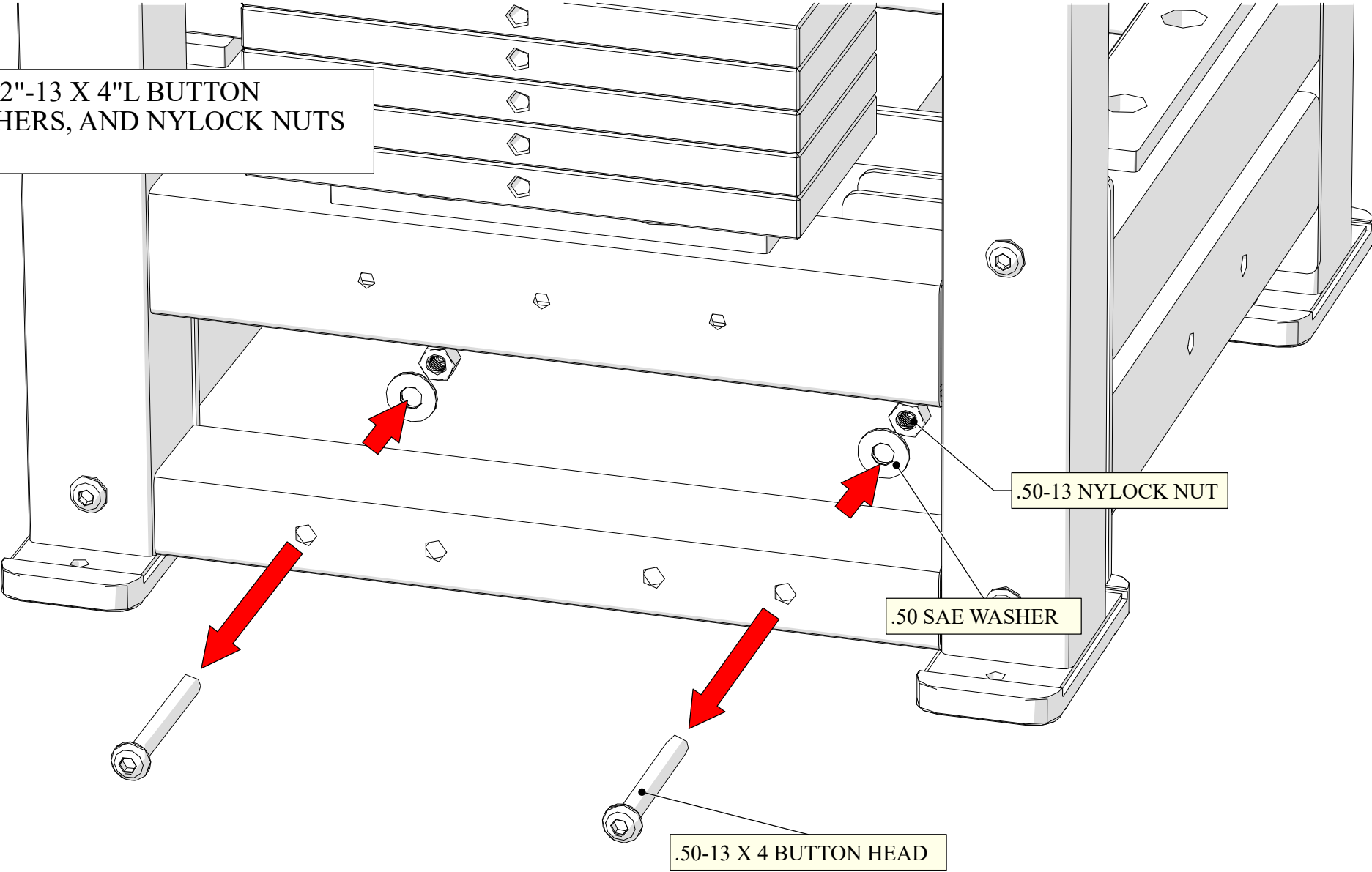
.375-16 X 4.50 BUTTON HEAD SCREW



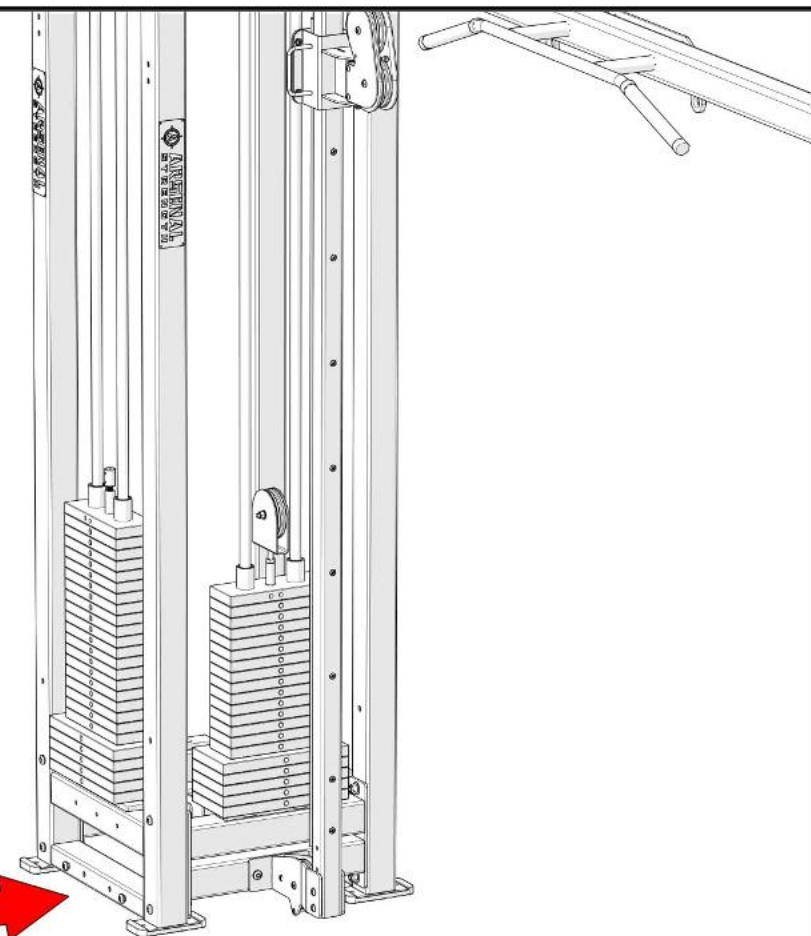
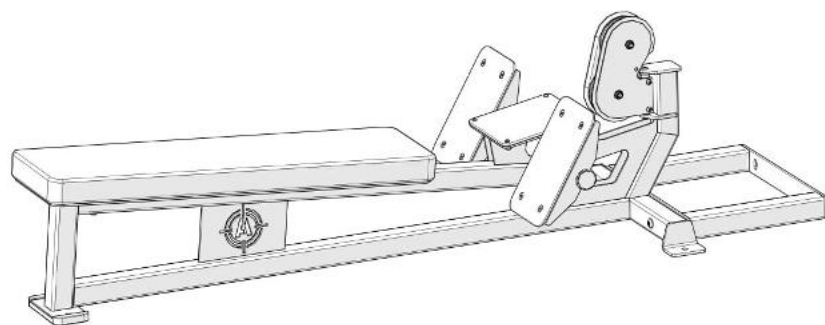


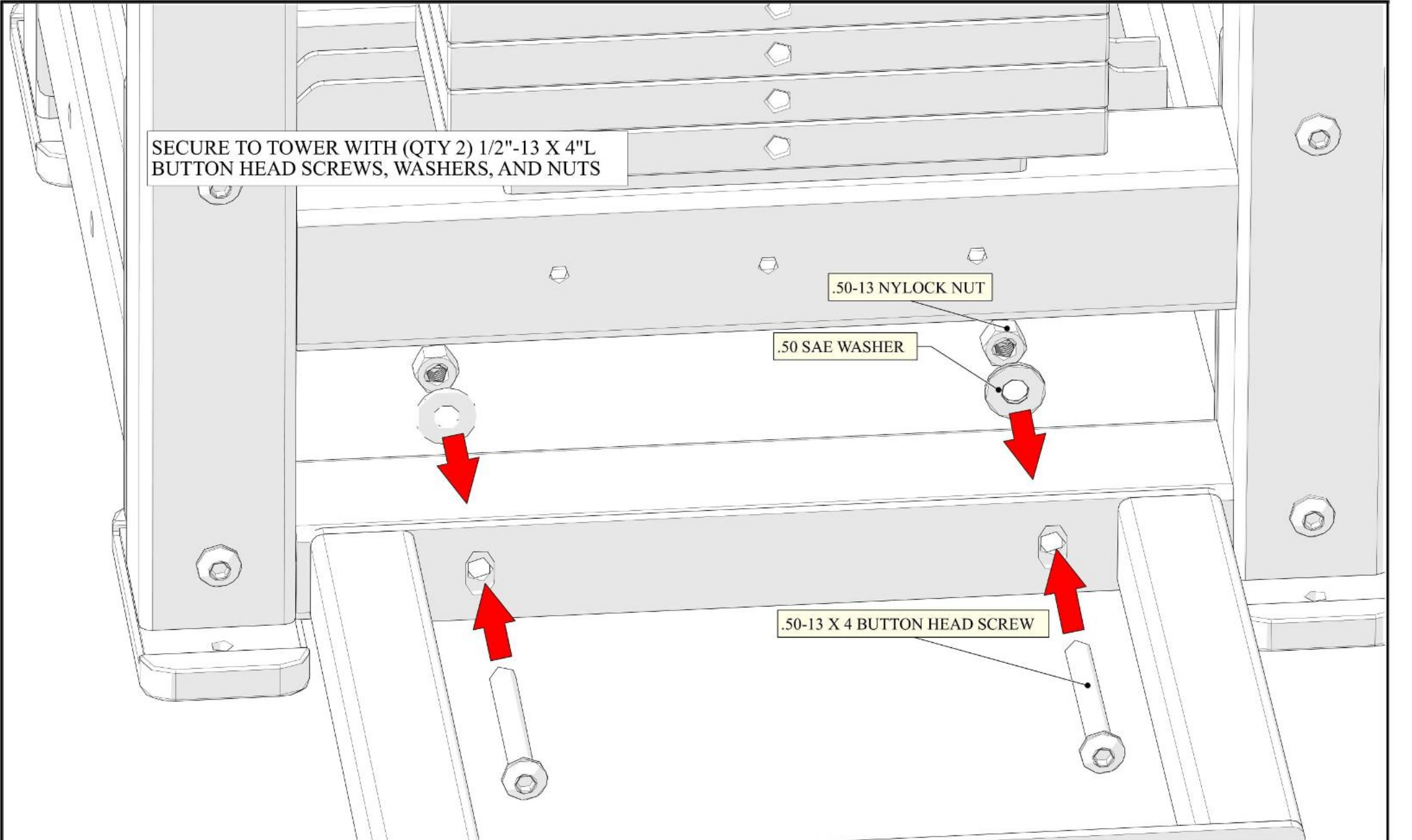
REPEAT PROCESS FOR FINAL STACK ON
OPPOSITE TOWER.

REMOVE (QTY 2) 1/2"-13 X 4"L BUTTON
HEAD BOLTS, WASHERS, AND NYLOCK NUTS
FROM FRAME



BRING LOW ROW ASSEMBLY INTO
POSITION AS SHOWN



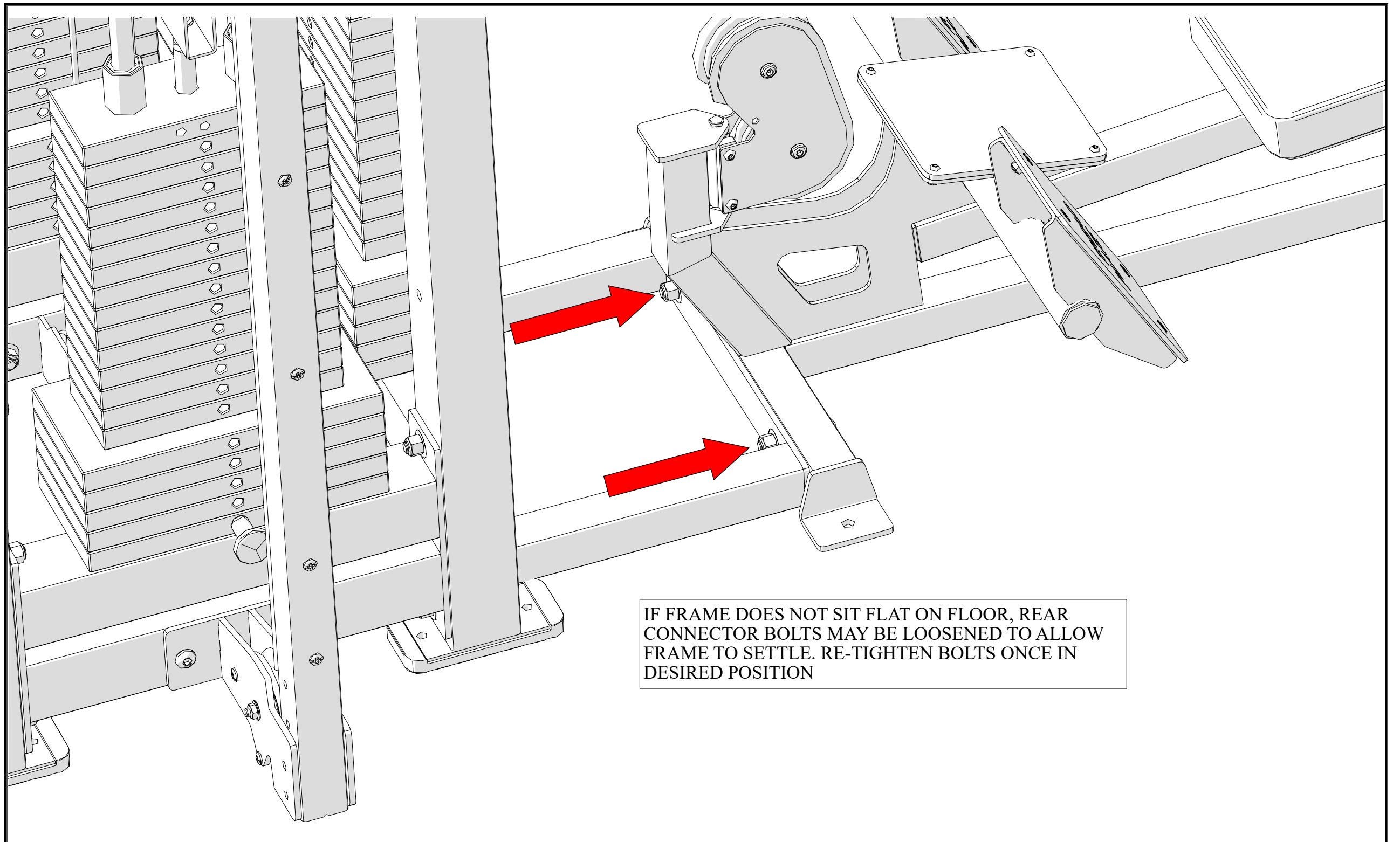


SECURE TO TOWER WITH (QTY 2) 1/2"-13 X 4"L
BUTTON HEAD SCREWS, WASHERS, AND NUTS

.50-13 NYLOCK NUT

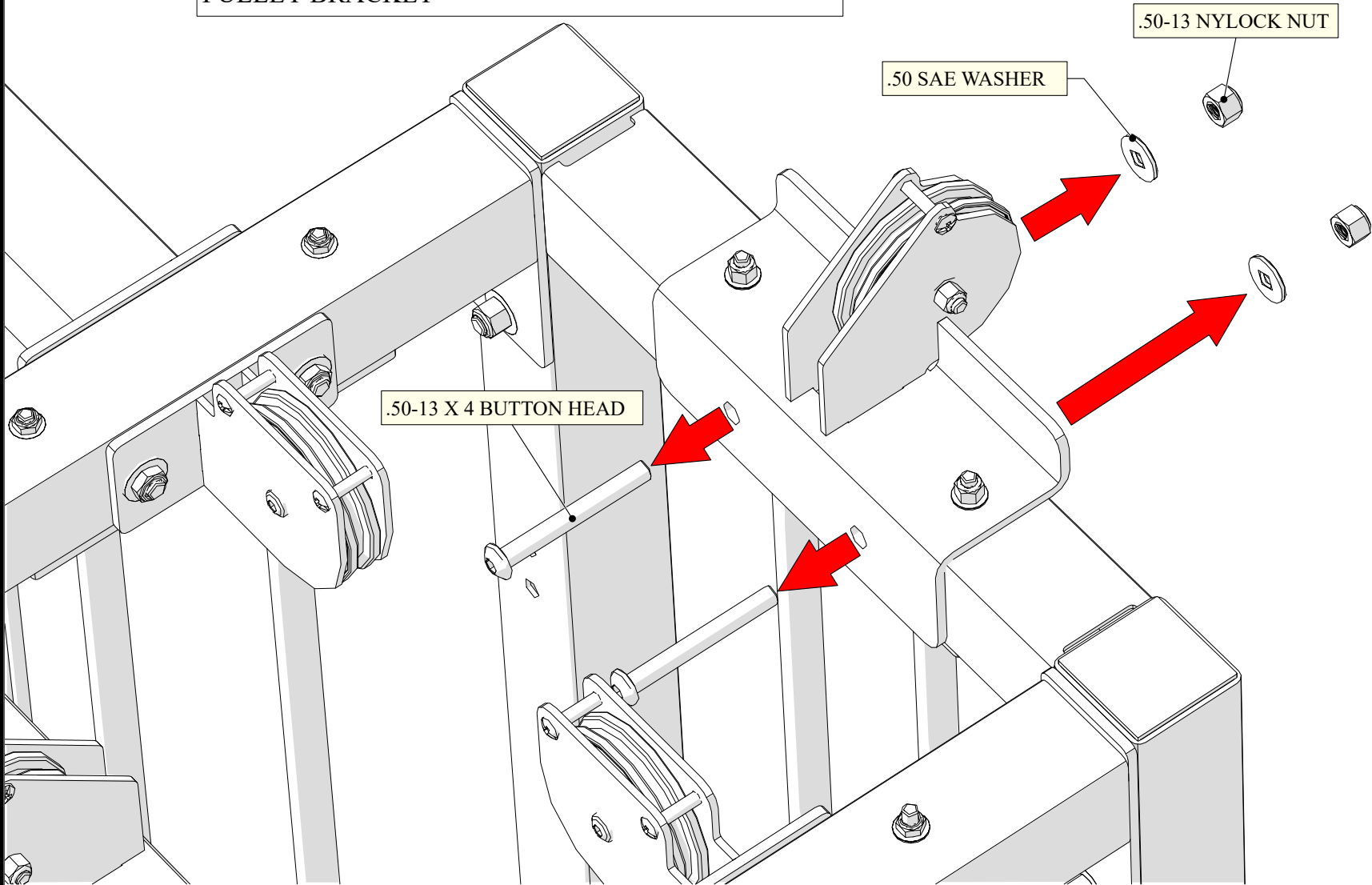
.50 SAE WASHER

.50-13 X 4 BUTTON HEAD SCREW



IF FRAME DOES NOT SIT FLAT ON FLOOR, REAR
CONNECTOR BOLTS MAY BE LOOSENED TO ALLOW
FRAME TO SETTLE. RE-TIGHTEN BOLTS ONCE IN
DESIRED POSITION

REMOVE (QTY 2) 1/2"-13 X 4"L HEX HEAD BOLTS,
WASHERS, AND NYLOCK NUTS FROM UPPER
PULLEY BRACKET



REMOVE (QTY 4) 1/2"-13 X 4"L BUTTON HEAD
BOLTS, WASHERS, AND NUTS FROM FRAME

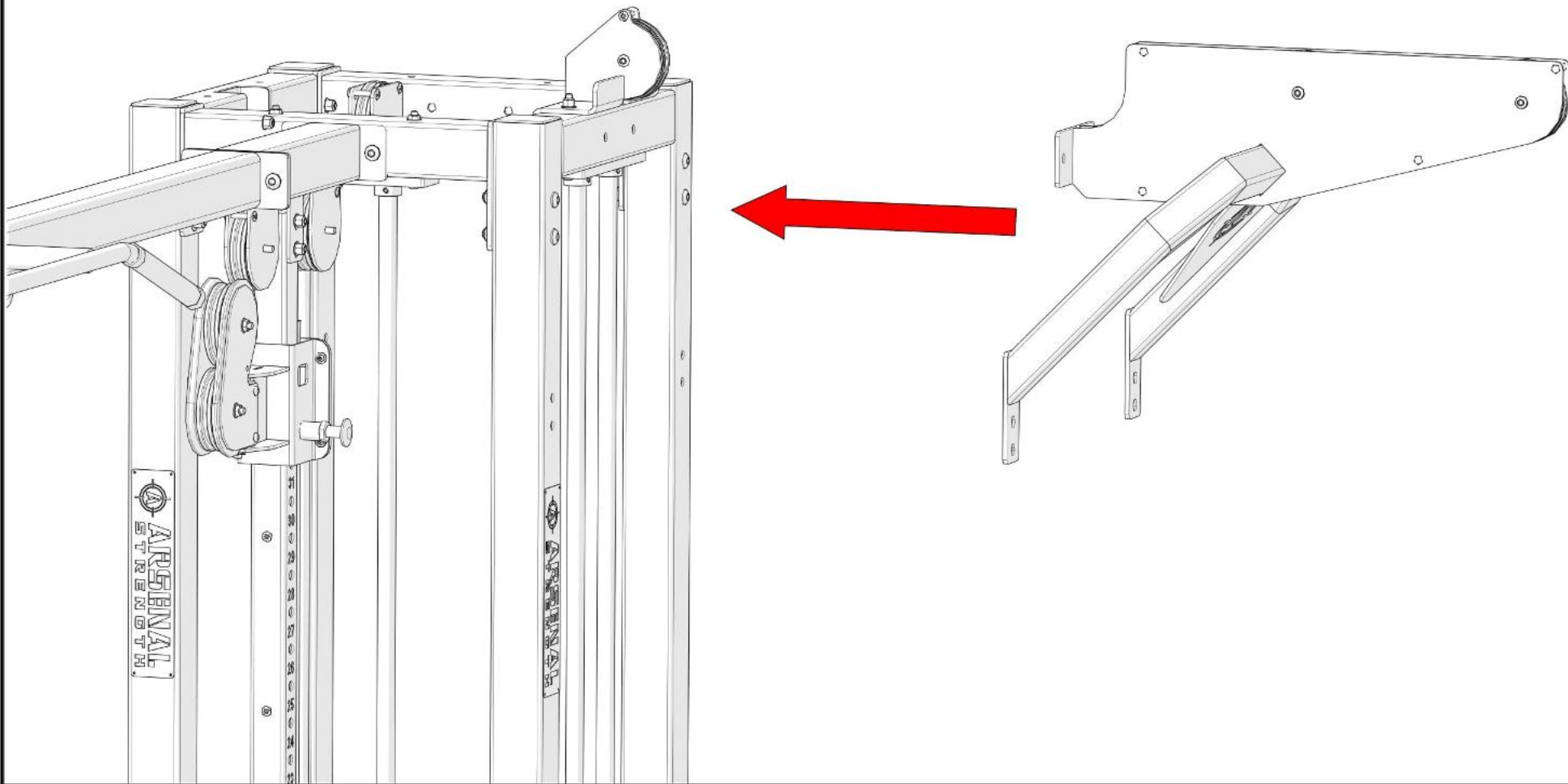
.50-13 NYLOCK NUT

.50 SAE WASHER

.50-13 X 4 BUTTON HEAD



BRING UPPER LAT PULLDOWN
FRAME INTO POSITION AS SHOWN

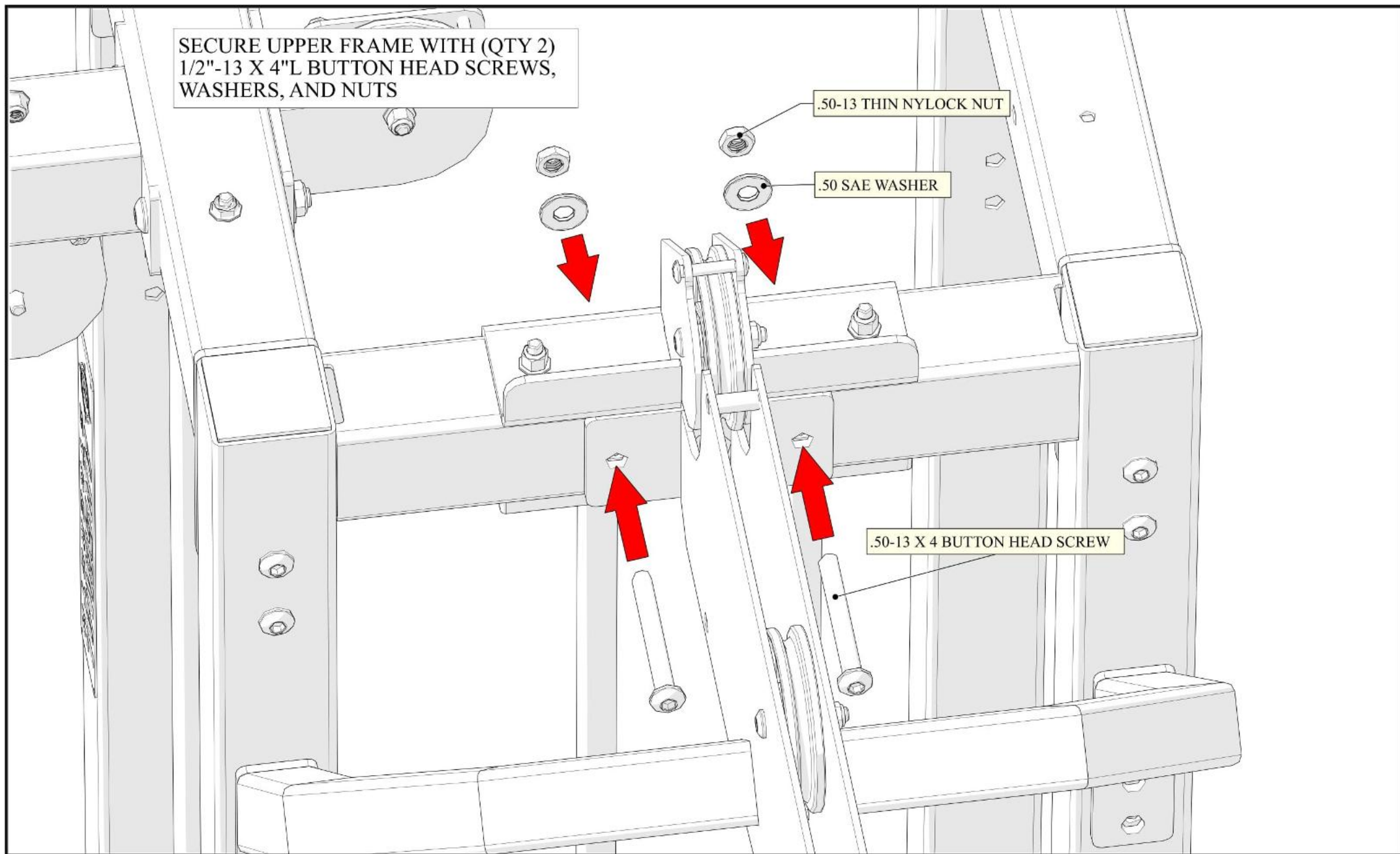


SECURE UPPER FRAME WITH (QTY 2)
1/2"-13 X 4"L BUTTON HEAD SCREWS,
WASHERS, AND NUTS

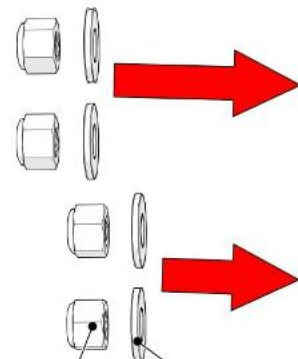
.50-13 THIN NYLOCK NUT

.50 SAE WASHER

.50-13 X 4 BUTTON HEAD SCREW

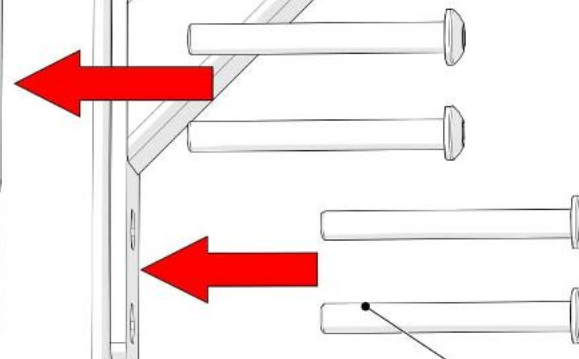


SECURE LOWER FRAME LEGS WITH (QTY 2)
1/2"-13 X 4"L BUTTON HEAD SCREWS, WASHERS,
AND NUTS



.50 SAE WASHER

.50-13 NYLOCK NUT



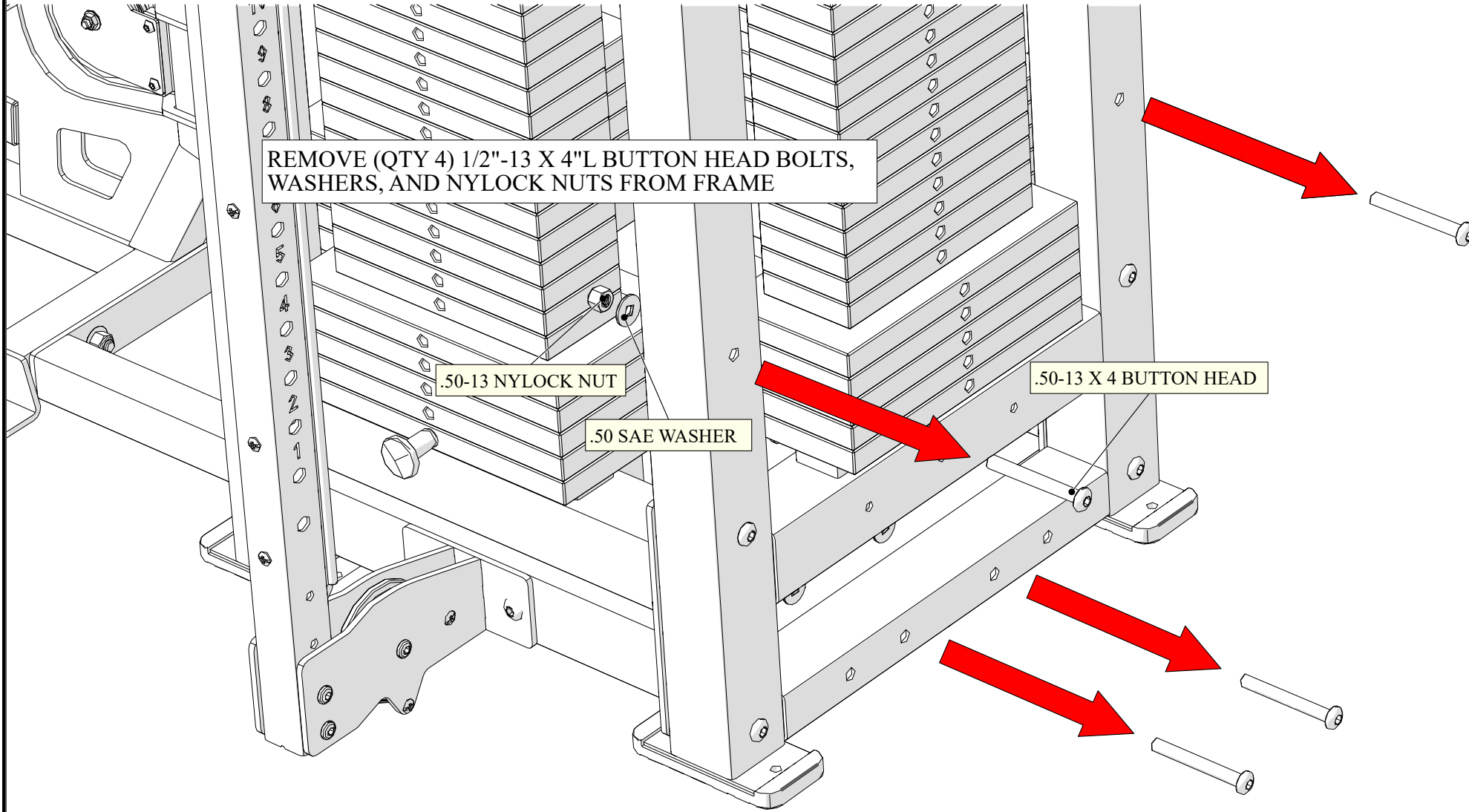
.50-13 X 4 BUTTON HEAD SCREW

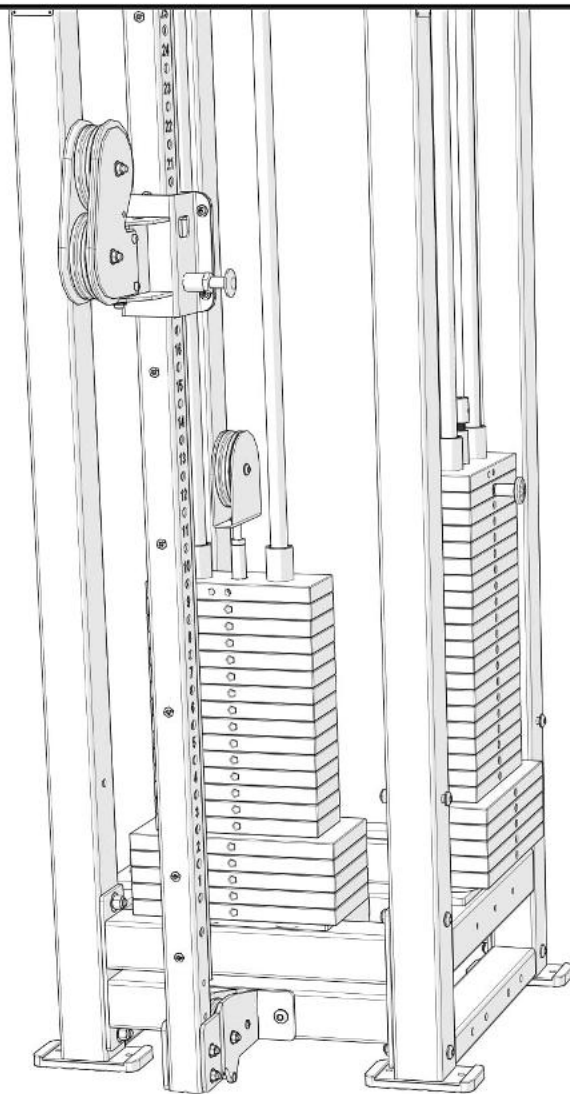
REMOVE (QTY 4) 1/2"-13 X 4"L BUTTON HEAD BOLTS,
WASHERS, AND NYLOCK NUTS FROM FRAME

.50-13 NYLOCK NUT

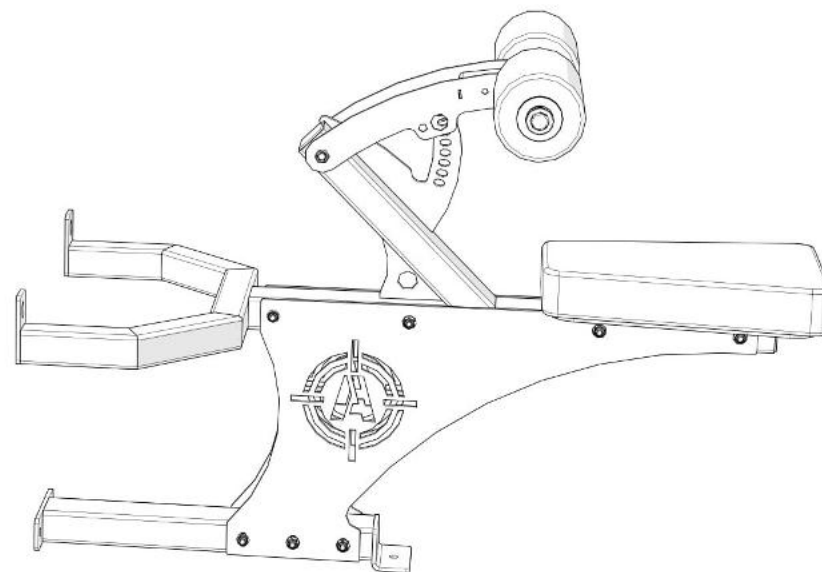
.50 SAE WASHER

.50-13 X 4 BUTTON HEAD

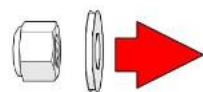




MOVE LOWER PULLDOWN FRAME
INTO POSITION AS SHOWN



SECURE UPPER FRAME WITH (QTY 2) 1/2"-13 X 4"L BUTTON
HEAD BOLTS, WASHERS, AND NUTS



.50-13 NYLOCK NUT

.50 SAE WASHER



.50-13 X 4 BUTTON HEAD SCREW

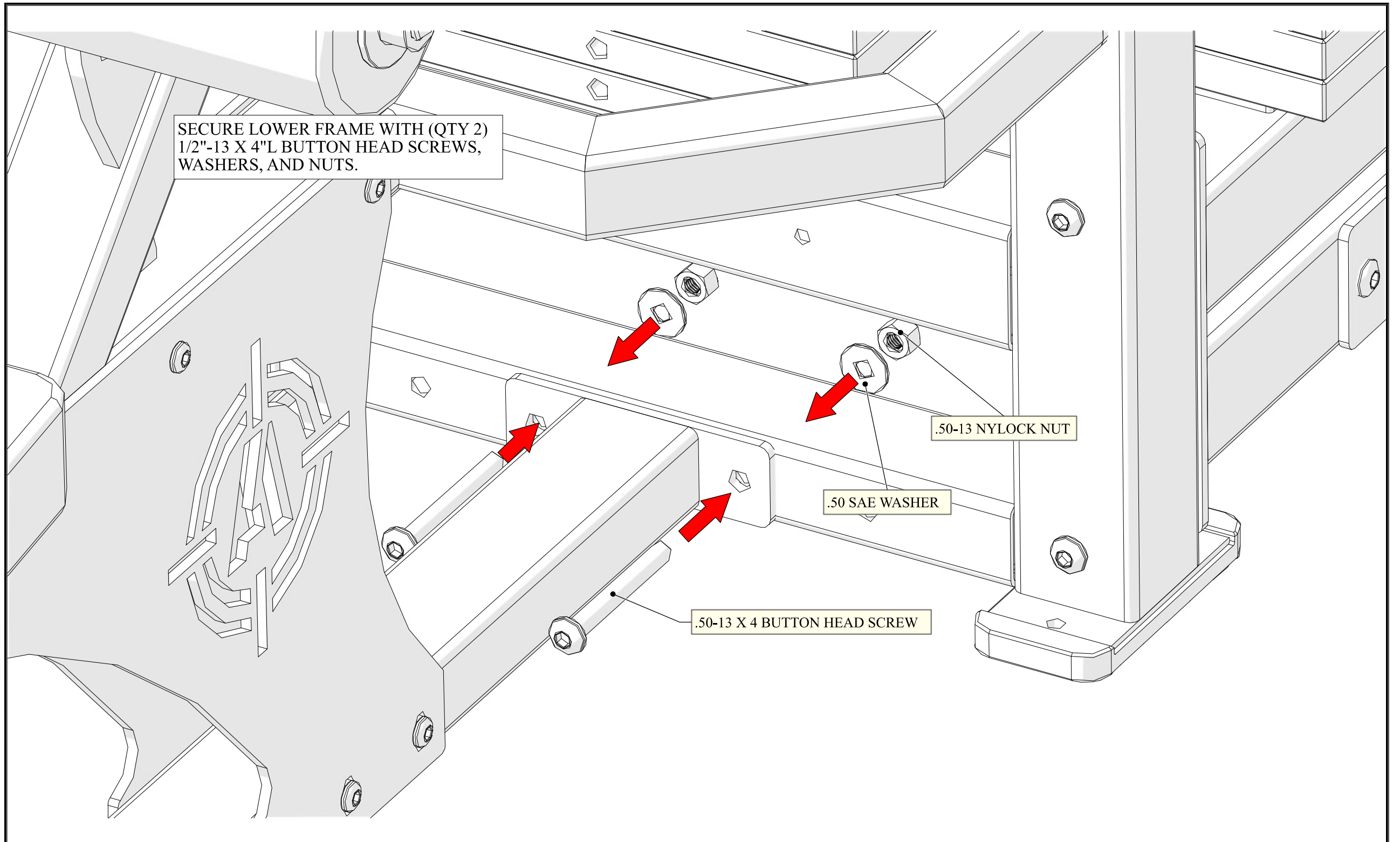
SECURE LOWER FRAME WITH (QTY 2)
1/2"-13 X 4"L BUTTON HEAD SCREWS,
WASHERS, AND NUTS.

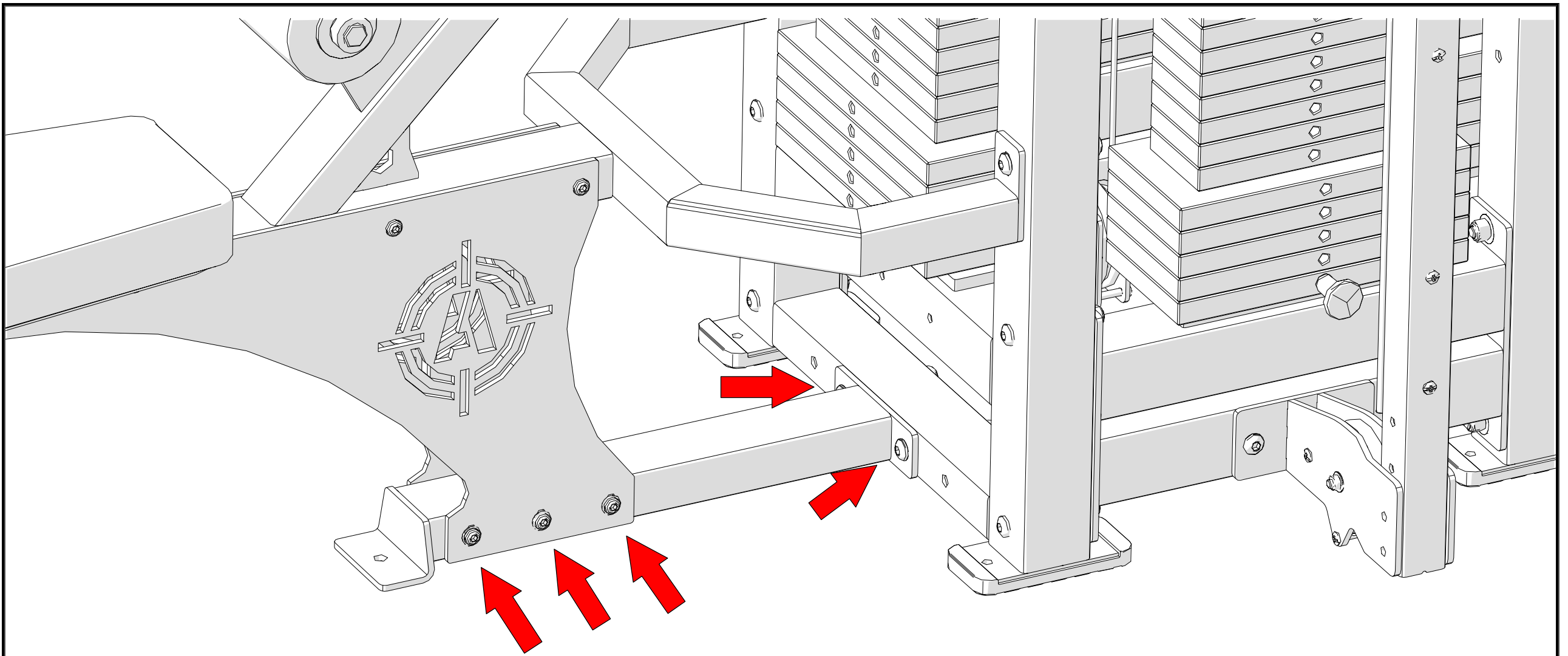


.50-13 NYLOCK NUT

.50 SAE WASHER

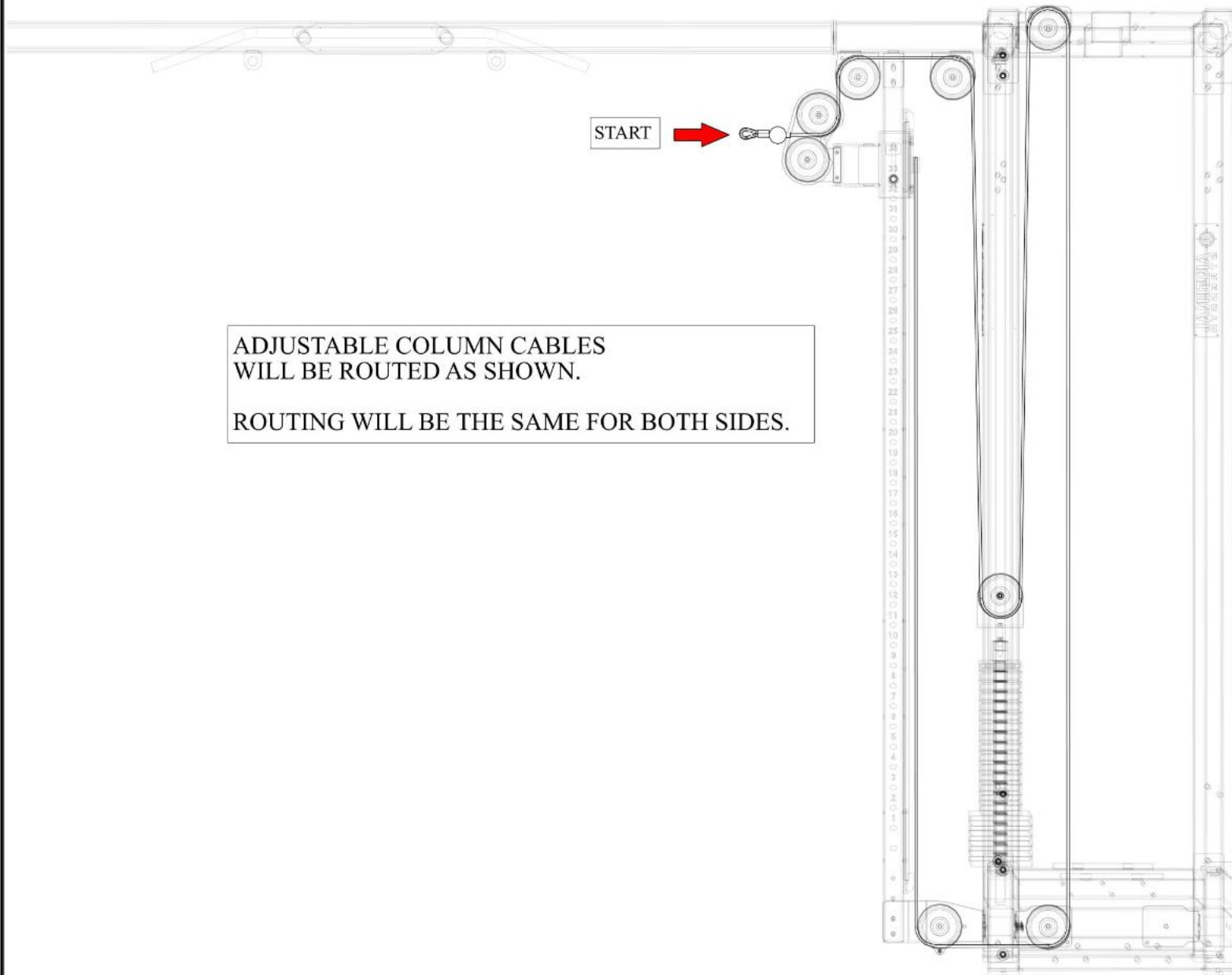
.50-13 X 4 BUTTON HEAD SCREW





IF ASSEMBLY DOES NOT SIT FLAT ON FLOOR, LOOSEN
INDICATED BOLTS TO ALLOW PARTS TO SETTLE.
RE-TIGHTEN BOLTS ONCE IN DESIRED POSITION.

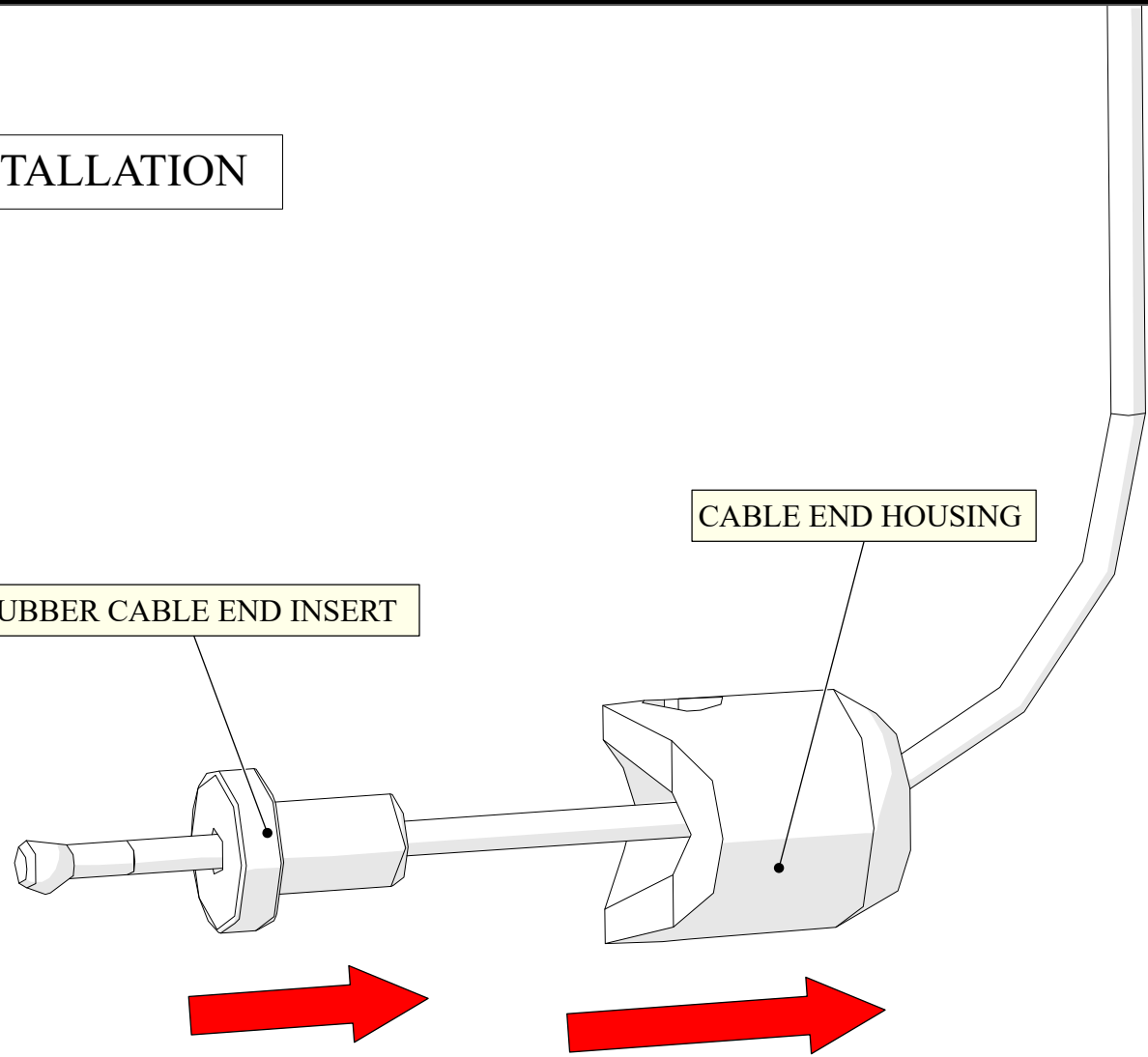
ADJUSTABLE COLUMN CABLES
WILL BE ROUTED AS SHOWN.
ROUTING WILL BE THE SAME FOR BOTH SIDES.



CABLE STOPPER INSTALLATION

RUBBER CABLE END INSERT

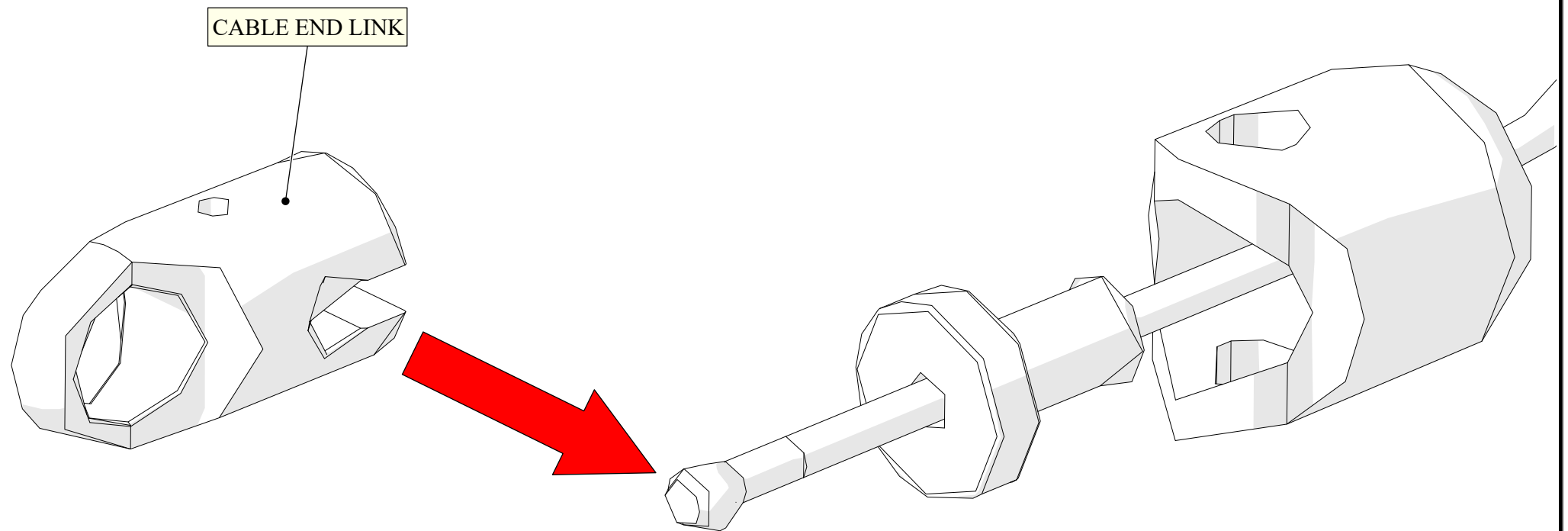
CABLE END HOUSING



SLIDE CABLE END HOUSING AND
RUBBER CABLE INSTERT ONTO CABLE
(BALL END)

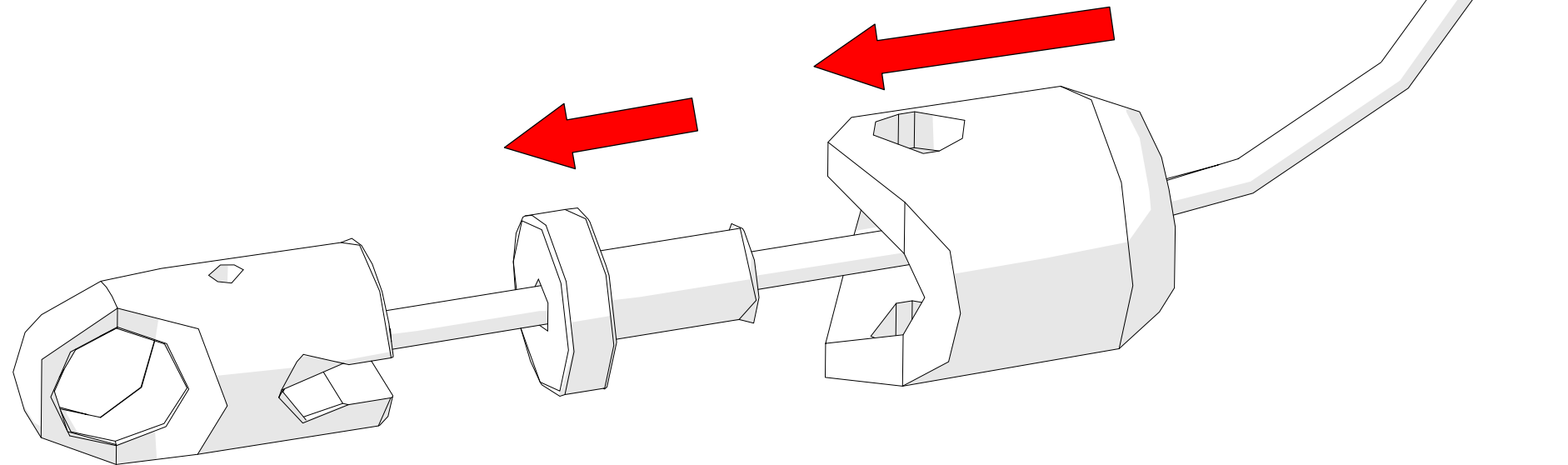
CABLE STOPPER INSTALLATION

PUSH CABLE END LINK ONTO CABLE BALL END



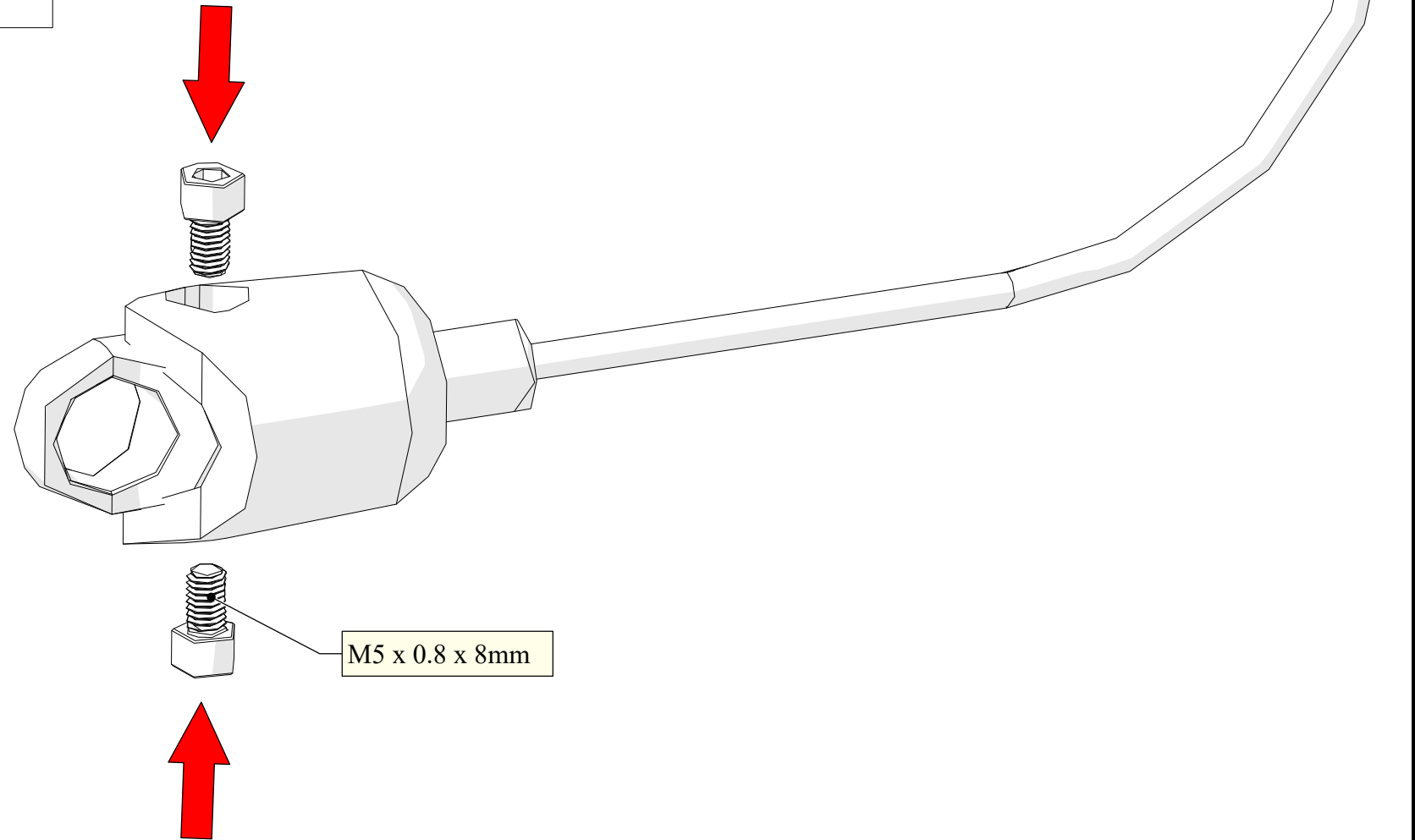
CABLE STOPPER INSTALLATION

SLIDE CABLE END HOUSING OVER RUBBER CABLE
INSERT AND CABLE END LINK

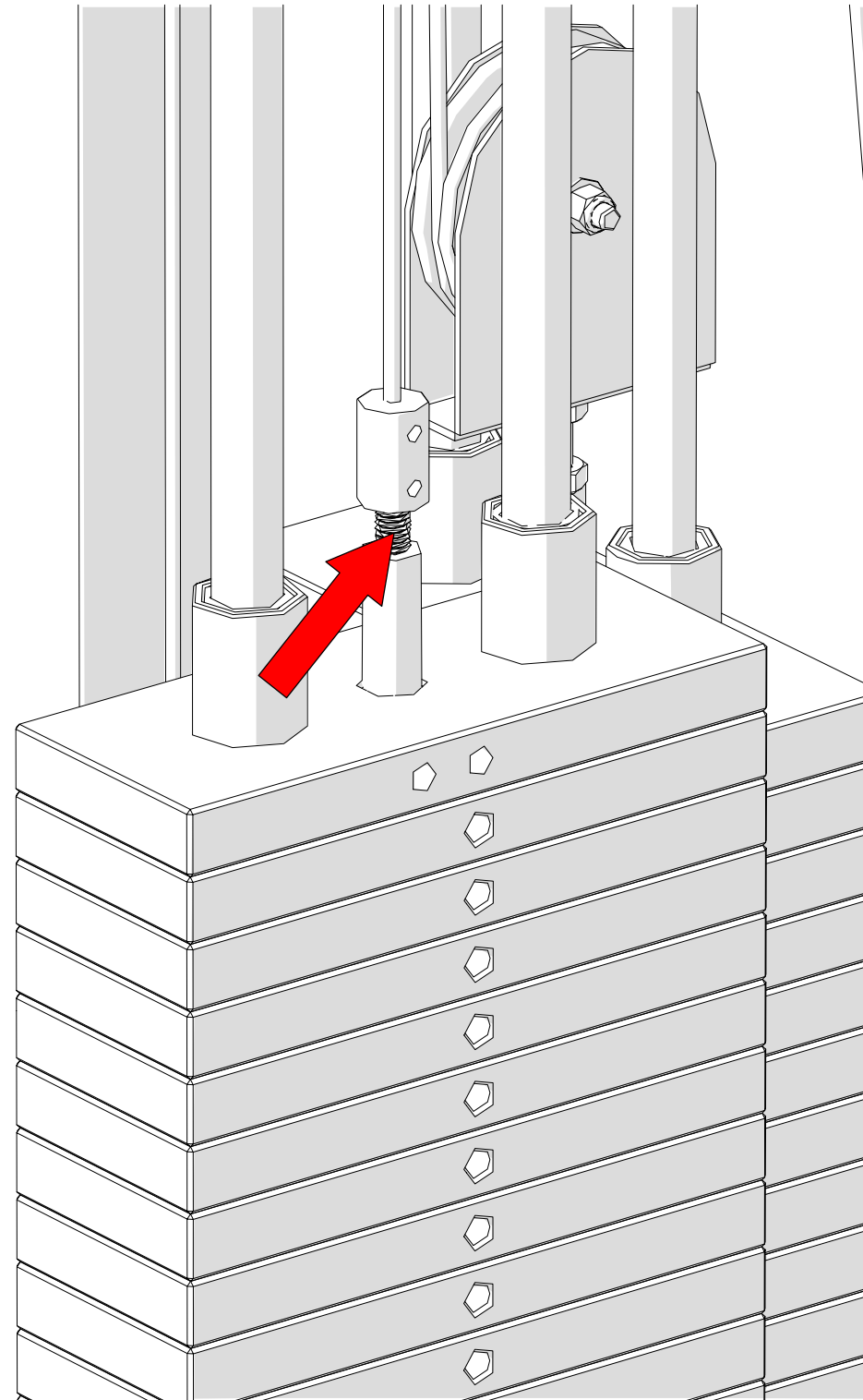
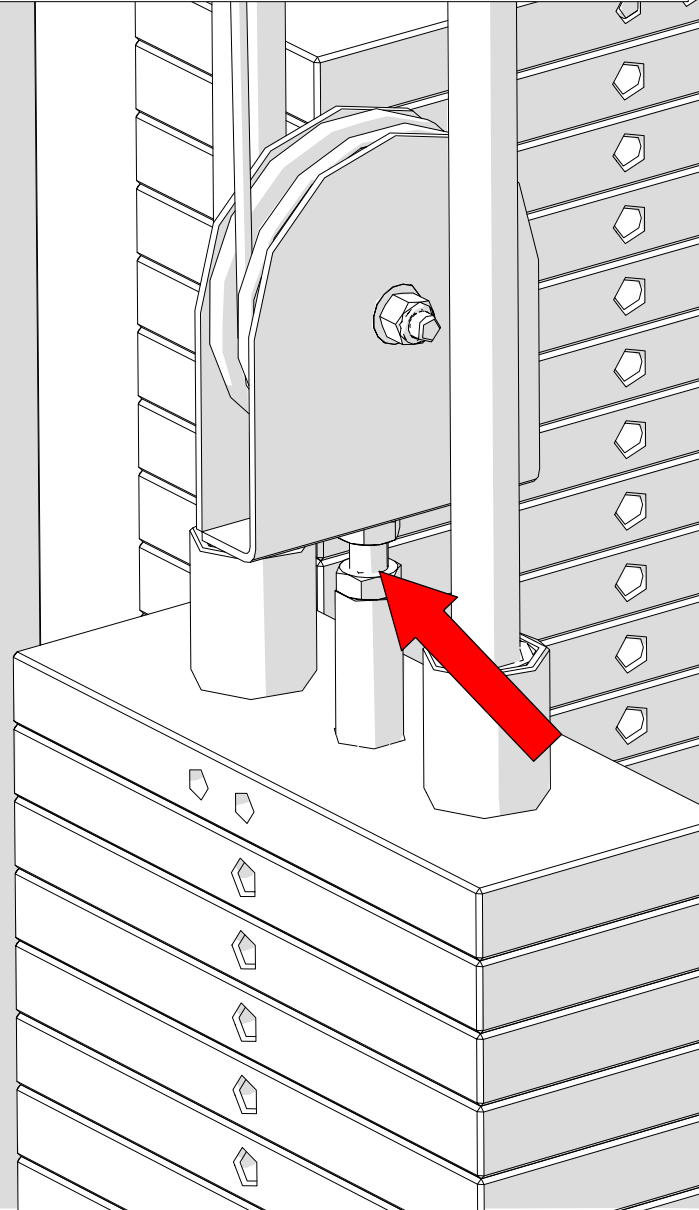


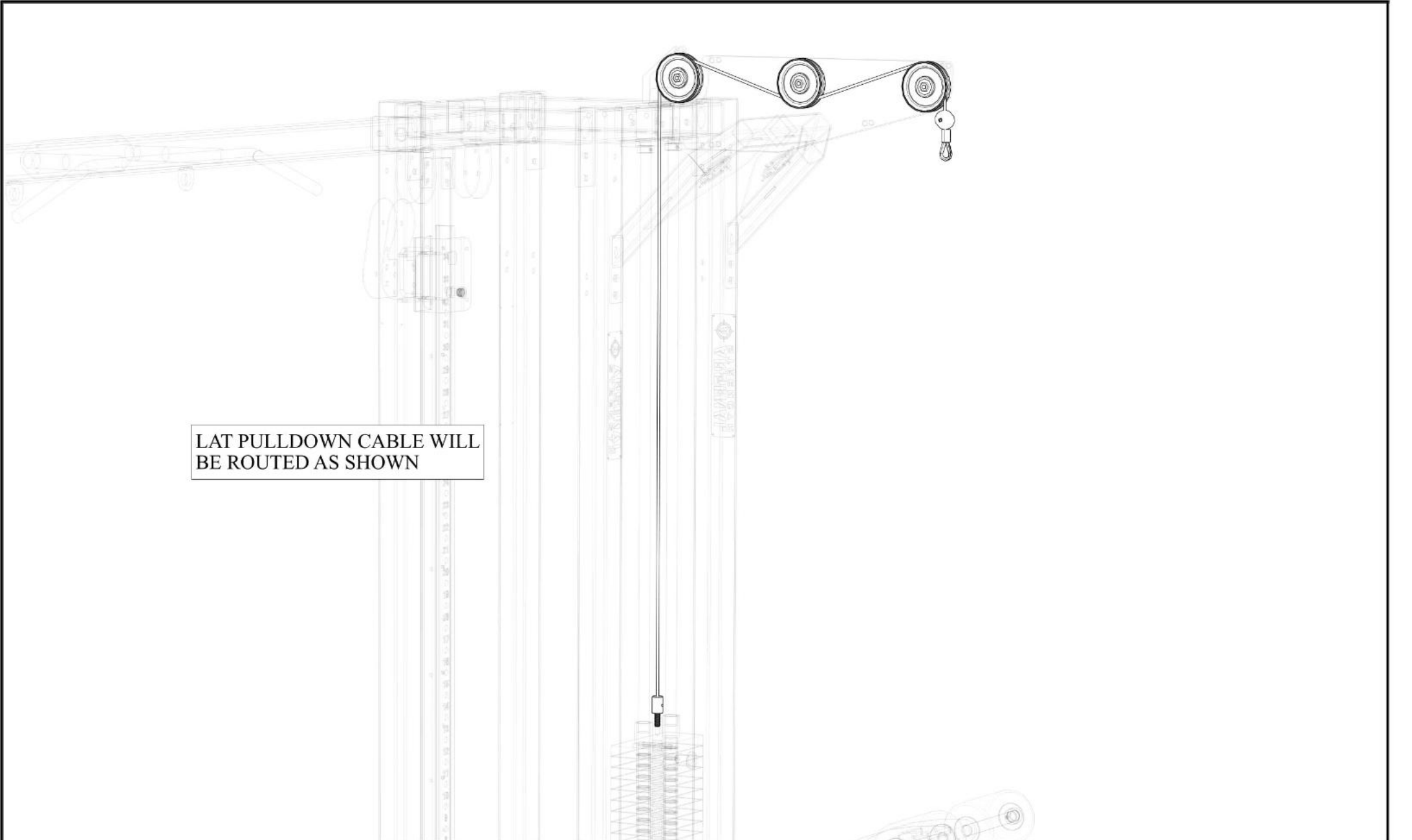
CABLE STOPPER INSTALLATION

SECURE CABLE END LINK AND HOUSING WITH
(QTY 2) 5MM X 8MM L SOCKET HEAD
CAP SCREWS



CABLE TENSION CAN BE ADJUSTED
BY CHANGING HEIGHT OF PULLEY
BRACKET / CABLE RETAINER





A detailed technical line drawing of a mechanical cable pulley system. The drawing shows a vertical frame with two main vertical rails. At the top, a horizontal beam supports three pulleys. A cable is shown running from a handle on the right, through the three pulleys, and then down the right rail to a hook at the bottom. The drawing is a technical sketch, showing various components like pulleys, cables, and structural frames with dimension lines and labels. The text 'LAT PULLDOWN CABLE WILL BE ROUTED AS SHOWN' is enclosed in a rectangular box on the left side of the drawing.

LAT PULLDOWN CABLE WILL
BE ROUTED AS SHOWN

LOW ROW BULLEY WILL
BE ROUTED AS SHOWN

